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Pujya Lalaji Maharaj's 141st Birth Anniversary

1st to 4th February 2014

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Manapakkam

Master conducted satsangh on 2nd February at 7.30 a.m. As he entered the hall in his wheelchair, about 4000 abhyasis started clapping spontaneously. After satsangh Master gave a talk, the main thrust of which was, 'Here and Now'. He said that abhyasis should not waste time, as time was short and they should focus on their daily abhyas. Through Sahaj Marg, he said, liberation was possible for any human in one lifetime when previously it took thousands and thousands of years.

Tiruppur - 1st to 4th February 2014

After a long time, an international bhandara was being held for the birth anniversary of Pujya Lalaji Ma-

haraj. The four day bhandara was from 1st February to the lunar Basant Panchami on the 4th. Abhyasis prepared the venue before the utsav, worked through it and helped in winding up. The organization was of the high standard we have come to expect in Tiruppur. By 2nd, the number of abhyasis peaked to around 16,500, including 1500 volunteers and 1,729 children.

There were three satsanghs every day, at 6.30 a.m., 11 a.m. and 5 p.m. Brother Kamlesh gave five talks after the satsanghs and one for prefects. These talks helped abhyasis to go deeper, improve their understanding, and focus on what was important.

The spiritual presence of Master was felt in every aspect of the celebration. Even though he was unable to attend physically, he was able to connect via web link from Chennai on the 2nd after morning satsangh, when he spoke to the gathering. Brother Kamlesh, as

the chairman of the celebration committee, encouraged everyone to adjust their behaviour to the subtle vibration of the place, resulting in a natural discipline.

In brother Kamlesh's first talk, he read Lalaji's 'Principles of Conversation', in which Lalaji urges us to consider that our style of conversation can be a reflection of the balanced condition of our mind, and the purity of our heart and character.

In the subsequent talks he reiterated the importance of regular sadhana in the prescribed manner. He

spoke about the factors in our daily life which lead to samskaras in us like the way we communicate, the food we take, etc. He emphasized the need to brood over one's condition after meditation and the need to try and retain it. In the closing speech on 4th February, he congratulated everyone and said that this year completes the 100th year of having organized satsanghs which was started by Lalaji Maharaj. He addressed all the prefects, CICs and ZICs on the 2nd in the permanent meditation hall and conducted a special satsangh for all volunteers on 3rd February.



Speech by Master

Here and Now

Lalaji Maharaj's Birthday Celebrations, 2 February 2014, Chennai, India

“Dear brothers and sisters here in Manapakkam and all of you in Tiruppur, on this auspicious day of our Grand-Master's birth anniversary, we have just heard the message received from Babuji Maharaj, reemphasizing the need to celebrate the birth anniversaries of our Masters, in homage, with love, and in remembrance. These are the three components that are always to be carried in our hearts as instruments of spirituality for our ascent up to the goal, should we be so blessed, remembering that the efforts of the abhyasis count, not a little.

We have been listening to these messages, we have been having these bhandaras over so many years,

but do abhyasis really take to their hearts the messages that we receive on these sacred and holy occasions? I hope so, because everything depends on how we hear these messages, how we understand them, and how we act on them.

It is not enough to make resolutions, resolutions must be carried out. Is the spirit of brotherhood growing amongst us? Is there love between all of us? Have we been able to cast away all prejudice and judgemental attitudes, at least between the brotherhood? These are important questions to be asked, and for each one of you to ask of yourself, because I find there are still unfortunately instances of hatred, mudslinging. So



much effort has been done to speak to abhyasis personally, individually. Are they responding? If they are not responding, it only means that they are not acting on the principles of Sahaj Marg. Perhaps they are not even doing their cleaning daily, properly. Maybe they are not even meditating properly.

Such abhyasis should examine their hearts and see whether they are true to themselves. Remember the old saying: 'This above all to thine own self be true'. You can deceive your prefects, you can deceive your Master. I mean you can deceive anybody you want, but if you deceive yourself, that is the greatest and most tragic deception that exists in your life.

