

ESPAÑOL FRANÇAIS

Amidst its differences, humanity very often finds itself working as one. Examples of cooperation, generosity and selflessness touch the heart, and the differences fade. In its pages One World One Humanity brings highlights of the association between Shri Ram Chandra Mission and UN DPI in communicating that ideal of oneness.

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One World One Humanity



Pg 1& 2, Photos: Brisbane centre

Clara from the Brisbane centre of the Shri Ram Chandra Mission celebrates the International Day of Families on May 15th, 2009. People young and not so young, men and women from different generations, the disabled and the abled and extended kin inhabit the rich universe of the family—the basic unit of society. The Mission organized outreach events in its meditation centres and ashrams in multiple cities in **Australia, Botswana, Canada, Malaysia, South Africa and the United States** in support of the institution of the family, highlighting its enriching role in the making of happy, harmonious, and resourceful communities and nations.

In observing the International Day of Families, one of the objectives of the United Nations is to “strengthen and support families in performing their societal and developmental functions and to build upon their strengths in particular at the national and local levels....”.

Families take many shapes and forms around the world; however, love is the bond that binds members of a family. During the programme, participants will meditate upon a non-denominational prayer for human integration and informally share with each other how individual bonds of love, trust, sacrifice and compassion within a single family can, and do, enlarge to embrace the entire human family. The programme also celebrated the unique nurturing role of the mother within a family. OWOH

Sahaj Marg Around the World

International Day of Families 2009, Malaysia

Nature Walk, UN Quiz, Nasi Lemak



KUALA LUMPUR:

On the occasion of the International Day of Families, Shri Ram Chandra Mission, Malaysia centre organized a Nature Walk with an ingenious way to make learning about the UN fun – a quiz session during the walk about the UN and on arboreal sights in the Perdana Lake Gardens. Abhaysis who are Hash runners organized the event charting the route from the Royal Selangor Club in the city of Kuala Lumpur to the Perdana Lake Gardens and back. Some five-Hash runners assisted the group that saw 60 participants, between the ages of 7 to 70, complete the walk in a full one hour! It was followed by the traditional Malaysian breakfast dish, Nasi Lemak (literally means 'rice in cream') and coffee.



There was a also very well-received documentary produced by a an abhyasi of the centre, Kridharan Komahan, that covered various topics such as DPI, the Mission, meditation and values in life. To add gaiety to the event, there were prizes for the winners of the questionnaire, and for those who completed the walk first. OWOH



Photos: Malaysia centre

“ Make out of your grihastha (family) life, a temple of love.”

– Revered Master, Shri Parthasarathi Rajagopalachari

Sahaj Marg Around the World

International Year of Reconciliation 2009, Australia



LEFT: An abhyasi of Shri Ram Chandra Mission at Griffith University's Nathan and Southbank Campuses. The aim was to encourage students to broaden their knowledge about the UN Charter (Chapter I, Purposes and Principles) and Resolution 61/17 dated November 2006, through a short presentation followed by a prayer for brotherhood and tolerance, to encourage the students to witness the feelings developing within the heart. Creating a feeling of love and universal brotherhood within the heart obviates the need for reconciliation and the development of prejudice, hatred and violence. OWOH

Sahaj Marg Around the World

Universal Declaration of Human Rights 2008, Europe

On the occasion of the 60th Anniversary of the Universal Declaration of Human Rights, 10 December 2008, Shri Ram Chandra Mission organized outreach events in its meditation centres and ashrams in 28 cities in nine countries across Europe. The following centres were involved in commemorating the Day: Vienna, Bruxelles, Paris, Montpellier, Marseille, Toulon, Nice, Lyon, Belfort, Berlin, Munich, Offenbach/Frankfurt, Monchengladbach, Galway, Dublin, Rotterdam, Nijmegen, Barcelona, Figueres, Huesca, Sevilla, Yerdon-les-Bains, Aberystwyth, Bristol, Cambridge, London, Manchester, Sheffield. OWOH

Photos: UK & Ireland centre



FILE PICTURES OF ABHYASIS AT BROOMLEE ASHRAM, SCOTLAND, UK: Broomlee is the main meditation centre in the United Kingdom and Ireland. It is in the Scottish Borders region, 15 miles southwest of Edinburgh, just outside the pretty village of West Linton. Broomlee is in a quiet setting, looking out onto green fields, trees and the Pentland Hills. There are many beautiful walks nearby.

Broomlee was inaugurated by Revered Master, Shri Parthasarathi Rajagopalachari in 1998, and since then many people have visited for seminars, smaller gatherings and for individual visits.

Broomlee is used for most main seminars held in the UK and Ireland. It is also used for other events, for example the very popular English Language School which is held every summer. It is also available for abhyasis and their families who want to come at other times. OWOH



Sahaj Marg Around the World

International Year of Reconciliation 2009, India

2009 Annual All-India Essay Writing Event



Shri Ram Chandra Mission, in collaboration with the United Nations Information Centre for India and Bhutan (UNIC), will organize the Annual All-India Essay Writing Event in commemoration of International Day of Youth, on 12 August 2009. Through its research arm, Sahaj Marg Research and Training Institute (SMRTI), the Mission has been conducting the essay writing event since 1989 reaching thousands of students. This year, a first of its type collaboration between SRCM and the UNIC promises to offer students some unique opportunities.

The essay writing event will be organized in educational institutions across the country. Every year the event sees enthusiastic participation from the best of schools and colleges, with thousands of students contributing to this unique exhibition of the essence of India's youth. This year, in recognition of the UN's theme of **reconciliation**, the essay topics are designed to encourage ways and means to facilitate and enable reconciliation, and hopefully bring about a prevalence of peace where there shall be no need for reconciliation.

