

SHRI RAW CHANDRA MISSION®





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Master's newsRev. Master's 86th birthday celebrations

Sahaj Sandesh n° 2012-15 • Thursday, 21 June 2012

CDear brothers and sisters,

I am very happy to inform you all that Rev. Master has been kind enough to permit us to celebrate His 86th Birth Day at Diamond Jubilee Park, Shri Ram Chandra Mission Ashram, Tiruppur (Tamil Nadu) from 23rd July 2012 to 25th July 2012. It will be an international level celebration for abhyasis all over the world. I invite all abhyasis to participate in this celebration and be in the presence of our Beloved Master. Detailed information will be sent in Sahaj Sandesh 2012.16, 23 June 2012 and Sahaj Sandesh n° 2012.18 Saturday, 30 June 2012."

Regards, Kamlesh D. Patel

Visiting Master in India in February 2013

Dear brothers and sisters. It is with great joy that we have just received the news from our beloved Master agreeing to receive the abhyasis from Latin America, at the Manapakkam ashram, in Chennai, India, in February 2013.

In order to allow us good planning for this event, we would appreciate it if all those interested advised us of their intention to participate, via e-mail to:

- Marie Brouard (e-mail: mariebrouard@yahoo. com) - Caribe e Antilhas Francesas – Guiana
- Bani Surapu (e-mail: us.treasurer@srcm.org
- Belize / Costa Rica / El Salvador / Guiana / Nicarágua / México / Venezuela / Colômbia / Equador / Guatemala / Honduras / Panamá / Suriname
- Luiz Alberto Degani (email: deganito@gmail. com) - Argentina / Paraguai / Uruguai / Bolívia / Chile / Peru
- Brazil e-mail to: srcmbr@gmail.com

 Please inform your full name.

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In the next few weeks we will provide you with



more details regarding the dates of the trip and the stay at the ashram in Chennai.

We encourage all of you to seriously consider enjoying this unique opportunity to be with Master.

SRCM – Latin America

Glimpses



Some short videos called "Glimpses" (http://www.sahajmarg.org/glimpses) provide glimpses into the activities occurring at the Babuji Memorial Ashram in May, mainly groups' visits and the work for the roof renovation of the meditation hall.

The roof tiles of the meditation hall were removed,

a fresh layer of concrete was laid to repair the seepage that had occurred. Volunteers from many centres have been coming during the weekends to help with this work. The regular satsanghs were shifted to the basement of the library block and only Sunday satsangh was being conducted in the meditation hall.

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Meeting groups at the Ashram

On May 11, Master met with approximately a hundred abhyasis from Bidar. He spoke in Hindi and then gave a sitting to all. On Sunday May 13, he conducted satsangh after which Br. Chakrapani gave a short talk in Tamil and emphasized the fact that the human capacity to help others, especially in moments of need and adversity, is enormous; much more than the power and capacity of machines. With Master as our guide, we should use these hidden capacities within us to overcome all hurdles and reach our spiritual goal in the shortest time.

A group of abhyasis from Andaman and Nicobar Islands and another group of abhyasis from Hubli were in the ashram for about a week as of the 15th of May. Master met those 100 abhyasis on the18th, and gave a talk and a sitting. In this talk *Space, Time and Profound Meditation*, he said, "Distances of space and time become unimportant if there is love." He emphasized the importance of love and constant remembrance. Master conducted a full one-hour satsangh on the 20th of May. In the afternoon, as the London ashram was being inaugurated, he had a video call with the abhyasis assembled in the London ashram.

Master was in Gayathri from May 21 to 26, and abhyasis were asked to refrain from going there. Back to the ashram on the afternoon of the 26th, he was very busy in the evening with some abhyasis from

Mumbai, discussing their ashram project. On the 27th, Master conducted the satsangh for about 600 abhyasis who had come from various centres in Karnataka & Coimbatore and also from Chennai and nearby centres. Later, in his speech, he especially emphasized the topic of Love and said, "If we cannot love Him who loves all, how can we love all whom He loves?" On the topic of abhyasis' growth in terms of points and regions, etcetera, he emphasized by pointing upwards, "If we are not there, we are nowhere," saying that we should not give emphasis on points and regions, but focus on reaching the final goal and not any intermediate steps.

Master was again in Gayathri from the 27th to the 31st of May. He came to the ashram on the 31st to meet with the 25 abhyasis from Goa. He gave a speech and then conducted satsangh. In his speech, he emphasized the fact that the Sahaj Marg practice is a very simple and effective practice and that there should not be any problem explaining such a simple practice to everyone.

On June 1st, Master inaugurated the conferencehall Not sure what is being said in the highlighted area above the library as well as the week-long seminar for the Omega school children from the two batches which have passed out. He spoke to them and then gave them all a sitting. He left for Gayathri in the afternoon.

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Attach Yourself to the Heart

International Scholarship Training Program

Chennai, India • 11 February 2012

ear sisters and brothers, I will not say I am happy to see you here because it is time that we were all together. And it is something of a modern problem that we cannot be often together, and opportunities are denied economically, politically and [in] so many other ways for love to manifest in the right way. The vulgar manifestation of love of course is rampant. Once upon a time, it was only in animals and birds that we could see public displays of what we call love but which animals don't understand as love. For animals, it is the instinct to propagate the species - nothing to do with love, lovemaking, and all that sort of nonsense. Unfortunately, in human beings it has become so vulgarized that sometimes it is difficult to speak about it in a mixed audience - by mixed, I mean not only men and women but so many cultures, so many traditions, so

many religions, some of whom may take, shall we say, objection to what I say and most of whom may take

objection because it is happening in their lives or in

their cultures. But what is vulgar is vulgar, whether it

is Spanish or Yugoslav or China or India.