Self-deception is the greatest deception. To live one way and to think that you are living in another way, honourable way, good way, Sahaj Marg way, is the greatest deception, and if you deceive yourself, I am afraid it will be difficult to help such abhyasis. It will be truly difficult. Therefore we find abhyasis who take sittings after sittings, individual, group, and while they think they are progressing, we see that they are where they were or perhaps even a little lower, which is very tragic.

Babuji Maharaj has been emphasizing repeatedly in his Whispers messages that human life is short; even if you live two hundred years it is still short. When are we going to realise that life will not go along as we expect it to do? Every day we hear of loved ones departing – even at birth and from then on at any age that you want to specify for yourself: six years, twelve years, fourteen years, eighteen years, twenty-five years, thirty years, forty years, people suddenly coming to an end, and people suffering for months or years and then passing away.

There is no point in the last part of your life when you have nothing, you have no teeth, you have no eyes, as Shakespeare says, and you try to mumble some prayer, unable to understand its meaning and try to meditate without much success.

Don't put off till tomorrow what must be done today. Now! 'Here and now' must be your slogan for yourself. Nobody can predict when anybody's end will come. We must always be prepared to meet that – a definite possibility in every individual's life. Everybody born has to die. We can know perhaps when the child is going to be born – within a few hours or days – but nobody can know when somebody is going to die.

I am not trying to be morbid. I am not trying to put the fear of God into you or anything like that. I am only telling you the reality of human life, what it holds for us in terms of longevity, and what we have to do within the time available to us in this life. This is a very serious matter.

Life can be enjoyed without hurting our spirituality and that enjoyment is permitted, but it must not interfere with our spiritual life. We have a duty to our families – Sahaj Marg insists on that; therefore we have to go around, do our jobs, earn money to satisfy the needs of our families. But not give more time, become addicted to our work and, with the modern computer age, go on browsing all night pretending you have all the time in the world, spending twelve hours, fourteen hours, eighteen hours on your computers but not one hour on your meditation.

In a sense those who live like that are digging their own spiritual graves. I am sorry to use such language but just in case you don't read Whispers – I am sure many of you are there who are very casual



about it. “While it is there on the computer I can read it day after tomorrow, on Friday, Saturday, the weekend.” Just in case you don’t read Whispers, I am trying to condense for you the contents of several volumes of Whispers which just says these things, where Babuji Maharaj keeps on reiterating these truths, these essential values of life.

To be a human is an enormous gift of Nature which perhaps we have earned through the merits of past existences. To have come to the feet of a guru in that life is an even greater gift of our past and of our destiny, and now to waste both these great gifts – to be born as a human being and to have been able to contact a guru and to follow the practice prescribed by him – and not follow it precisely as prescribed, with integrity, with devotion and love in your heart and with the conviction that this practice of meditating on the heart, doing our cleaning, doing our prayer is a sure way of spiritual evolution to the goal, if possible in this life, if not at least taking several jumps into the future...

As Babuji Maharaj says, “Everything is possible.” In this life we must achieve that goal of at least liberation which frees us from any future mortal existence, all the pains of physical existence. Forget the pleasures; even animals have them. This is the pain of physical existence that you will feel, everyone of you will feel, at some time or other. Rest assured it is not only for the sick, it is not only for the old; it seems to affect even the newborn babies today. Sickness begins at birth.

There is a great truth we don’t understand that while sickness may begin at birth, it is death that begins at birth. When we are born we begin to die; tick, tick, tick, tick, tick, tick, we are going towards death. Every second that passes is ticking off a second in our lives.

So, remember, the clock is not ticking off for holidays or for pleasurable events or for wasting time saying, “I have enough time.” It is foolish to imagine, for anyone to imagine, that he or she has enough time. How do you know how much time you have? If you hear the clock ticking, you must say, “For heaven’s sake, one more second gone, two more seconds gone. Let me be about my spiritual work.” That must be the attitude of a true aspirant who expects to reach the final goal in this life itself.

