



## We All Have the Same Purpose

First of all, I am delighted to see all of you here. Even before I joined my Master in Sahaj Marg forty years ago, I had no consciousness of any difference between people. For me there was only the human being. It was not a matter of intellectual conviction, or of friendliness, or politics – nothing. I suppose it is some past preparation which brought me to Babuji Maharaj, because in some way everyone who comes is already prepared to be here. I tell you this because I don't want you to make the mistake of thinking that you have come with your own thinking and with your own desire or wish. When you think like that, there is the possibility that your stay here may be short, because then you think, "I decided to come, I decide to go." You all understand? But when you know that you are here and you understand with your heart that some past preparation has brought you here – like some past karma or samskara made you Chinese, made you Russian, made you Spaniard, made you Japanese – you did not get that by accident.

The soul has decided that, for me to evolve spiritually, I have to take such and such a birth. This is the truth. It applies; it is not religious, it is not political, it is absolute truth. So then we know that there is a reason for her being a Japanese girl and for you being Chinese, for me being Indian, for her being French. [...] Our samskara makes us Chinese, Japanese, Mongol, whatever we are, but the goal of all is spirituality.

So by force of your soul's decision before you are born here, and by your acceptance, even if you think it is your rationality which has brought you here, you are here. I hope you will use the

opportunity wisely, for the purpose of spiritual evolution only. I know doctors from France, from India – they go to China to learn Chinese medicine, acupuncture, and so on. I know they go to Japan to learn other things. I know they go to England



to study something else. Isn't it? All for the self. I don't think, "I am Japanese. Why should I go to England?" If what I have to learn is available in England, I go there. Here the soul says, this is for the development of the spiritual life, and this is the university for that. So I come here. That is why I was born here, too. Soul has no country, no affiliation, no nationality; body has. Souls have no sex; bodies have. No gender, you know.

So we have to think of all these and use our hearts to judge why we are here, what are we going to do with being here, and how this is going to lay the foundation for my spiritual life for the future. So

this is our purpose here, this is all our purpose here – nothing else. So we should learn to understand we are all brothers and sisters. Like even in a family of ten people each one is different. One brother is intellectual, one brother is an agriculture man, third boy

spiritually.

So that is all I have to say on this occasion this morning, and I assure you that our services are yours to command. We have invited you here to help the people of your country, because I hope all of you will go back with the knowledge of what to do and with the courage to do it. And the basic necessity is the conviction that this is something we have to offer to our people. So you have to develop three things through your stay in India now: conviction, the need to share it with others, and the courage to do so.

So we bring back that humanity into that unity and we see – what do we see? Divine light. When the light is split up through a prism, you have the beautiful rainbow; all colours are separate, but they are not true. If they merge, then only the reality; and the reality is colourless, formless, same. And if I tell you this has all the colours it is difficult to believe, because the manifestation of what is in reality is seen only when it is broken up into parts, when it is no longer reality.

So philosophy says, all that is manifest is unreal, is not reality. They are all parts of reality, but not reality.

*Address to the participants of the Scholarship Training Program, 15 December 2010, Chennai, India*

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**Important Message from Rev. Master on His Travels**

Dear sisters and brothers,

I was planning on a long trip of Uttar Pradesh, including visits to Satkhol and Shahjahanpur, the whole trip to last approximately one month. Just as I finalised my



plans this morning, I received a message from my Beloved Master dated the 22nd December 2011, which is reproduced below for you to read. It makes it clear that my travel days are over in obedience to my Beloved Master's instructions. All those who were expecting to travel with me to Satkhol, Shahjahanpur and other places may kindly note that in future all those wishing to meet me are requested to plan their visits to Chennai only.

I pray for you all. Love.

With Love and Master's Blessings  
Affectionately,  
Parthasarathi

Sahaj Sandesh No: 2011.39, December 2011

Thursday, December 22, 2011 – 10:00 A.M.

