



Universal Evolution

Friday, we will have that [question-answer session] after satsangh. So please do prepare. It does not mean everybody has to have a question — [just] those who have questions after introspection into themselves. You are all familiar with Babuji's messages, Whispers from the Brighter World. We have had two volumes. It is essential that we understand the seriousness of this spiritual pursuit. It is not just a way of filling up time. It is not just a way of satisfying ourselves that we are doing something, nor is it like saving money for the future to leave for the family, because none of those things affect your life after this.

Babuji Maharaj has been emphasizing in some of the recent messages which have yet to be published, that all abhyasis should be aware that, in one way or the other, they are also conduits for the divine work that is going on for bringing about a new world, to create a new humanity, with what he calls a different vibration, a higher vibration filled with love; no more hatred, no more animosities — all those negative things that are so prevalent today. And prefects especially, should be aware that while they may not be assigned any work in this matter, they are very specifically conduits for the work to happen. And so the prefects must be aware, they must be dedicated, they must be sincere, and they

must be conscious that "I have to let the work happen through me, because I am a channel created by Him. And if I block by negating these things in myself, by not be-



ing sincere, by being haphazard, by just hanging up a certificate on the wall, I am like a blocked artery in my heart, and one day there will be open heart surgery!"

So you see, Sahaj Marg is a very serious thing of course, but apart from our own individual spiritual evolution, there is this large universal question of a new world order, of a new level of humanity, of higher levels of consciousness and, what Babuji keeps repeating, subtler and subtler vibrational forces. As those of you who have some knowledge of science know, there is only vibration in the universe, nothing else. We are all vibrating without our knowledge. Atoms vibrate, molecules vibrate, matter

vibrates. Sunlight is a vibration. Even as I speak, the sound is a vibration.

So our individual evolution is for the purpose of the cosmic evolution, a universal evolution, and if I cannot contribute to my own evolution, I am not going to contribute to anything else. So please bear in mind that this is not just an exercise to make you happier, healthier, more prosperous, trouble-free existence, pain-free existence — not at all. It is to make you worthy, to participate in the higher purpose which the Divine has, and which purpose is being worked out through what Babuji calls the hierarchy of the Masters of the Sahaj Marg system.

So it is a very vital part of the world order that is to come up, and we are not mere abhyasis or prefects or whatever we are. We are vital parts of this, shall we say, divine machinery that is at work, which does not give you any position of respect or honour, but does give you enormous responsibility in seeing that this work goes on.

Thank you.

10th November 2009, Kharagpur, India

Thus Speaks:

Lalaji

- *With the infusion of the soul into the human body all the attributes and characteristics, and the powers of understanding and sense, were inherent at their highest perfection. Emotions arose in connection with the creation of the universe. The attention and diversion of the soul went on going towards matter. Balance ceased to exist. There remained no moderation in the inherent conditions, until all the emotions became dead..*

Babuji

- *In a world of inner conflicts it is easy to raise the slogans of world welfare without preparing each for the welfare, for it is ever true that the problem of the universe is the problem of the individual.*

Chariji

- *Pains are gone, aches are gone, more of the heart — which is a very great need. There is solace derived from ourselves, from within ourselves, by ourselves. So we see that, in a very real sense, we are becoming independent of the universe. We seek no solace outside, we get it from inside. The others take renewed strength from outside, we get it from inside. Then we find the ultimate experience, that within **me** is the universe.*

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Being with Master in Kharagpur

The very special event unfolded, dream come true for all who came from various corners of Africa like Tanzania, Libya, Egypt, La Reunion, Mauritius, South Africa.[...] Master congratulated abhyasis coming from Africa by sharing a very touching episode from Babuji's visit to Europe. To grieving sisters who were complaining to Babuji for going so far away to India, Babuji said, "Think that Germany is in India!" Master was very happy to see abhyasis visiting Him rather than Him visiting places in far out places. He congratulated them for being the first such batch! He was very happy with this pattern and agreed to have such sessions again in two years! He tried meeting most who came almost all had opportunity of meeting Him. He often came out for morning walk when He could again charge up the atmosphere with joyous morning greetings to all those who were around. He was especially very happy to see the youngest and the oldest! He made sure he met all young ones!

He asked us all to spend time in love, harmony, peace and contentment during our stay at Kharagpur CREST facility. Master warned us not to miss out on any sitting during the entire period. He compared the sittings with steps on the ladder. If one step is missing, it becomes difficult to climb! If we miss two sittings, it is like missing two steps on the ladder, now the climbing becomes increasingly difficult! He asked us all to prepare some practical questions. All usual questions but the answers from Him were out of the world, touching the subjects from a very different angle.[...] There were few bold and courageous abhyasis who asked Master for various favors like having meal with Him or watching a movie with Him!! He joyously invited them! For me, such moments when Master is requested for various things, I saw myself as one requesting the same! And, when He used to respond favorably, I could feel the joy in my heart as if I myself was being invited!