Babuji Maharaj has said that such a chance may not occur again. Who knows if we are unfortunately condemned to be reborn, whether we will find our guru; even if we are born as human beings whether we will find a guru. It is in that sense that he says that we may not find a guru, we may not find such a guru for a thousand years.

So don’t take Babuji’s writings lightly. They are very simple to read. The language is very simple. Today, human beings are wanting to read complicated stuff, convoluted stuff, difficult to understand because they like to tease their brains. But Babuji’s literature, Sahaj Marg literature, is all very simple and because of their simplicity they are deceptive.

Babuji Maharaj said, “My simplicity deceives.” His literature is deceptive. Too simple. You are inclined to think, “What is there in Reality at Dawn? What is there in the Ten Maxims? Arise at dawn – wonderful! What great truth has he revealed?” Isn’t it? I am sure many of you have felt like that. Don’t make that mistake. Read again, and again, and again, because every time you read, you find a new meaning in them. What you find in them reflects your growth.

As you grow, you find the beauty, the splendour and the truths that are revealed in these writings. It is like somebody walking through a garden and saying, “Ah, roses! Ah, jasmine!” things like that. But a lover of the garden knows and stops at every flower, savours their perfume, looks at their beauty. It is like that. You must be a lover to understand what you are looking at, what you are feeling, and both of these things enter into our literature.

We are looking at and reading; we are feeling with our hearts the great truths that are revealed to us which most of us cannot understand at the first reading. Repeat again and again. Don’t waste your time on japa malas [prayer beads] which have no meaning. Many have been doing them through I don’t know how many lives, how many years; thinking of something and just rotating the beads in the hand.

So what more should I tell you all? I don’t know. I often think what are our abhyasis doing because, as you know nowadays, I don’t see much of you. Only on auspicious occasions I try to be with you all, and it is by Master’s grace that he permits me to be here with you all today to give you a sitting and to address you.



So remember, time is short, the way is long – towards infinity. That is where; that is the length of the voyage we have to undertake; and the time given to us varies according to each one's lifetime, of which we know nothing, of which we can never know anything.

So when I once asked Babuji Maharaj what is wisdom, he said, "Live as if you are going to die the next moment." Not tomorrow or the day after – the next moment. Then will we be doing foolish things, useless things? Then we'd be meditating.

I can only hope and pray that all those who are listening to this message will listen to it again with their hearts because, I repeat, there are still too many abhyasis who still carry hatred in their hearts, who still (I don't know how to put it) meet each other with hatred, suspicion, and they still claim to

be brothers; they still want attention as abhyasis. It is like transmitting to stone when they come. And I am saying these words particularly to such abhyasis. As Babuji said, "To those who know, we don't need to say much. To those who know and who will not listen and act upon them, you have to say a lot. And to those who know but deliberately ignore what they hear, they are only to be pitied."

I hope their numbers will get fewer every day and a day will come when every abhyasi present before us will be of the first category. He who knows, and knows what he has to do, and does what he has to do will be the wisest. I pray for you all on this auspicious occasion.

Thank you."

(Thank you, Kamlesh, and all of you at Tiruppur. I am sorry that I am unable to be with you all.)



Birth Anniversary Celebration of Rev Babuji Maharaj

April 29 to May 1 • Diamond Jubilee Park, Tiruppur

Registration for Babuji's Birth Anniversary

Abhyasis can register for the April 2014 Celebration to be held at Tiruppur by submitting their registration details locally at their respective centres or online. Online registration details are available on the website: <http://www.sahajmarg.org/april-30-celebrations/2014/registration>

Abhyasis are requested to register early to facilitate the planning for infrastructure at the venue.

In case of any queries or clarifications, please send an e-mail to 30apr14.registration@srcm.org.