*My dearest son:*

*"Although we monitor your every step throughout your heavy task, we must absolutely come to you to ask you to be reasonable, to rest. Your health so requires. You have given so much of yourself over all these many years; it is time for a change in your lifestyle that is no longer suitable to the reality of a very tired physical body. Your body deserves every possible care: rest, tranquillity and all the attention required by your divine person. You always did the maximum. You have nothing to reproach yourself with. Who could reproach you anything! You are our beloved son, your well-being matters to us more than anything. We are asking you this with all the fervour associated with what you mean to the Mission and to us. Be reasonable, should you not be?*

*This is what we expect from you, your heavy ministry should not harm your health to that extent. This is what we expect from you in this time of the year when it is customary in many countries to exchange wishes. Here is ours, you know it now. Therefore, you should make us happy. Spare yourself. You have given the maximum of yourself; what more do you want? Travels are no longer needed at this point. We cannot stand your health be threatened like that. This is today's instruction; it is the highest expression of our love, because your well-being matters to us more than anything. The same song is rising up to you, that of our hearts united in a celestial supplication in praise of our beloved son. Listen to what the sages are trying to convey to you.*

*Should you not?*

*To you the best, my dear son. May our love comfort you every day and every second in your life.*

*Your Master always attentive and loving."*

**Babuji Maharaj**

### **Echoes of Mauritian Seminar in Manapakkam, India 7-14 November 2011**

#### **A Wonderful Seminar**

On 6th November 2011, a group of 27 Mauritian abhyasis (4 more Mauritian abhyasis arrived on 8th November) arrived at Manapakkam Ashram. Rev. Master received us in his cottage on 7th November at 4.45 pm. We sat at the holy feet of Beloved Master and Master gave us a sitting. After the sitting we were served tea and snacks. Upon a question from an abhyasi, He pointed out that we have to be prepared in life all the time. We all enjoyed the Divine atmos-

phere, the Heaven at the holy feet of Rev Master and were overwhelmed with joy, enthusiasm and vacuum in our hearts.

There were 3 Satsanghs daily at 6.30 am, 9.00 am and 5.00 pm; from 8 to 14 November except on Sunday when there were 2 Satsanghs at 7.30 am and 4.30 pm. All abhyasis received 2 individual sittings during the seminar. The seminar was properly structured with suitable themes for personal reflection and group discussions. Every abhyasi had the opportunity to share their

understanding on certain topics. In the afternoon there were DVD shows – talks of Master.

We had the opportunity of hearing brothers V. Kannan, Bro A. P. Durai and Bro Kamlesh. We were all enriched in our understanding of Sahaj Marg and we were inspired by the talks to take actions for our evolution and for the spread of Sahaj Marg in Mauritius. Bro Sharat made a presentation on Community Building and the ini-

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## Echoes of Mauritian Seminar in Manapakkam [Cont'd]

tial steps to be taken in Mauritius were discussed and agreed upon. In his talk Bro Kamlesh said that many abhyasis ask how to keep the good condition when we go back home. He pointed out that we should allow the condition to grow. The Master has invested a spiritual capital in our hearts and we should allow it to grow. This was very enlightening and now we shall all not only keep the condition during our stay at the Ashram, but allow the condition to grow and manifest in our thoughts, speech and actions. Bro Kamlesh pointed out that it was the responsibility of every abhyasi to bring new abhyasis in the mission and to follow up with the new abhyasis. A Preceptors' meeting was also held with Bro Sharat with the 4 Mauritian Preceptors.



We met Beloved Masterji on 14th November and He wished us Bon Voyage. He said

he cannot come to Mauritius because of his age and requested us: **“Take Me along with you – I hope you understand what I mean”** (meaning in our Hearts). This was really very joyful as it meant that Master

would be with us at every moment. In fact He is with us all the time. This only reminded us that we have to be with Him all the time. Master also said **“Keep Coming”**. All abhyasis are very happy and deeply satisfied with the spiritual trip as Rev Master has given abundantly to all abhyasis.

Thank you Beloved Master for being with us all the time, for taking care of our spiritual evolution, and providing us with the direction to reach the goal of human life. We pray that we all live, think, and act as per the expectation of Beloved Master. With Love and Unceasing gratitude to our Beloved Master.