Now, we are here – twenty-seven countries as brother Alberto said, and I am sure that there are six or seven languages out of these twenty-seven countries; yet we are all together in a crazy country called India. Why are we here? How are we here, we know; we have come by air, some may have walked sometimes, maybe bus travel, train travel. So the 'how' is not important; the 'why' is important. Why are we here together? What has brought us together? Surely it is not our religion, not our culture, not our language, not the color of our skins, because these are the four things that divide human beings throughout the world: color of the skin, the language, the culture, the religion. Which is the most important divisive force? Culture - not so much; color of the skin, I don't believe is so important – maybe under certain conditions; language, to a very little extent. In my mind, it is religion that divides people more than any other single force.

Now, "In religion," my master used to say, "there is no God; for God there is no religion." All religions claim that God is in their religion. And yet, if that is true and if God is the god of the Catholics, the Protestants, the Jews, the Chinese, the Indian, the



Buddhist (of course, they don't have a god), if he is the God who speaks to them, should we not all say our God is the same, worshipped differently in different countries? Then why do we fight about my god and your god? The wars of the Saracens, the Crusades, people killing each other over fifty, sixty years, millions of them from the westernmost part of Portugal to the Middle East. You remember those wars? [They were] supposed to be religious wars. Now religion says, "God is love." How can there be religious wars? Because people never thought, you see. They were drunk with their religious fervor, [with] whatever their religious chief or their king said. So, religion has been politicalised, politicized, and we obeyed our political bosses, our rulers, whether it was Richard the Lionheart (Richard Cœur de Lion) or some other chief somewhere, and we killed ourselves needlessly, inhumanly, continuously.

So, we have to go to God maybe through religion in the first step – the very first step like the kindergarten in school, and then go beyond religion. That is what spirituality is all about. Spirituality does not ignore religion, does not negate religion, but says, "Go beyond religion," remembering that what my master said is true: God has no religion; religions have no God. Religions have only dogmas, have popes, have priests, have whatever else you call them; they dictate to us.

When I was in Europe long ago for the first time (I think it was in 1984), I used to ask many of our brothers there, sisters there, why they don't go to church

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– because [of] the Christian habit of going to church on Sundays – I found many people don't go. They said, "Christianity makes us feel guilty." You know what guilt is? It is a terrible thing. If you give poison to somebody else, you give it in a cup or in an injection or in a glass or smell it through a flower, but if you want to kill yourself, the poison is guilt. Culpabilité [guilt], the French say. "Mea culpa [I am culpable]," says the Christian religion. Any religion which makes you feel guilty is a poison to you, is a poison to your soul, and like we don't take poison when we eat or drink, we should not allow our souls to be destroyed by this feeling of guilt which keeps separating us from God, which puts fear in us, guilt in us.

Spirituality says, you are what you are; you are the children of God, as you are. You can be what He wants you to be, without having to feel guilty, like a child who has been playing in the mud, goes to its mother and is cleaned up. God is one who loves us, God is love, and if He is love, He cannot do something to me against my interest, against my welfare, against my growth. You understand all this? It is not something foreign to your culture or to your religion. I see so many, for instance, statues of Jesus Christ, 'Suffer them to come unto me.' I interpret it as, 'Permit them to come to me.' Who is he telling, "Permit them to come to me"? Who? Obviously it is the church and the priest, who are keeping you away from your God. Isn't it? That is why in Sahaj Marg we have no priest, we have no temple, we have no worship; only my heart. In my heart is my God - every religion accepts this. This is the seat of divinity in the human body, in the human system. Therefore, why do we have to go anywhere to worship Him who is in my heart? So spirituality says, meditate. Meditate on Him who is in your heart, by closing your eyes. He needs no language. Silence is the language of God, says Sahaj Marg. Close your eyes, be silent, connect with Him in that silence, with love. This is all that Sahaj Marg is, this is all that Sahaj Marg requires, and this is all that is possible to take you to Him who is inside you. So this I am speaking from my heart to you.

I was born in a religion (Hinduism); I no longer have a religion except the religion of my heart. The French pronounce it 'art' [chuckles] because they have the trouble with the 'h', you know. But the heart has its art; it is not a science. It is the soul. It is God. When we love each other from the heart, it is soul speaking to soul; it is soul trying to keep contact with another soul to establish a permanent relationship with that soul. Marriage is of the bodies; if the soul is there

— wonderful! That marriage lasts, it is for all time. Otherwise, it is a cheap vulgar thing. Two bodies coming together without the heart is no better than two dogs on the street. You may or may not agree, but that is the truth. If I hurt any of your sentiment I will not apologise because I cannot apologise for telling you the truth. Isn't it? Should I apologise to you for telling you the truth? Not atall. Therefore, I say, "Accept it, please," because you know in your heart that that is what it is, though you don't like to be told by somebody else that it is what it is.

So true love does not come from anywhere else in the body except the heart, and if a relationship between two bodies does not have the heart to bring them together, it is vulgar. It may give pleasure, it may give ecstasy, but so do drugs; so does alcohol. Therefore, they are linked together: drugs, alcohol and sex. If you read it in the reverse way, sex, alcohol and drugs – s-a-d (sad). Any of them that bring human beings together, any one of them is sad. What do you say for 'sad' in French? Tres triste [very sad]. Mauvaise [bad]. Coupable. Coupable pour qui? [Guilty. Guilty for what?] Pour la meme [chose] [for the same thing]. So this is what I have to say.