Master's Birthday, 23rd - 25th July 2014

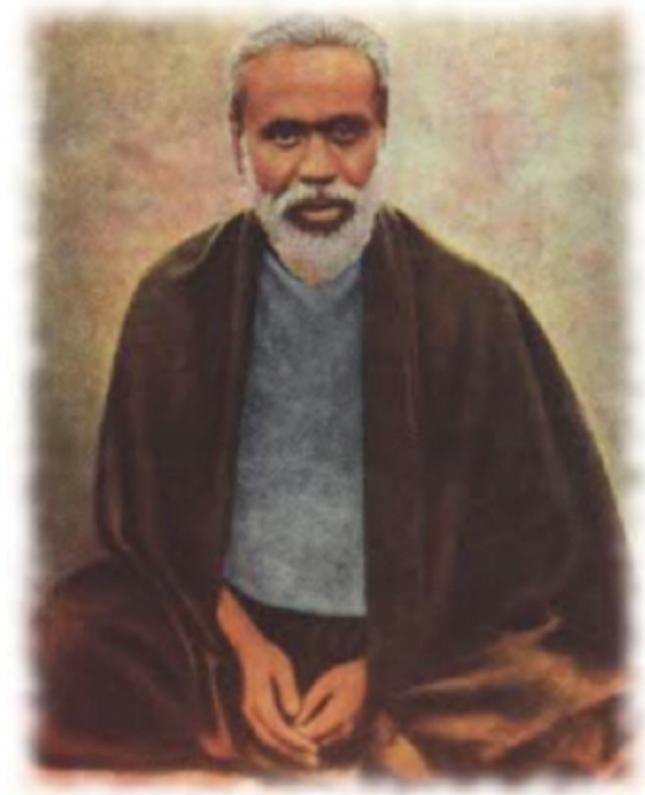
It will be celebrated at DJP - Tiruppur from 23rd to 25th July, instead of Thiruvellur in view of the already existing various facilities readily available at DJP - Tiruppur.



Activities in the centers of Latin America

Brazil

Birth Anniversary of Lalaji Maharaj



Rev. Lalaji Maharaj (1873 – 1931)

Born on the 2nd of February 1873, Shri Ram Chandra of Fatehgarh, affectionately known as Lalaji, was the adi-guru (first spiritual Master) of Sahaj Marg. He rediscovered the yogic technique of transmission or *pranahuthi*.

The Sahaj Marg Centers around the world celebrate this auspicious date.

In Rio de Janeiro, nineteen abhyasis attended the celebration of Lalaji's birth anniversary fulfilling the following schedule:

07h30 – satsangh

09h00 – breakfast

10h00 – reading of Lalaji's messages
from the Whispers

12h00 - satsangh

Basant in São Paulo

São Paulo Center Team

The celebration of Pujya Lalaji Maharaj's birth anniversary took place in São José dos Campos, SP, at the home of Arnaud, Rosane and Clara, a beautiful and welcoming country house, located on the side of a mountain.

Some participants arrived on Saturday, 1 February 2014. Sittings and Universal Prayer were part of the spiritual activities that day.

On Sunday, the 2nd, there was a satsangh at 7:30 a.m., followed by breakfast, reading and interiorisation of "Whispers of The Brighter World" sent by Lalaji. After each message was read, we tried to absorb the light irradiated, and a second reading followed to reaffirm the content within our hearts, which were deeply touched in those moments.

At 11:30 a.m., another satsangh was held, followed by lunch and good-byes, with the hope of another gathering soon to address other 'Whispers'.

Lalaji's birth anniversary was also commemorated at the São Paulo Center, in the same way as in São José dos Campos.





Activities in the centers of Latin America

Brazil

Immersion into the Whispers

José Luis Cardieri – São Paulo - SP



“The period of 1st to 4th of March, 2014 was very important for the Sahaj Marg family due to the opportunity given to us by Master to dive into the study of ‘Whispers of The Brighter World’, addressing the subject ‘The Esoteric Symbol’.

The event took place at the home of Arnaud, Rosane and their lovely daughter Clara, in São José dos Campos, a few kilometers from the downtown, surrounded by nature.

Some people from Rio de Janeiro, São Paulo and São José dos Campos arrived on the 1st March, and sittings were available to those who so wished.

