

*My Beloved Master  
Revered Babuji Maharaj*

*Whispers from  
The Brighter World*

*Monday, March 26, 2001 - 8:00 AM*

**Q**y dear son,

"Protect yourself more. Abhyasis do not imagine the responsibilities you are loaded down with. Your role should largely be focussed on spiritual work. You do not have to deal with their personal matters, which they must themselves manage supported by their sadhana.

"Be firm on this point. Your health is more precious than everything that moves around questions related to our candidates' material life. They must grow and come to terms with themselves. Our method must make them strong, in all aspects of their life. Organize your own life in such a way that you do not overexert yourself. You must be able to continue your work in all areas of the globe where it is necessary.

"My dear son, your mission is heavy but glorious. Your footsteps illuminate the Earth where you walk. You are great and you accomplish what you came for. Do not lose heart. Even if you don't realize the greatness of your mission, it is of an extreme importance. All your undertakings are judicious; they are part of a plan scheduled well in advance.

"Some unforeseen difficulties cause delays, but they do not matter. Everything that must be, will be. Take heart and have confidence in you and us."

*Babuji*

*First Selection (Messages referring to the Master, Mission and method of Sahaj Marg)*