*Gowtum Motah - Mauritius (On behalf of all Mauritian abhyasis)*

## Echoes of Lenasia, South Africa

Universal Children's Day was celebrated at the Lenasia Ashram on the 19<sup>th</sup> November 2011. It turned out to be a fun filled day for children and their parents, and many abhyasis were involved in lending a hand to make the occasion a successful and memorable one. The youth volunteered to co-ordinate the event, and did a wonderful job of organising the children's activity. The theme for the activity was 'best out of waste'. Children were grouped by ages: 4 to 5 years, 6 to 8 years and 9 to 11 years. Thereafter, the children were asked to walk within the Ashram grounds and collect any wastage material whilst not being allowed to damage any flora. Upon returning to the classroom, children were then provided with more wastage material and given two hours to construct creative

pieces of art as well as write imaginative stories relevant to their artworks. Much to their



excitement the children were presented with a party-pack and a gift for their efforts.

The children were delighted and proud to stand up together in the ashram and share these experiences with family and friends. In addition to this the children enjoyed a variety of games, sporting activities, a jumping castle and a water slide.

With the children in the care of the Mission's youth, parents were able to enjoy the benefits of a workshop that focused on nurturing them as parents, which was titled 'The Role of Parents in Sahaj Marg'. The event culminated in the prayer programme which was led by one of the children, who did a beautiful presentation of the slide show, and set the tone for the Universal Prayer in honour of children throughout the world. Forty-six adults and twenty-two children participated in this celebration.

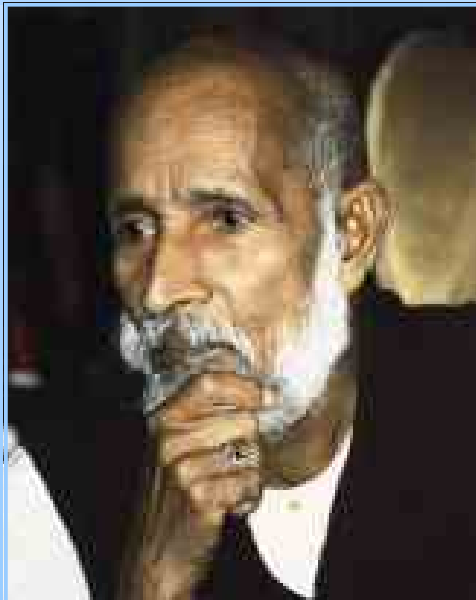
The programme concluded with a group photo session. The day was thoroughly enjoyed by all.

*Jatin Mahida*



## Whispers from the Brighter World

Sunday, November 19, 2000 – 10:00 a.m.



*"Meditate; make the most of your Master's transmission. Feel in osmosis with him. His heart transmits towards all, all over the world. He makes you benefit from the power of the means he has at his disposal to serve humanity. Such a being must have a lot of courage and moral strength to assume such a great responsibility.*

*"However big is his divine nature, he must face the constraints of incarnation. Be always in a state of receptivity to benefit to the maximum from the work that is enabled by his greatness as a spiritual Master.*

*"It is a real chance to reach a point of evolution whereby such an opportunity is provided to a human being to be able to meet their profound aspirations, thanks to meeting a guide of this stature. A living Master of this level can work wonders for each of you. It is the availability of your heart that will allow the best results."*

Babuji

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## Daily Reflections

### Presence of God

Every time we receive a transmission, we have a sitting, God is being put into us. And those who are conscious of this never need to feel His absence and never need to say, "Today I felt His presence," because that which is eternal, omnipresent, omnipotent, cannot be felt just now. It is like saying, "Oh, I am beginning to breathe again".

*Taken from the book Heart Speak 2005," Chapter Securing the Future of the Mission," pg. 115, by Chariji*

### Guru

In Sanskrit, from which the word guru comes, guru only means one who is great, and his greatness is in a particular sphere, as there are great people in other spheres: doctors of philosophy, doctors of medicine, and so on. In a very definite sense, a guru is a doctor of the inside. When I say 'the inside', I don't just mean the inside of the body, I mean the inside of the inside! Because if the doctor is the doctor of our

body, a capable guru is the doctor of the soul.

*Taken from the book The Principles of Sahaj Marg, Set 1 (Vols. 1-3)," Chapter Cleanliness and Godliness," pg. 76, by Revered Chariji*

### Vibrations

When we talk of life as an embodied life on earth, in a body and a soul, it is nothing but energy which is running us, vibrations which are moving us.

*Heart Speak 2004, vol. 2, p.142 –Rev. Chariji*



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