Thus, with our hearts open and purified, on 2nd March, after the 7:30 a.m. satsangh, and a delicious breakfast, we started the immersion into the ‘Whispers’. After each reading, we tried to go within as deep as possible. Some abhyasis shared their feelings spontaneously, with mutual respect, without objections, according to Master’s guidelines on how to behave when interacting in a group

During meal times people got even closer together, since they were collaborating in the preparation of the food with love. To eat this food, also with love in our hearts, according to the eight Maxim by Babuji, increased our spiritual energy for the second phase of the readings.

We had two satsanghs daily, and in the evenings we got together to talk about the Master, Sahaj Marg, subjects regarding spirituality as well as about current events and family subjects. In summary, these were such pleasant moments, that no doubt they touched our hearts.

During a break for physical activity, we climbed the track which surrounds the hill, and from there, we could contemplate the fabulous scenery.

To study the universe in which we are, in light of ‘Whispers’, addressing the subject of ‘Esoteric Symbols’, was an experience that, hopefully, has helped us to advance a few steps towards the Great Goal of our lives on earth.

Thank you Master.”



Activities in the centers of Latin America

Brazil

With Master's love in the heart

São Paulo Center Team



We had scheduled an extended Sunday for 30 March 2014, in the traditional form.

But Master has often other plans for our lives. That is what happened this Sunday. Our dear sister Gisele, who with Master's blessings has faced and has overcome a very serious illness, in gratitude to him, and as a way to thank all the Sahaj Marg brothers and sisters for their love and care, decided to invite everyone for a special satsangh. We were delighted and even surprised to see that twenty-one abhyasis were present at the satsangh, which was conducted by sister Gisele herself. It was a moment of very intense transmission, which filled the hearts of all the participants and, for sure, of those who could not make it. Afterwards, a message from the 'Whispers' was read and, though, it was chosen at random, it had a lot to do with the present situation. At the end, after breakfast, Gisele shared with us her way of facing this challenge bestowed upon her by Master for the purpose of spiritual development.

Anniversary of SRCM Brazil Headquarters

São Paulo Center Team

Five years ago the Shri Ram Chandra Mission inaugurated its official headquarters in Brazil, on the 25 January 2009, with the blessings of our Master. A room on Alameda Santos, in São Paulo, was rented and has been maintained since then, with volunteer help of abhyasis from different cities in the country.

To celebrate this, an extended programme was held on Sunday, January 26th. After the 7:30 a.m. satsangh, a chapter from Master's book, *The Fruit of the Tree*, called 'The President's Speech at the Annual Business Meeting in the EUA' (which addresses the subject of the Mission's administration) was read and discussed.

After the breakfast, we had the pleasure of listening to sister Sandra Dualde, the Center-in-Charge from Spain, who was visiting family in São Paulo. Sandra spoke about the Sahaj Marg practice.

Speaking about satsangh, she emphasized the importance of Sunday satsanghs, mentioning that it is on those occasions that Master sees us all. It would be great if at least fifteen people were present at the Sunday meditations. But, even if it does not happen, we can imagine, in a positive suggestion, that all the abhyasis who could not attend the satsangh, are present. Those who are participating should open their hearts, and in such way, even those who are absent get some benefit.

As for the need of having a Master, we can understand it by recalling that he is a kind of "transformer" who connects us to the Brighter World, according to the spiritual capacity of the abhyasis in this world.

**Latin America Seminar - Tremembé – São Paulo - Brazil
23 to 25 May**

More information please contact srcm@gmail.com



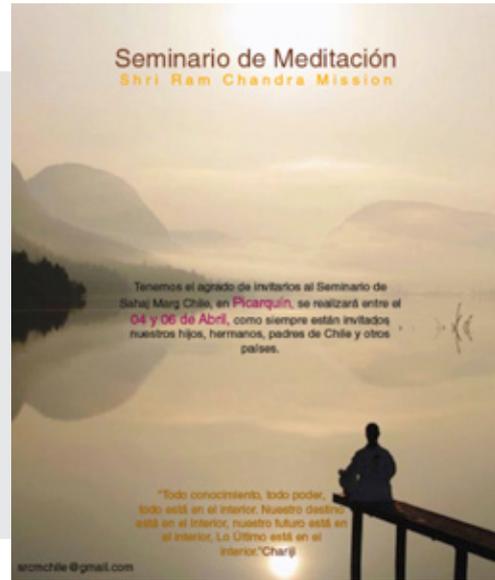
Activities in the centers of Latin America

Chile

International Seminar in Picarquín - Chile 4 to 6 April

“All knowledge, all power,
everything is inside. Our
destination is inside,
our future is inside. The
Ultimate is inside.”