Try to rise above this through spiritual life. As you go and start meditation and get in touch with your heart, you will find that most of these things – they renounce you; you don't have to renounce them. Religion says, renounce; spirituality says, it is not possible for you to renounce but if you are in contact with this [heart], all these things will go away from you. We are waiting to renounce; we don't have the will power. Many of us don't want to renounce because these are the things... I have heard many people who are on drugs and all these things, say, "But, Chariji, I love them. It is the only thing that gives me the ability to stay alive in this world."

So if you are thinking of renouncing it, don't. Just say, "I will attach myself to my heart, to the divinity inside me. This will enable me to attach myself to other hearts, forgetting their bodies." This will overcome all barriers of religion, of language, of culture, of geography, of tradition. If that is so, human beings come together like we have come together here today. And for that I thank my master. I thank my master who is in my heart, who is my God.

I pray that you will all succeed in this.

My blessings are with you.

Thank you.

Seminar in Istanbul

'Make the heart alive'

On March 9th to the 11th, we had a seminar in Istanbul on the theme 'Make the heart live', which gathered around 30 abhyasis from Romania, Moldova, Latvia, Germany, Italy, Switzerland and France. The event took place at Galata Tower, located in the heart of the city.

The gathering consisted of introspection sessions where each abhyasi would reflect/meditate on the readings/talks presented after satsangh, information sessions (for aspirants seeking spirituality), Q&A sessions with the new abhaysis. Br. Fausto Russo (Italy) and Ilya Kazmaly (Moldova) answered lot of questions and concerns raised by the local abhyasis.

Eloquent talks on the theme were given by Sis. Ela Coziaruc and brother Razvan Caragea (from Romania). Br. Mihai Cozariuc (Romania) and Sis. Nadine Nos (France) led a discussion to encourage visits and exchanges between the Balkan countries.

On Saturday afternoon the local abhaysis organized a 'city tour' and showed us the spectacular architecture and historic sights in Istanbul. It was encouraging to see youngsters starting meditation!

This seminar provided a wonderful opportunity for the local abhaysis to get more involved in the Sahaj Marg system. We are grateful for this wonderful seminar and pray for the further development of the mission in these countries.



New Abhyasi

By Santa, Istanbul, Turkey

To be a newcomer anywhere is always especially interesting and memorable. Everything is new for you and you remember it with special feelings that happen only the first time. No knowledge, no attachments, no expectation-it is just the moment. Everything that comes your way, you take deep inside yourself and you pay attention to many small details that are going on.

It is interesting to observe what is happening around you, to notice what is going on inside and what are your own reactions towards situations. My heart was calm and ready to go this way, but my mind was suspicious, distrustful, doubting and judging a lot. Thank God there was at least some understanding on my part deep down inside which said, "I have to try it. I have to give it a chance." So I did, though, it wasn't easy. Sometimes it was heavy, sometimes it was aching, sometimes I was losing it, sometimes it was too shallow, and sometimes it was too deep. The fact that my ego is chaotic wasn't anything new, so I knew that I just had to keep on going and get my mind as peaceful as my heart has always been.

My personality is such that I first observe and get to know the place, people and opinions, and then only later, I express myself and share my own opinions. So during discussions I didn't get involved, but I liked the fact that what was in my thoughts and my heart was also expressed by others and found in the quotations, from Master.

When I think of the seminar, I see many satsanghs one after another, long walks, some discussions, chitchats, short Istanbul tour and huge portions of food. It was a nice change for me to be with vegetarians, because now I live among Turkish people, who love meat. They will look at me with big eyes and enormous surprise, if I tell them I am a vegetarian, but here it was natural to be a vegetarian. For everything that is valuable the time flies and implacably rushesforward. There was no exception this time as the time to say our goodbyes happenedquickly.

I believe that it was a blessing for me to meet a friend one week before the seminar who started to speak with me about Sahaj Marg. This is how I was introduced during the seminar.

Fortunately, a few days after the seminar and after reviewing the whole thing over and over, I understood how greatly blessed I was and how lucky I am to get involved in this. So I am very thankful and grateful for everything and to everyone.

Activities in the Latin American Centers

Brazil

Invitation – Sahaj Marg Meditation Seminar

Garopaba - SC - Date: July 20th through 24th, 2012

Workshop: THE IMPORTANCE OF CLEANING IN THE SAHAJ MARG PRACTICE

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Master's birthday celebration on the 24th

Dear Abhyasis,

It is with great pleasure that we invite you all to participate in the next Sahaj Marg Seminar, to take place in Garopaba – SC, at the Residencial Dornelles da Costa, from the 20th to the 24th of July, 2012. On this occasion there will be a workshop on:

- THE IMPORTANCE OF CLEANING IN THE SAHAJ MARG PRACTICE
- On the 24th of July we will celebrate the birthday of Chariji, our Beloved Master.

In order to facilitate the seminar's organization, the registration will be online. It is fast and easy. Just

click on the link below and fill in according to the instructions.

The deadline for registration is Sunday, July 15th, 2012. The obligatory fields are marked with an asterisk. Click continue to proceed to the next page, and at the end, click on submit. In case of doubt, please contact us at srcmbr@gmail.com.

Make your registration by clicking the link below:

https://docs.google.com/spreadsheet/viewform?for mkey=dHNINXpianRvbUROY252M21DSkFfR0 E6MA

The Organizing Committee

Celebration of Babuji's birthday in Brazil

Brazil celebrated the birthday of Babuji Maharaj with a Seminar at the Pousada Fazenda Maristela, in Tremembé – SP. Fifty-nine people, including children and family, participated in the event, which lasted four days. It started on April 27 and ended on May 1st.



