



Asian Seminar, 23- 27 June 2011, Klang- Malaysia

Beloved Master arrived in Malaysia via Silk Air from Singapore on the 22 June 2011 at 2.05pm. He looked very cheerful and was welcomed by a group of abhyasis at the airport.

Master arrived at the Klang Ashram in a jubilant mood and was lovingly welcomed by some 200 abhyasis. He greeted everyone with a "Salam". His arrival was marked by his immediate attention to the inauguration of the Klang Ashram. With great joy Master proceeded to cut the ribbon and reveal the plaque which reads as follows:



SAHAJ MARG DHYANA NILAYA OF SHRI RAM CHANDRA MISSION IS DEDICATED TO THE DIVINE PRESENCE OF SHRI RAM CHANDRA OF SHAHJAHANPUR (U.P) FOUNDER PRESIDENT OF THE MISSION BY P.RAJAGOPALACHARI ON THIS DAY 22 DAY OF JUNE.

Master then took a tour around the ashram and said, "This house is history!". Master solemnised the inauguration of the ashram by conducting a satsangh.

Master stayed the night at the ashram. The next morning Master said, "After an event such as the inauguration, it is customary to stay the night in the same place. I have done that. Now I can move to the seminar venue to be with abhyasis.". Master conducted all the satsanghs from the day of the opening of the seminar on the 23rd, till the morning of the 26th.

At the seminar five speakers gave very thought provoking talks on the theme 'One Heart and One humanity.'" Many felt it was quite a spiritual education. The souvenir issue on the theme 'One Heart One Humanity' was released and Master signed several copies to raise funds for the ashram. The seminar agenda included talks, meetings, and many cultural programs from the various countries present.

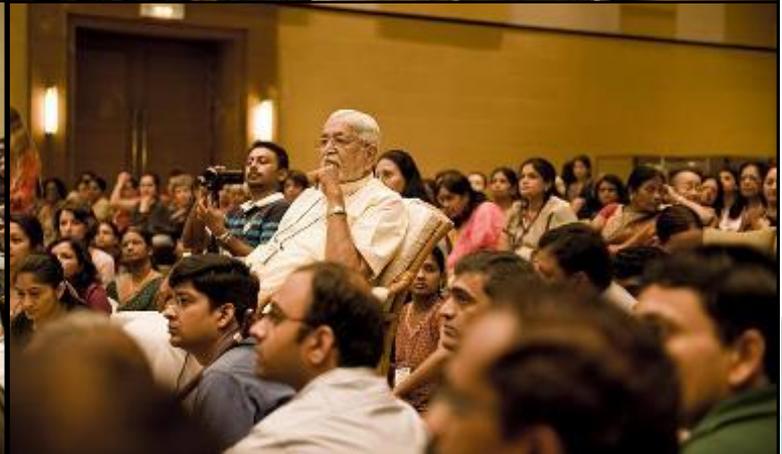
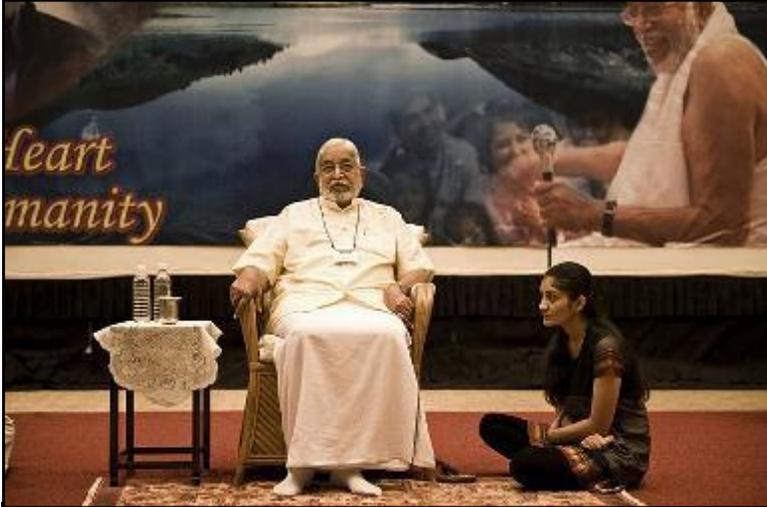
Some golden words from Master during informal talks with Abhyasis:

When an abhyasi asked Master for His availability to meet abhyasis. Master emphatically replied by saying, "I am up to everything - all the time." When asked if love is an experience? Master replied by saying, "Love is a quality of a relationship between me and my maker. Like love between mother and a child. You can not love without pain. Love means pain. If there is no pain, then there is no love." The main teaching, if there is a divine teaching is "Don't be afraid". About the inevitable, He said, "You can neither be afraid nor try to run away from it".

Master left on 27th June 2011, at 8.45a.m. back to Chennai on Jet airways looking very happy and cheerful. We are deeply grateful and thankful to Beloved Master for taking the effort to be with us on the occasion of the Asian Seminar and making it memorable. We wished Master "Selamat Jalan", (safe journey) and knew in our hearts we would "Berjumpa lagi" (meet again).

Content:

1 Asian Seminar, 2 Photo gallery, 3 to 5 Abhyasis Insights, 6 Youth Retreat (Singapore)





Ashram: A Huge Responsibility By Anand, Malaysia

During the Asian Seminar in July, our ashram in Klang was inaugurated by Beloved Master. Many of us would feel ecstatic that the dream of having an ashram in this region has finally materialised. This feeling should now be translated into a feeling of responsibility towards this new ashram. It has been said many a time that we should feel that this ashram is our own and we should contribute to it in any way we can. Contribution does not only mean in the monetary sense but even utilizing it as much as possible is a contribution of sorts. Taking care of the ashram as it being our 'home' is also our duty and responsibility.

It is common knowledge that a lot of effort is needed in sustaining an ashram. We do not need to be compelled to be responsible towards the ashram but it is something that should come naturally to us. This would only be possible if we all have a sense of belonging to the Mission. As pointed out by Brother Krishna during the seminar that if we are unable to sustain the ashram, alternative plans would have to be considered. This should not be construed in a negative manner, but we should rather see the underpinnings of his comments. If the ashram here is unable to be supported, should not an alternative be put in place? Should we not place the growth of the Mission in this region as the utmost priority? Regardless of where the ashram is located, in the spirit of brotherhood, there is no point in feeling upset if the ashram is suggested to be moved to a more conducive location where it is appreciated and its benefits fully derived by the brothers and sisters at that location.

The question is, we have been given an opportunity here in Malaysia to have an ashram. Are we going to support it and spur the growth of the mission or are we going to lay back and think that the battle is already won. This is a question that everyone needs to ask oneself.





Tiruppur 2011 *By Balakrishnan, Malaysia*

Not only does Master answer our fervent prayers but even trivial yearnings are fulfilled if they are sincere and wished from the heart.

Seventeen abhyasis from Malaysia travelled together to Tiruppur in July 2011. The responsibility to lead them rested on my shoulders as Br. Ramesh left for Chennai earlier than the designated date. My responsibilities were made easy by Br. Ravi of Trichy who arranged transport from airport to Tiruppur and back after celebration. The registrations were fast tracked as most of the abhyasis' were above sixty years.



We arrived at Tiruppur on the 20th afternoon and were received with welcome drinks. Greetings were exchanged and we were updated about the programme during the celebrations.

The weather was windy and the entire area is filled with fine dust. I fell sick two days later as I am allergic to dust and developed breathing problems. Medication prescribed by our medical team was of no help due to the continuous inhaling of dust. I gradually became weak, most of the time I had to rest. However I made it a point to attend the morning satsanghs, though I was not able to sit through the programmes that followed. On Master's birthday after satsangh I slowly walked to the bus which would take me back to the dorm. As I sat in the bus catching my breathe, I glimpsed at the dining hall and thought to myself. "I could be the only person leaving this celebration without having taken the prasad". I walked into the empty dorm and lay down, still breathing heavily, and feeling remorse. Gradually dorm mates returned, Br. Ramesh came and gave me a gist of Master's speech, I felt elated listening to it. As my condition was not changing, I was taken to the medical centre by Br. Girish and put on nebulizer.