(Rev. Chariji)



Jamaica

National Gathering in Portland, Jamaica - ‘Prayer Module’

Patrice Gowdie, Jamaica

“**B**rother Maurice and I drove out of Kingston at approximately 5:15 a.m. on Sunday, 23 February 2014 for Portland. We picked up brother Chucky en route and arrived at Rio Vista Villas, Portland a little after 7:00 a.m. The National Gathering was kick-started with satsangh, after which we delved into the **Prayer Module of Grounding in the Practice**.

The Prayer module was being done for the second time in Jamaica – the first was in January 2014 at Kingston. The group at Portland was small with just five abhyasis, sister Adella, brothers Alec, Chucky, Maurice & I. Throughout the module all abhyasis went deep within themselves and shared from their hearts.

We learned that prayer is an attitude and that this attitude must persist as we go through our daily lives. Brother Kamlesh said that once the words of the prayer invoke a certain feeling within us, then we do not need words – we are in a state of prayerfulness. This state, when extended from a few moments, to 24 hours per day, enables us to not only remain in a prayerful state but it helps us to be able to ‘maintain the condition’ and allowing it to grow. Being able to ‘maintain the condition’ is a sure way for speedy growth!

Mission Prayer

The importance of doing the prayer before the morning meditation serves to establish that connection with Master. My eyes and heart also became open to the versatility of our Mission prayer; it is so simple but there is so much meaning imbedded in it. It serves an entirely different purpose when done before morning meditation and another entirely different purpose when done at bedtime. At bedtime, we are asking Master to pervade our sleep state, our subconscious. Hence, we are covered by the prayer 24 hours a day when it’s done in the morning and at bedtime. We are covered throughout our waking and sleeping states!

The 9 o’clock prayer

The 9 o’clock prayer, is all about developing ‘unselfish love’, because we are thinking of others and not ourselves. As Master says, “It is still the fact that unless everybody grows, you can’t grow too much... It is not that you cannot grow because they don’t grow, it is perhaps a limitation on your own growth that you do not think of others.”



Activities in the centers of Latin America

Martinique

Facilitator's preparation - Grounding in the Practice 'Prayer'

Louisiane Mafoula, Martinique



“**F**our of us gathered on Sunday, January 12 to discover and work on the ‘Prayer’ module in order to facilitate the ‘Grounding in the Practice’ training in the coming days.

We gathered in a place at Case Pilote. The setting was very nice. After the 7.30 a.m. satsangh we watched Chariji’s video, followed by breakfast which took place in a calm and cheerful atmosphere.

The workshop began with firm explanations given by our facilitators Coordinator. We were quite comfortable with Master’s help throughout the day, as each of us took turns to experiment with how to facilitate this module.

For me, this module is equally interesting and comprehensive as the others. I discovered the importance of prayer in the practice of Sahaj

Marg. Even though I was practicing the 9 o’clock prayer as well as the prayer at bedtime, after going through the videos, texts and exercises, I understood very clearly and deeply in my heart that prayer has an important place in our practice. Without it no progress is possible. It is important to do it consciously and seriously as required. As Master said, nothing should be removed from this method. It is absolutely necessary to apply it with a full heart.

Thanks to Master and to all those who created and helped to implement such a Grounding in the Practice training that facilitates the practice assimilation and the opening of the hearts in a simple way.

I invite everyone to participate in these training modules.