Babuji and I

Marta Toledo, São Paulo, Brazil

The challenge proposed to me by sister Léa Torlacktriangle res, editor of the *Latin American ECHOES*, to write about the subject "Babuji and I", seemed to me in the beginning, an impossible task. But on second thought, the exercise-tribute of writing about a Master of such high caliber appeared to be an excellent idea. And who is going to read it? Abhyasis who have already been in Sahaj Marg for some time and others who have just joined it? Yes, of course! But how are they going to react to my words?

If I were to think along these lines, better not to wri-

te at all, because either we are honest and sincere or we won't do anything worthwhile and significant in our spiritual life. One cannot just act formally; one cannot act solely from one's mind. Therefore, here I am, giving myself entirely to the task of writing with my heart, suspending any criticism. It pleases me to think that I am writing for Master and that the brothers and sisters I have just met at the seminar in Chile might also read it, those from Argentina, the sister from Peru and all those whose faces I carry vividly in my memory, without mentioning the Brazilians here

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Activities in the Latin American Centers

Brazil

and those living elsewhere, in India, in the United States, and in Germany. I am convinced of the need to collaborate and very motivated by these warm feelings so, let's start with Babuji.

Maybe I should begin by describing him, even though I have never met him. I keep relating his story to my own, for example, wondering where he was in 1985, the year I got married, or in 1990 when my daughter was born, when he was already my Master, but it would take me another nine years to know that? Thinking of everything I have gone through since I have known him, I can try to tell how he was. Nothing exotic, no outside force. Just like a letter from the alphabet, loose on a white sheet of paper, created by a school of art called Concretism, Babuji, a simple yet special figure, created a life-changing Mission for the world.

I enjoy the stories told about him. It is said that once abhyasis insisted that he visit the pyramids of Egypt, which he eventually agreed to do. Upon arrival, he looked at them and said: "Very well then, can we go now? His presence in the world had no other objective but spiritual work, which he performed all the time, wherever he was. Yesterday, I heard an abhyasi's reflect about the reason why, nowadays, Chariji goes so often to Dubai, and she thought that perhaps there was a lot of work to be done in the Arab world, and the Emirates are a confluence of those civilizations in conflict. It is wonderful to think about the absolute mastery over the use of time, all of the time.

A mat, a mattress on the floor, a wooden chair, long arms, languid hands, crossed legs, knees bent, an expression of inner comfort, a look which comprised the whole horizon. Light gestures, aquiline nose. Almost a mirage, a pale figure, a hookah, a transcendence and the greatest and the deepest love which someone can contain in oneself, in this and probably all the worlds.

The 30th of April has long been part of my personal passwords, and my lucky numbers, as well as the 24th of July and the 2nd of February. It is fine that they live within us, but one day they were born and this changed everything. And now, this ballast of divinity is extended to another brother, chosen by Chariji, who is arriving to guide us, and in the future will occupy the fourth place in the lineage of our beloved spiritual guides.

They participate intensely in everything, and they are

present during satsanghs, uniting us heart to heart. If, sometimes, we have the impression that we do not feel them, it is because we are not connected, as they are always present. This presence explains the lightness of the atmosphere and the state of bliss we feel after the meditation.

Their presence is only overshadowed by our emotions, which occupy the place they should be in. We also cease to be in tune with them when we get involved in negative feelings; restlessness, in general, prevents us from reaching this state. We have to make a choice. Ultimately, it has to be either them or us, because one who focuses on the heart cannot, mentally, remain in oneself. We learn in our daily life to wait for our mind to give up and for our thoughts to get tired and only then can we get into the state of absorption or meditation. Let us be strong while making our choices. Let us not argue about the discipline. Let us not invent our own way of practicing Sahaj Marg. Let us do it their way. In order to have access to all of it, they give us the most valuable thing - the transmission of spiritual energy. And through it, gradually and without any doubt we become better human beings.

At the beginning of spiritual life, there seems to exist a strong tendency to consider Babuji as the favorite among the Masters. For me too, at the beginning, he was the Master I was most devoted to; his photograph was the first I had at home. From all his books 'Towards Infinity' is the one I like best, not to mention the messages overwhelming us every day, coming from him through the 'Whispers from The Brighter World'. This is indeed the greatest of all graces given to us; these books which breathe, and whose content fills us with divine energy every time we read them; with impressive revelations often hard to assimilate. It was to him that my beloved Chariji prayed before giving me my prasad. We were in his cottage in Molena, one August morning, he, sister Léa and myself. We were made prefects together then.

After the day my daughter Irina was born, this was the most important and the happiest day of my life. Chariji's love for Babuji is the most beautiful love I have ever witnessed, far greater than the love of mothers for their children, because it refers not only to humanity but to all the universe. Does anyone wish to take the chance and say that he or she understands the extent of this?

Activities in the Latin American Centers

Chile

International Seminar in Chile

Subject: "The Sahaj Marg Way of Life" - From 13th to 15th of April 2012

There were 54 participants at the International Seminar in Chile, (including children). Five countries of South America were represented (Argentina, Brazil, Chile, Peru, Uruguay). Bill Waycott, from the United States, was also present.



The Sahaj Marg Way of Life

By Americo Galvan • April, 2012

E mbracing life in Sahaj Marg opens a channel that puts one in touch with the divine energy coming from the Master. It is like a spirit living in an infinite extension of the universe.