He prepared five prefects; One for Uganda, Two for Botswana and Two for South Africa. He told them that they will not be serving their Master or Mission but their "very own". One could witness his child like enthusiasm, pushing himself beyond his abilities, defying all logical approaches applicable to a person of 83 years. The new trend has been set to play where small group of abhyasis will come under one roof and spend time with their Beloved Master.

K.P.

"Heaven on earth has been brought to us from our beloved. Our experience cannot be expressed in words. The love shown to us has been overwhelming. He has asked us to make this experience meaningful and purposeful. Our Master wishes us to go out and ignite the Sahaj Marg flame. He wants us to share this beautiful system with

Although it is too early for us to contemplate on what He has given, but a glimpse of the internal peace and the sittings which were beyond time and space indeed provide a clear indication that we are proceeding fast in the path to our real goal. Without much enforcing to see Him physically I was naturally drawn to seek



all around us. He wants human lions. I pray that this experience will guide us all to become better individuals."

Kamal Dayaljee – Johannesburg – South Africa

"The encounter of standing before Master, and the fact that I am hard of hearing, was so overwhelming that when he asked me my date of birth, which is 28th March, 1925, I am not sure exactly what he answered, but others have told me that he said "You are my elder sister. You are an inspiration for me. We need more people like you with your spirit. This was the most heart uplifting experience of my life."

Yvonne Doucha – Johannesburg – South Africa

"The opportunity given to be with Rev. Master at CREST, Kharagpur was a milestone for me in my spiritual journey.

Him within myself. The overall process enhanced my remembrance of our beloved Master. It's now our duty to retain this treasure only by sharing it with all our associates."

Shashidhar Ghatmatti – Richards Bay – South Africa

"The anticipation leading up to our visit to Rev Master, was in itself overwhelming. In these few weeks before, we felt Master's gaze over our country, which indicated that the preparation had begun.

This is a dream come true or the absolute highlight of my spiritual journey thus far. Within, there was a sublime calm and during some of the meditations in Kharagpur the following words resonated.... "our souls are praising His name and our hearts are singing with joy" He showered us with so much love, how can words even start to explain what we received?"

Jatin Mahida – Johannesburg – South Africa

Being with Master in Kharagpur (Cont'd)

The experience in Kharagpur has changed my commitment to my own sadhana, in that I now have a deeper understanding and appreciation of the system. [...] It was really nice to see Master going for his walk in the mornings and always in a cheerful mood, making jokes. [...] I was also fortunate to get to go into the cottage and meet Master; and my mind went blank. I was just so happy to be in his presence. One of the things that stood out for me was when Master said that all of us, are here, serving humanity and are part of a divine plan. So being on this path is not just for my benefit, it affects all of humanity.

Portia Kgotleng – Soweto – South Africa

There are few words that can describe the power of meeting Master. His compassion, love and divinity is evident from the first moment of meeting him. I was in awe of my response to Master. There was a familiarity that cannot be described, followed by a sense of wonderment. In the moments

A week in heaven. An adventure into the Lion's den. A selection of blissful moments. A Lion cuddling His cubs displaying a union of longing souls. His mesmerizing smile. A gentle tap on the head. A shot on the arm. Charming new introductions. An



inspiring talk. A glimpse on the golf cart. A photographed moment captured forever in time. A brotherhood transcending borders. Souls dancing to a harmonious melody, orchestrated by Master, synchronized by Mission & Method. A simple thank you can never be enough. May the sleeping giant forever remain awake. Our eternal appreciation to our Beloved Master.

Anish Dave – Centurion – South Africa

that I was in Master's presence, I felt as though the only thing that mattered was being there - the worries of everyday disappeared and I felt at peace. I had so many emotions welling up inside me that it is only now, after being there that I can begin to integrate and understand all that I experienced. I can't wait to see him again

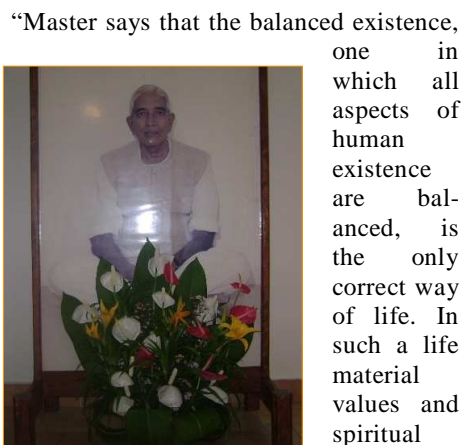
Laura Samson – Johannesburg – South Africa

The trip to Kharagpur was very special to me especially, in just a short space of time from joining Sahaj Marg, to meeting and being welcomed by the Rev Master personally has justified the saying "When the student is ready the Teacher appears".. This experience cannot be described in words and can only be felt in the heart. We were blessed to be part of this spiritual journey - thanks to our Rev Master and all the abhyasis who made it possible.