**Calendar of events 2014**

April			
04 - 06	Chile - Picarquín	Seminar	srcmchile@gmail.com
06	Brasil – Rio de Janeiro	Grounding in the Practice	srcm@gmail.com
06	Guadeloupe	Extended Day 10 maxims	v.scala@wanadoo.fr
06	Martinica	Grounding in the Practice	martine-calka@wanadoo.fr
12	Brasil – São Paulo	Open House	srcm@gmail.com
12 - 13	Jamaica	Grounding in the Practice	unselfishlove2010@gmail.com
25	Jamaica	Friday social activity	unselfishlove2010@gmail.com
26	Martinica	Evening Reflexion	Martine-calka@wanadoo.fr
28	Haiti	National Seminar	judithrj@yahoo.com
30	Guadeloupe	Babuji's birthday celebration	v.scala@wanadoo.fr
30	Martinica	Babuji's birthday celebration	martine-calka@wanadoo.fr
30	Jamaica	Babuji's birthday celebration	unselfishlove2010@gmail.com
30/4-01/05	Guiana Francesa - St Laurent du Maroni	Babuji's birthday celebration	ma.bayard@alaposte.net
30/4-01/05	Guiana Francesa - Cayenne	Babuji's birthday celebration	dtrebes@voila.fr

May			
03	French Guyana, Cayenne	Grounding in the Practice - Meditation	dtrebes@voila.fr
04	Guadeloupe	Extended Day of Reflexion	v.scala@wanadoo.fr
10	Brazil – Rio de Janeiro	Grounding in the Practice	srcm@gmail.com
11	Martinique	Grounding in the Practice	martine-calca@wanadoo.fr
11	Guadeloupe	Grounding in the Practice	v.scala@wanadoo.fr
11	Jamaica	Grounding in the Practice	unselfishlove2010@gmail.com
15	Jamaica	United Nations Day	unselfishlove2010@gmail.com
18	Brazil – São Paulo	Extended Day	srcm@gmail.com
23 - 25	Brazil - Tremembe	Latin America Seminar	srcm@gmail.com
24	Martinique	Evening reflexion	martine-calka@wanadoo.fr
24	Jamaica	Mission's activities	unselfishlove2010@gmail.com
25	Brazil - Americana	Extended Day	srcm@gmail.com
31 May - 2 June	Bogota, Colombia	National seminar	magusti22@gmail.com

June			
01	Guadeloupe	Extended Day 10 maxims	v.scala@wanadoo.fr
5	Jamaica	United Nations World environment Day celebration	unselfishlove2010@gmail.com
8	Jamaica	Grounding in the Practice	unselfishlove2010@gmail.com
8	Brazil – São Paulo	Extended Day	srcm@gmail.com
15	Guadeloupe	Grounding in the Practice	v.scala@wanadoo.fr
22	Martinique	Grounding in the Practice	Martine-calca@wanadoo.fr
19 -22	Brazil - Americana	Prefect meeting	srcm@gmail.com
28	Martinique	Evening reflexion	Martine-calka@wanadoo.fr
	Nicaragua	Open House	lunajeannett@yahoo.com
	Panama	Open House	aamaris05@yahoo.com

**Calendar of events 2014**

July			
5	Brazil - São Paulo	Open House	srcm@gmail.com
06	Guadeloupe	Extended Day 10 maxims	v.scala@wanadoo.fr
12 - 13	Jamaica	Grounding in the Practice	unselfishlove2010@gmail.com
20	Haiti	Grounding in the Practice	judithrj@yahoo.com
24	Guadeloupe	Master's birthday celebration	v.scala@wanadoo.fr
24	Martinique	Master's birthday celebration	martine-calca@wanadoo.fr
24	Jamaica	Master's birthday celebration	unselfishlove2010@gmail.com
25	Jamaica	Friday social activity	unselfishlove2010@gmail.com
23 - 27	Brazil – Garopaba SC	National Seminar - Master's birthday celebrations	srcm@gmail.com
27	Jamaica	National Gathering	unselfishlove2010@gmail.com