Everything originates from the energy, from the light, including us. We are light. Dreams are light. The dreamer is light. The soul is light. Energy is light. Every action and reaction begins in the spirit.

Spirit is this quality of the energy that enables any transformations.

It is the pure consciousness that creates everything. It is light itself, as it was said by Miguel Ruiz.

Therefore, when we learn the Sahaj Marg teachings, we improve on a personal level and become more disciplined. Although it may seem that we are the only ones to benefit from this, it actually isn't so. When we change, the benefit is extended beyond us, reaching all those surrounding us since they are filled with loving energy too. This blessing goes beyond our suppositions for in this state of love the person becomes useful to the world as an agent of transformation and change.

Exactly as it occurs with yeast in bread dough, the Masters contribute to this great transformation that is happening in the world now, moving from a level dominated by chaos, to another one of peace and harmony, peace and creativity.

All the weight of the inadequate thoughts, together

with greed and the desire to possess everything given to us by Mother Nature without considering whether we are condemning millions to starvation, slavery and suffering, besides the misuse of technology, which is being used by the powerful for self-enrichment rather than for solving the problems of the people of this planet, is all a direct warning to the heart.

Therefore, the Sahaj Marg way of life aims at helping as many people as possible so that they can achieve enlightenment and consequently create an inner and outer world of harmony and balance, according to each one's life style.

And as Master has taught us, when a sufficient number of people accept the Sahaj Marg way of life, accept the different look at the world, this will allow us to live free of guilt, judgement, worry and sadness. Then, all of the world will reach balance.

The new vibrations sent out by Earth will affect the vibrations of the solar light, and consequently, of the rest of the universe. We are an edifice of light, we are not the brain, we are not the heart; we are what makes our heart beat. We are light; we are life. Life makes use of all our tools in order to perceive, to transform, to express, to live and also to die.

Change begins in one mind only, and Sahaj Marg promotes this transformation, accelerating the change towards the peace on the planet.

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Activities in the Latin American Centers

Chile

I am always with you

Francisca López, Chile

ear sisters and brothers. In the last seminar held in Picarquin, Chile, we focused on a question and answer session from which we developed a theme and worked on it together. It reminded me of a similar experience, during which insights were revealed from situations that had been sharedand thesewere the most important. People do not often speak aboutthemselves, but at that meeting I remembered an episode that has marked my personal history. A particular experience occurred, which I can't help but remember strongly as a tangible presence of my Master.

One day in March of this year, I was preparing my art exhibition in copper for a gallery in Santiago (I live some 130 kilometers south of Santiago). The previous day I had assembled the artwork and rested in my studio. I was cutting wild flowers to put them in a small vase next to the picture of our beloved Master Chariji. I shared floor space with two other people in a century old house (over 100 years), thus I do not always hear what is happening across the workshop.

Peacefully after putting the flowers in water, I sat down and started to transcribe different annotations from an old notebook and transferring them to a new one that I started this year (2012). Suddenly, I heard a noise in the first room of the workshop; I thought it was one of my colleagues who had arrived. I then heard more noise, which felt a little stronger and violent coming from the second room of the workshop. I thought it was my other colleague who occupied that room. As the noise became very loud, I heard things fall and breake with more and more broken glasses. Then I said to myself, "How is it that my neighbor who had just left has returned so soon to create such a disturbance and mess?" Then I felt more glasses breaking and at that point, I went barefoot to see what was happening. I

quietly opened the latch on the door which led to the bathroom (the one that opens towards the outside) and what a surprise! I found before me a tremendous mastodon, a giant man holding a wrench in his left hand with which he was about to hit my head and face. In the other hand, a computer he had stolen from my neighbor.

And here is where I felt Master giving me a very strong power: I put my hands on my waist; I looked deeply into his eyes, so much so that it seemed to be an endless moment. I looked deeply into his eyes with challenge. Then I felt as if my body and my soul had been transformed into a mother, an aunt, a sister and a grandmother, and with a tone of reproach I said sweetly, "Ah, so this is how we are with this now?" We stood looking at each other a few seconds, without any fear. I felt that he was part of my life, part of my being, my brother, my son, my nephew, my grandchild, etcetera. In seeing and hearing such a thing, he was dismantled and put down the wrench, ran out terrified and threw the wrench far away. I saw him run and run through the village streets.

This reminded me of the constant teachings of Master Chariji stating that when we are in a difficult situation such as this one, where we cannot act in a logical way, or when we find it difficult to meditate, he said, "Believe that I am in your body." I felt the Master's body in me, during this very difficult situation. I felt my life totally and completely protected by our loving Master Chariji.

I shared this story at the Seminar in Picarquin ... and even today, our Master once again amazes me delicately when coping with complicated instances in our daily lives. We are one; we're still part of a whole in this life. We are human beings undivided; we are One, an eternal family, without limitations."

Southern Light

Alejandra Gonzalez Pinto

Recently at dawn,
Under a sovereign Cordillera,
I share with my Brothers and
Sisters of light

The weaving of luminous threads that create fine patterns of a celestial path

Light ethereal and originator Awakens and reveals fears causing us to tremble With pain and sorrow

The early light chases us with subtle warmth, teaching discipline through

morning rigour
with the loving promise of
awakening us
to a new dimension

Clear light, Cordillera light reinforcing our progress towards a true reality.

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Activities in the Latin American Centers

Colombia

Bogota Activities

On Saturdays, every two weeks, a cinema forum is organized.

On the first Saturdays of each month we have a collective session of sittings.