Cooban Moodley – Pretoria – South Africa

Douala Sub-regional Seminar — December 23-29, 2009 "A balanced life"

Douala sub-Regional seminar will take place next week. Let us continue our inward preparation to make the most of the motto given to us by Master. This excerpt from "My Master" proposed below is given to this end.



"Master says that the balanced existence, one in which all aspects of human existence are balanced, is the only correct way of life. In such a life material values and spiritual

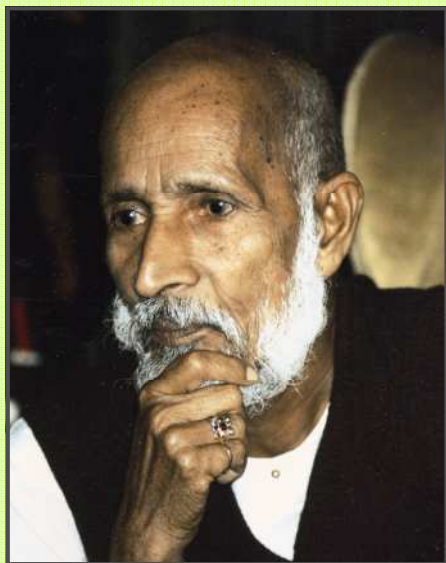
values go side by side, and one should not be neglected for the other. We must devote equal attention to both sides of existence. The two sides of existence are like the two wings of a bird. No bird can fly on one wing. It needs both. Similarly we have to live both the material and spiritual existences in a balanced way, using them as instruments to take us to our Goal. They should not become ends in themselves. Some persons make the mistake of taking the spiritual life or pursuit to be an end in itself. It is only a means to an end. Our goal must be a fixed and definite one, that of achieving the perfect human condition. In this there must be no wavering, no faltering. The material life, the life of and in the body, offers the possibility of seeking and attaining this goal. So, to that extent, our life in the body is essential. It is in **this** life, in **this** existence that we can and

must seek our goal. The spiritual life too, is merely the way to be trodden, and not to be mistaken for the goal. It is in this confusion of the way for the Goal that much human misery lies. It is also the failure of religion, because a religious or pious life, by itself, is incapable of leading us to the goal. When people mistake the way for the goal then life becomes meaningless, and ritualistic and mechanical. Then stagnation sets in, in the individual, in society, and in a whole nation. Master repeatedly emphasises this crucial aspect of his system, that the two sides of life, the material and the spiritual, are both necessary to help us reach our spiritual destination, and the degree to which they can be normalised and balanced will determine the degree of our success.

Parthasarathi Rajagopalachari: 'My Master' excerpts pp 83-85.

Whispers from the Brighter World

Tuesday, March 25, 2003 – 8:30 a.m.



Yes, it's true that the main thing is preserved on this Earth and survives the tragedies of this world. On the basis of this principle, all must be relatively short compared to eternity and to myriads of planets where life blossoms. On these planets, life takes forms and aspects that are varied but rich and even very much more advanced on some of them. These worlds show great diversity and related researches would leave man's curiosity breathless.

"The Earth is a transitory thoroughfare, a kind of test paving the way for a varied and enlightening exploration. The spiritually enlightened being leaving this Earth begins a long journey through which his soul will be able to open out and to strengthen itself. His asset will assure him many possibilities enabling him to progress towards the divine source. The quest does not end at this level; it will be just starting in an upper area where restless wanderings are out of place. There, everything is planned, precise and without possible error; the laws being very strict.

"When it is understood and accepted in all its subtlety, our way opens the doors to this universe where the soul can open out in all the splendour it acquired by divine grace. May our candidates really understand it and largely benefit from it, with all our blessings."

Babuji

Daily Reflections

Aspiration

So all that we do here is to achieve this turning of the heart from its down-pointed orientation, which means selfish, earth-bound, gross, and make it urdhavamukhi, which is looking towards the higher approaches of life - aspirational - not ambitious, but aspiration, and open to receive that which drops from above.

Heart Speak 2004, vol. 2, p. 103 –Rev. Chariji

Aspiration

Aspiration must be in aspiring to be something better, not something more. To have or to become - this is the fundamental distinction. I want to be rich means I want to have. I want to be good means I want to become something. We should try to become, not to have.

Heart Speak 2004, vol. 2, p. 130 –Rev. Chariji

Vibrations

When we talk of life as an embodied life on earth, in a body and a soul, it is nothing but energy which is running us, vibrations which are moving us.

Heart Speak 2004, vol. 2, p.142 –Rev. Chariji



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