August			
03	Guadeloupe	Extended Day 10 maxims	v.scala@wanadoo.fr
03	Brazil – Rio Claro	Open House	srcm@gmail.com
10	Jamaica	Grounding in the Practice	unselfishlove2010@gmail.com
10	Brazil – São Paulo	Extended Day	srcm@gmail.com
12	Jamaica	International Youth Day	unselfishlove2010@gmail.com
30 - 31	Brazil - Americana	Grounding in the Practice - Extended Day	srcm@gmail.com
31	Brazil – Rio de Janeiro	Grounding in the Practice	srcm@gmail.com

September			
07	Guadeloupe	Extended Day 10 maxims	v.scala@wanadoo.fr
13	Martinique	Open House	Martine-calca@wanadoo.fr
14	Jamaica	Grounding in the Practice	unselfishlove2010@gmail.com
14	Haiti	Grounding in the Practice	judithrj@yahoo.com
21	Martinique	United Nations Day	martine-calca@wanadoo.fr
21	Jamaica	World Peace Day	unselfishlove2010@gmail.com
26	Jamaica	Friday social activity	unselfishlove2010@gmail.com
27	Brazil – São Paulo	Grounding in the Practice	srcm@gmail.com
28	Guadeloupe	Grounding in the Practice	v.scala@wanadoo.fr
28	Brazil - Americana	Extended Day	srcm@gmail.com
	Mexico	Seminar	matildevalecillos@hotmail.com

October			
05	Guadeloupe	Extended Day 10 maxims	v.scala@wanadoo.fr
05	Brazil – São Paulo	Extended Day	srcm@gmail.com
11 - 12	Jamaica	Grounding in the Practice	unselfishlove2010@gmail.com
17 - 19	Brazil – Tremembé SP	National Seminar	srcm@gmail.com
17 - 19	Los Teques - Venezuela	National Seminar	mlorenzo0503@gmail.com
25	Martinique	Evening Reflection	martine-calca@wanadoo.fr
26	Guadeloupe	Grounding in the Practice	v.scala@wanadoo.fr
26	Jamaica	Grounding in the Practice	unselfishlove2010@gmail.com



Calendar of events 2014

November			
08	Brazil – São Paulo	Open House	srcm@gmail.com
09	Guadeloupe	Extended Day 10 maxims	v.scala@wanadoo.fr
09	Jamaica	Grounding in the Practice	unselfishlove2010@gmail.com
09	Brazil – Rio de Janeiro	Grounding in the Practice	srcm@gmail.com
16	Martinique	World Tolerance Day	martine-calka@wanadoo.fr
18	Haiti	Grounding in the Practice	judithrj@yahoo.com
20	Martinique	International Children Day	martine-calka@wanadoo.fr
20	Jamaica	International children Day	unselfishlove2010@gmail.com
22	Jamaica	Mission's activity	unselfishlove2010@gmail.com
23	Brazil – Americana	Extended Day	srcm@gmail.com
29	Martinique	Evening reflection	martine-calka@wanadoo.fr

December			
05 - 07	Jamaica	Regional Gathering	unselfishlove2010@gmail.com
06	Brazil – São Paulo	Grounding in the Practice	srcm@gmail.com
07	Guadeloupe	Grounding in the Practice	v.scala@wanadoo.fr
10	Martinique	United Nations celebration Day	martine-calka@wanadoo.fr
14	Jamaica	Grounding in the Practice	unselfishlove2010@gmail.com
26	Jamaica	Friday social activity	unselfishlove2010@gmail.com
27	Martinique	Evening reflection	martine-calka@wanadoo.fr

We request all the abhyasis who have any article regarding their experience about spiritual journey through the Sahaj Marg to send them to us to the following e-mail: leatorres@casadalea.com.br. Frequently, our shared experience comes as an act of love and can be of help to other sisters and brothers.

We wish to clarify that our Latin America Echoes is a quarterly newsletter issued in the months of March, June, September and December, reaching abhyasis all over the world. It is published in four languages (English, French, Portuguese and Spanish), and distributed to all the abhyasis in Latin America. It can also be accessed in the four languages through the Mission's site: www.sahajmarg.org/abhyasi.

Thank you, with love,
Latin America Echoes team

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For feedback, suggestions and news articles please send e-mail to leatorres@casadalea.com.br