On Saturday the 14th of July, a reading forum is scheduled.

On July 24th, the Master's birthday Bandhara will be celebrated with a satsangh.

Understanding the mind in the light of Sahaj Marg

Humberto Cáceres, Cali

uring a fraternal spiritual meeting with the abhyasis of Cali, we shared the teachings of our Masters Babuji Maharaj and Chariji Maharaj regarding our mind's real nature and its importance in our evolution from the original source. It became clear that our mind is merely an instrument of the soul, and that real meditation is the only way to regulate the mind. In his enlightening work The Efficacy of Raja Yoga in the Light of Sahaj Marg, Babuji Maharaj teaches us that what we call mind shares the same nature of that first movement originated by Divine will, which activated the latent powers of the universe. This wonderful discovery, fruit of our Masters' pure vision, is the base and the ground of the Raja Yoga, for since divinity shares

the same root of that first movement called mind, the conscious work on thought should put us in touch with its root, its original source.

By understanding the origin of our mind as the base of the Raja Yoga we practice, we can understand more deeply the importance of our system of meditation as a fundamental tool to regulate our mind, and therefore use it more adequately to achieve the objective of our human life. Therefore, this fraternal meeting aimed at understanding the intimate corners of our inner life will provide us a clearer idea of the spiritual path we follow, as well as enable a more adequate use of the tools that will help us conclude this journey until its final realization.

Sara Alape, Cali

n March 31st, 2012, a regional seminar took place in Cali: "The Mind in the light of Sahaj Marg". It was an opportunity to reflect upon the role of the mind as a high impact tool where creative impulse and human thought merge and can be applied for both divine purpose and self-destruction. The mind is empowered by a social, cultural and historical context that aligns it and sets priorities according to material interests and desires, without discerning what is really important, which is spiritual realization, - this balsam that enlightens our path when reality is harder than we wished it to be, helping us to understand that it is all part of our development. Therefore, it is essential to emphasize the importance of cleaning in the evening, as it allows us to shift away grossness and replace it with the sacred in order to purify our



heart and, through it, our thoughts, orienting the mind in an appropriate manner.

It was a great learning experience as well as an experience of proximity and group motivation, where experiences of faith and reflection among new and old abhyasis were shared, allowing us to clarify doubts and explain difficulties that usually emerge in the process of spiritual practice.

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Activities in the Latin American Centers

Colombia

A Journey to another dimension

Angélica Barrero, Bogotá

y trip to India was undoubtedly an experience in another dimension, timeless, with only the here and now and abundant with love and Master's grace.

From the first moment, when I entered the Manapakkam ashram, I could feel an atmosphere of love and happiness. The environment was so special that it was impossible not to feel at home, surrounded by sisters and brothers from all over the world, united by the love of Master just like in a real family.

To be close to him and to receive his transmission during the satsanghs opened the doors of my heart completely. The real love, the Divine love, the love that makes no distinction among races, languages or cultures was awoken within me. This feeling gradually became more and more intense, to the extent where I could feel a real brotherhood where we are one and we all exist simultaneously. At this point, I had already undergone two weeks of intense cleaning, feeling totally penetrated by his love, ready to begin the real journey of the soul towards infinity.

Next I travelled to Delhi. From there, together with some sisters from Canada and a brother from Ireland, we went to Satkhol, the ashram in the Himalayas. After 14 hours we arrived at the place that the Master describes as "Heaven on Earth". The atmosphere in that place is totally different from Manapakkam. It is much more subtle, full of love, but also full of another energy that I wouldn't be able to describe with my own words. One could perceive the Masters easily there. I could establish a special connection with Babuji Maharaj, whom I could feel and see while in a profound meditation.

I would like to share with you an episode that showed me

that Master is always with us; his love and his grace are unlimited. As my stay at Satkhol was over, I went to Delhi. The trip was tiring, and I arrived at the airport at 2:00 a.m., tired and alone. After checking in, I walked around, had a coffee and spent time in this way. Then I started reading 'My Master' and went on reading until 4:30 a.m., when I began my morning meditation. In the middle of it, I heard a voice shouting, "passport". I opened my eyes, searched for it in my pocket but could not find it. I went back to all the places I had been before without success. Distressed, I went to the airport information desk. A gentleman was assisting some people, so I told him my story and he said that nobody had reported anything, suggesting I should go to the airline company desk. At that moment, frustrated and distressed, the following words came out of my heart, "Help me Babuji." Immediately, the phone at the information desk rang. The employee there, who had not received any information previously, made a sign for me to wait. He put down the phone and asked me, "Are you Angélica Barrero?" I confirmed and he told me a policeman had my passport and was on his way to return it to me. I turned around to look, and there he was holding my passport. Master is always with us and through his love he is aware of our needs at all times of our existence.

After this experience, when Master filled me with his love, I feel deep gratitude in my heart. We must feel very happy because, according to Master, three things happened in our lives: first, Master is alive; second, we are alive, and third, we met him in this life. So, here and now, my life has changed, my Master within has merged with Master in order to work together in this journey towards infinity.

Colombia 2012 Prefects National SeminarOn the path of his Love

By Carolina Barrero y Ademir Agudo

The prefects in Colombia once again got together on March 24th and 25th, in Cali, generously received by Carmen Ligia in her house in "La Buitrera", in the rural area located on the hills surrounding the warm town. This seminar was extremely necessary as we were not able to meet personally last year, even though we met virtually via the internet on a monthly basis and received a visit from the Centre in Charge for the northern part of South America, who visited every centre, and helped with open

houses, satsanghs, sittings and local seminars. Since the beginning of this year, whether in individual or collective phone calls, we noticed a longing in each one of us to meet as soon as possible, as if we had an inner thirst for a space to gather and share fraternity, freshness and light.