At this one of a kind event in India, participants will be allowed to express themselves in 13 languages: Assamese, Bengali, Braille, English, Gujarati, Hindi, Kannada, Malayalam, Marathi, Oriya, Sanskrit, Tamil and Telugu and vie for national, regional and school / college level recognition in each of the three categories of participation. Apart from bringing laurels to their institutions, winners will have an opportunity to present their views at a prize distribution ceremony jointly hosted by SRCM and the UNIC in New Delhi. To decide the top prize-winners, the authors of the best essays may be invited to appear at a national event to present their essays.

CATEGORY 1: GIVE LOVE GET LOVE

Classes 6 to 9, approx. 750 words

Love is an expression of all that is good and balanced within an individual, and irreconcilable differences vanish in its healing embrace. In allowing love to find expression through one's self, it ennoble the self. In the giving of love is therefore gaining it.

CATEGORY 2: DO UNTO OTHERS AS YOU WOULD HAVE OTHERS DO UNTO YOU

Classes 10 to 12, approx. 1000 words

This ancient and contemporaneously relevant spiritual maxim, also known as the Golden Rule, resonates in every system of faith that the human imagination devised since the dawn of time so that individuals and nations grow in love and compassion in the highest practice of peace.

CATEGORY 3: LOVE HAS HOPE, HATRED IS HOPELESS

College Undergraduate/Graduate, approx. 1000 words

In a world where individuals strive to live a serene and balanced existence, love helps overcome the confine of intolerance and gently creates the environment for patience, respect and acceptance of differences. Love is a carrier of hope, lighting the pathway to reconciliation, often obviating its need altogether; while hatred, in its indifference to the appeal of reconciliation, is hopeless.

WHAT IS SMRTI?

The Sahaj Marg Research Institute was established in 1965 to further explore the connections between our direct experience of spirituality and the wisdom that is to be gleaned from other sources in the field—namely tradition, literature and contemporary discovery. In January 2000, the Institute was expanded in its vision and structure and renamed the Sahaj Marg Research and Training Institute or SMRTI, adding an educational branch to the organization which has provided numerous workshops and intensive study sessions at different venues worldwide. In the past decade the Institute has focused on research and training worldwide, developing seminars and workshops aimed at deepening our understanding and practice of Sahaj Marg, developing programs for youth, creating the foundations of the Value Based Spiritual Education program, as well as archiving, translating and publishing Mission literature.

Several papers and articles have been written in connection with the research and group study which have been published either in journals or in book form since the creation of the institute. Research has also been conducted at universities by graduate students aspiring to M. Phil and Ph.D. degrees.

Those interested in participating in the work of the Institute may approach the Director of Research at SMRTI (director@smrti.org) for details. Please note, there is a minimum qualification of post graduate work in the humanities (languages, history, philosophy, psychology, education) to participate in the work of the Institute.

Lalaji Memorial Omega International School Teachers Share Ideas on Teaching Peace and Human Rights at UN Conference



Lalaji Memorial Omega International School (www.omegaschools.org) students and teachers who took part in the 11th Annual Students Conference on Human Rights in December 2008. In May 2009, Omega school teachers took part from Chennai via videoconference and at UN Headquarters in New York at the Fourth Annual Conference on Teaching for Peace and Human Rights. Omega School is located in Chennai and offers Cambridge University's International Examinations and Indian Central Board of Secondary Education certifications. Photo: Omega School

CHENNAI / NEW YORK

As reported in the pages of *One World One Humanity, Volume 2, Issue 2*, on December 5th, 2008, a team of eighty Omega students from eight to tenth standards took part in a United Nations Video conference along with 100 students from eighteen countries worldwide. The theme for the 11th Annual Student Conference was "Climate Change and Human Rights." UN staff in New York gave Omega students heartwarming feedback and told us how impressed they were with the commitment and skill of the team of teachers who supported them.

As one UN staff member expressed, "It is not hyperbole to say that the [Omega] students' performance evoked genuine appreciation and respect for the school and its teachers, they did the country proud as well."

Flowing from the success of the student conference, Omega school teach-

ers were invited to participate in the "Fourth Annual Conference on Teaching for Peace and Human Rights" hosted at Adelphi University and at UN Headquarters and organized by the non-governmental organization Global Education Motivators and Adelphi. A team of a dozen teachers in Chennai via videoconference plus a pair of teachers representing Omega joined 73 others at UN headquarters and participated in a lively discussion about how to implement peace and human rights education in school curriculum and school life.

The conference brought together teachers, public education administrators, UN staff, and the NGO community for a global dialogue about integrating peace and human rights education into the classroom. Teachers wrote up a Teacher Declaration to support UNESCO's International Decade for a Culture of Peace and Non-Violence for the Children of the World campaign (2001-2010). The purpose of the event was to provide a forum for teachers from around the world to

collaborate on and bring international education issues to the forefront. Workshops focused on helping teachers engage their students in global education issues while demonstrating how peace education could enhance curriculums. OWOH

(Sources: Omega school & GEM website)

NAVARATNAS (NINE GEMS) OF LIFE

Building on UNESCO's Core Values, the Lalaji Memorial Omega International School has adopted the Nava Ratnas (nine gems) of life:

- *Health and Nutrition*
- *Self Awareness/ Self-Management*
- *Environmental morality*
- *Citizenship*
- *Sensitivity & Creativity*
- *Truth & Wisdom*
- *Peace & Justice*
- *Love & Compassion*
- *Spirituality*

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12 AUGUST, INTERNATIONAL YOUTH DAY

20 SEPTEMBER, INTERNATIONAL DAY OF PEACE

22 NOVEMBER, UNIVERSAL CHILDRENS DAY

10 DECEMBER, HUMAN RIGHTS DAY