The change of medication helped me tremendously. Next day, after satsangh, I was able to eat some food offered to me by an abhyasi. While eating, I was thinking of all the different ways that my abhyasi brothers took care of me and my needs. This is really Master's way of fulfilling abhyasi yearnings. After the breakfast, I went around the venue with another brother and his family. We took photographs of the beautiful decorations. Later in the day I immersed myself in thoughts about Master and his speech.

The need to be a sincere abhyasi dawned on me and the urge to serve the Mission arose in me. Back in Malaysia, I have started taking initiative to serve when the need arises, not limiting myself to only serve my centre but also expanding to rest of the centres in Malaysia.





Blessed By His Grace *By S.L.Rao, South Korea*

We all were in a jubilant mood due to the presence of our Divine Master during the Asian seminar in Klang. The seminar venue 'Hotel Premiere' became more vibrant with Master's presence and we could feel his grace. We were all looked after very well by the organizers.

Master stayed on the 15th floor suite which as usual had many abhyasis waiting outside all through the day giving the feel of being outside Master's cottage!

After 5 days in Singapore, followed by 3 days in Klang, Master looked tired on Saturday morning. Close associates advised Master to send a representative to conduct the satsangh but He insisted and conducted the satsangh. There are no words to describe Master's commitment and dedication. Thought provoking talks given by various personalities on the topic 'One Heart One Humanity' touched our hearts deeply. There was laughter not only from abhyasis but Master himself while watching few scenes in the skit on Master's life.

Our new ashram for this region has a beautiful look and we are extremely grateful to Master and donors for providing us this wonderful place to call 'home'.

The seminar was a wonderful event for all of us and an opportunity to be with Master especially for those who would be missing the July 24th birthday celebrations.



Philippine Centre Update

The Philippine Centre celebrated Master's birthday with morning satsangh on July 23rd and morning and evening satsanghs on July 24th. The videos 'The Master and the Abhyasi' as well as 'The Importance of the Guru' were shown.

On August 10th and 13th 2011, the Centre had the privilege of having satsanghs with Br. Nitin Govila, region-in-charge. With Br. Nitin as the speaker, an information session was held at the Asian Institute of Management in Makati City, Metro Manila, on August 13th.





Youth Retreat

Singapore, 26th to 28th August, 2011

While thirty two young hearts waited to board the ferries at the Marina south pier, one could sense an air of energy, enthusiasm and excitement. None of us knew what the outcome of this retreat program was going to be, but we were happy being in the present and enjoying the moment.

The topic of the weekend getaway at St. John's Island, was "Change". This topic was chosen as change is inevitable, and perhaps the best possible time to change is when one is young. The day started with a few ice-breaker games; it seemed to work like magic and quickly warmed up everyone.



The program which was facilitated very well dealt with several aspects of change. In specific we worked on topics of: what we wanted to change; the only way to bring change i.e. to change ourselves; making right choices and what the blocks are within us which prevent us from changing.

At the end of the day when it was the time for reflection, everyone shared what they had learnt. We understood that we had a lot of home-work to do. At the same time we were made aware, that there is hope with Sahaj Marg and we have Master to support us all through our journey.

While sessions in the classroom were helpful, some creative team building games and situational problems tested our abilities. We had to work together, listen and empathize with each other. It was through these moments of laughter, play and fun, that we were able to overcome inhibitions, language barriers and have a heart to heart connection.

As we concluded the program there was a feeling of unity in our hearts. We felt prepared to face changes and take part in activities relating to the Mission. To sum up, a few words of inspiration would be pertinent:

If you have built castles in the air, your work need not be lost; that is where they should be. Now put foundations under them.

Henry David Thoreau

New appointments in the region (Far-East & SE Asia):

Bro. B Rajesh: Regional Training Delivery

Bro. B.S. Venkatesha: Regional Secretary (Regional Data & Operations Support)