The seminar lasted only two days. There was no agenda, and no specific topic. What we needed most was to create a common ground for an encounter of hearts connected through common threads of love.

Activities in the Latin American Centers

Haiti

Babuji's Birthday Celebration - 2012

Ralph Henry, Port-au-Prince, Haiti

Marg system was the theme of the seminar scheduled from 27 to 29 April 2012, to mark the birth anniversary celebration of our beloved Master Babuji.

Master, in his love, graced us with the presence of our beloved sister Yolaine Rameau, prefect in Florida, who led the seminar and

shared her experiences with us. She also facilitated the workshop on Saturday, April 28th that was based on the following two fundamental questions:

- How is my practice?
- In which part of the practice do I encounter difficulties? These two questions led the 15 abhyasis present for the occasion, to a journey deep within themselves to search for harmony and tranquility



with the intention of improving their practice. There is a big difference between "I practice and I practice as prescribed."

After spending these intense moments of introspection in a spirit of true communion, all abhyasis shared a delicious meal gracefully donated by the abhyasis of Miami and West Palm Beach,

Florida, USA.

The day was crowned with a delightful satsangh that provided me with a condition of inner silence and calm. I felt as if I had already lived such a condition.

Our sincere thanks to Sister Yolaine for her visit as well as to the abhyasis of Florida for their contribution. Our feelings of gratitude go to Master for his unconditional love for all of us.

Jamaica

National Gathering in PortlandA Family that Prays Together Stays Together

By: Abbey Gibbs

y greatest moments and experiences, I believed, were always by myself. For me, things were less complicated; I had no one to please; no one to disappoint and I made my own rules. I was a little hesitant about this National gathering. The more abhyasis that showed up for the trip, the more uncomfor-

table I became. All I could think about was, "Ugh, now I have to socialize". My feelings started to ease when we finally began to make our way to Portland. The view of the countryside soothed my nerves and everyone else's, I believe. It was just what I needed. Nature has a way of calming any uneasy mind and spirit. I thought to myself, "I am happy."

We finally reached Portland and got settled. We ate together, which led to questions about Sahaj Marg and its practice. Our guest and sister, Marie Brouard,



and everyone who participated made it easy for me to understand why I was led to this gathering. All the major questions I had ever had about my journey to spiritual awakening and balance in my life were answered. I realized I was not alone, and this helped me to understand my purpose and the value of a spiri-

tual family. I had no expectations of this gathering and it turned out to be wonderful. Not only did I learn to live and be amongst my brothers and sisters, but also to strive to be closer to my divine self, which meant that I had to begin this life-changing journey to be closer to Master. We laughed, shared, meditated and just had fun. No sister or brother was kept out of the loop. Thanks to my Jamaican family and Marie, who taught me selflessness in many ways. In essence; A family that prays together stays together.

Activities in the Latin American Centers

Martinica

Fraternity or Friendship!

Marie France Rosalie, Fort de France, Martinique

From a spiritual point of view, friends hinder our progress on the spiritual path by actively nourishing, among other things, our emotions. It would seem necessary, even urgent, to always think that we are all brothers and sisters, with no exceptions. In fact, we should always give more importance to brotherly relationships, being members of the same body, and remain aware of the friendships that we weave throughout our journey.

A friend is one who lays down his life for us. He sacrifices his life. Therefore, only Master is a true friend. He does not change but transforms the link we have with him. Our fellow beings are themselves increasingly



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changing and unpredictable.

So, developing closeness with Master through regular practice as prescribed awakens our inner Master, which should enable all brothers and sisters to see Him, the One who loves all.

Fraternity mutually wakes us up, while friendship mutually puts us in a slumber.

Nicaragua

Celebration of Rev Babuji birthday

We started with satsangh at 7:30 a.m. followed by breakfast. We continued with lectures, the study of the 10 Maxims, and videos. In the afternoon we were joined by our brothers from Managua and Granada. We wanted more brothers to be with us during this celebration, but that day was a Monday and the beginning of the work week, so only a few of them were able to attend. We had another satsangh at 4 p.m. Then we had a snack while singing and then we cut the cake. We continued the sharing before we had to say goodbye to our brothers from Managua and Granada. Everything was in harmony. We felt love and brotherhood and especially the presence of our beloved Masters in our hearts.



My Experience in Sahaj Marg

Oswaldo Zuniga, Nicaragua

For a very long time, I have thought that all things and actions happen in time. Even though I have dedicated myself to my studies and their practice, and experienced satisfaction in professonal ambition, I have to admit that my experience in Sahaj Marg has marked my whole life.

Seek, seek and seek and he who seeks shall find, as the saying goes... One day, an old man was talking about some of his past events and we were exchanging ideas and points of view to get to know each other better, when he happily invited me to a retreat. At the beginning I thought it would be the only one in my life.

This was not the case. The experience at the beginning was a simple reunion, like it's with very humble people. They impressed me and I immediately changed my mind.

The introduction was crucial because since then I have stopped loading on myself a backpack full of impressions, and other toxic densities. This allows me to walk lighter, be happier, smile and joyfully wave to everyone without any discrimination.

This simple and very wise path, like life and nature itself, begins with meditation and brings us to the true goal of human life. Really, to know it is to feel it, because Sahaj Marg is experienced through the heart and those who hear and feel with their hearts and do things from their hearts, hear and feel the Master and do things that the Master would do.... God hears, feels, and does things that only God can do.

It has been a year and a half since I was introduced to Sahaj Marg and since then I meditate daily with my teacher before me.

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Activities in the Latin American Centers

Venezuela

III Latin-American Seminar in Venezuela

Love with Discipline

Dates: 6th, 7th and 8th of July 2012 Venue: Granja La Guaricha. Maracaibo

Estado Zulia

E-mail: granjalaguaricha@hotmail. **Phone #:** 0426-564.48.30 – 564.48.31 Cost: US\$125,00

transportation not included) Contact for registration:

Prefect José Vicente Cordero: jvci2034@gmail.com Prefect: Lenis Valecillos: lenis5251@hotmail.com

My experience from Chennai

Mireya Hernández - Venezuela

fter enjoying a wonderful experience in Satkhol, I arrived in **A**Chennai on December 20th, 2011, feeling so much happiness that the exhaustion from the journey went unnoticed. I headed for the office to register, and then I was shown to my dorm and given the tickets for the meals. After unpacking and putting away my things, I walked to Master's cottage where I saw him from a distance. On the following day, I began my routine in the ashram with the bell that woke me up at 5 a.m., a shower and a satsangh at 6:30 a.m. One hour later there was breakfast followed by another satsangh at 9:00 a.m. Around 12:30 p.m. I had lunch. In the afternoon I went to the cottage carrying the present I had brought to Master which was Venezuelan coffee.

The first time I saw Master it felt as if my heart was coming out of my chest. He was accompanied by his successor Kamlesh Patel and by another brother. He was right in front of me, very close. I couldn't believe it. I was so moved, so happy! I told him my name, where I come from, and that the Venezuelan brothers were sending salutes. Then I gave him my present explaining it was Venezuelan coffee. Master looked at me attentively. There was total silence. He laughed, thanked me and sat down. He was in an excellent mood, he even joked with us and shared the chocolates brought to him as a present. He didn't look tired and exausted as we know he is. It was so wonderful to be in his divine presence. Eventually, I told him I had been in Satkhol, a beautiful place. He thanked me. What might have seemed a mere word of gratitude, felt as something immense. When he looks into our eyes, there is a strong feeling of infinite depth.

The following days in the ashram were very pleasant, happy really. I ate like crazy since Indian food truly appeals to me, especially the ashram's food. Master gave it to us without charging a rupee. In return, I learned to appreciate everything he offered us. I felt relaxed and peaceful. I didn't try to go into the cottage to see him again as I thought I had already gotten so much from my first encounter.

The second encounter happened on January 10th, 2012, when I went to say goodbye and ask Master to bless the prasad I was taking to our brothers and sisters in Venezuela. I walked into his cottage and chose a place to sit. Even though there were chairs available, I thought, "It is better to stay on the floor, at his feet." And so it happened, I was at my beloved Master's feet. This time there were many people and even a camera to capture that moment. Master left his bedroom accompanied by brother Kamlesh, who stayed discretely a little away from the group.

The sister who takes care of Master stayed by his side. She is a very loving person, always ready for anything he needs. She even placed a napkin on his hand when needed. Then Master answered some questions, one of which called my attention. "Master, how should we thank?" and Master answered, "We see it in the eyes and not in the words, for in them there is hypocrisy. The heart is reflected in the eyes.". Master also spoke of the things we fear and explained that our true fear is fear of death. After answering other questions, tea and food wereserved. There were two Frenchmen sitting on the left side of Master who didn't want to eat. Master said, "Eat!" and they had to eat. I believe we shouldn't say 'no' to anything Master gives us and always receive it with love and gratitude. Master was served a drink that enchanted him. He laughed moving his head, as is the Indian costume. He seemed like a boy, joyfully sipping his drink. I looked and smiled.

After eating, Master spoke a little more. I had written in my diary what to say to him, but I forgot. I read it again and once again I forgot. It was strange. I gave the prasad to Master and he blessed it. Then he said goodbye and got up. I thought:, "I can't miss this opportunity", and so I stopped in front of him and said, "Master, I'd like to say that my life has changed from your teachings". He said, "I'm happy to hear that", and I said, "I am happy too". Then my eyes filled with tears and I couldn't speak anymore. I summoned my courage and asked him to autograph a photo of him I had with him. The sister that waits on him told me to wait a little. I continued crying. José Vicente, a Venezuelan brother who was there too, hugged me and I cried even more. It was a cry of deep emotion and joy. There was no sadness. It may sound weird but it is true. It was the best meeting with Master as well as the best farewell. This joy is still present in me. Finally, they handed me the photograph that Master had signed with the word 'blessing'.

Calendar of events 2012

We request all the abhyasis who have any article regarding their experience about spiritual journey through the Sahaj Marg path, to send them to us to the following e-mail: leatorres@casadela.com.br. Frequently, our shared experience comes as an act of love and can be of help to other sisters and brothers.

We wish to clarify that our Latin America Echoes is a quarterly newsletter issued in the months of March, June, September and December, reaching abhyasis all over the world. It is published in four languages (Spanish, French, English and Portuguese), and distributed to all the abhyasis in Latin America and the Caribbean. It can also be accessed in the four languages through the mission's site: www.sahajmarg.org.

Thank you, with love, Latin America Echoes team

June 2012

June			
1	Guadeloupe – Pointe a Pitre	Abhyasis Training	dany.balin@yahoo.fr
3	Guadeloupe – Pointe a Pitre	Abhyasis Training	dany.balin@yahoo.fr
3	Guadeloupe – Pointe a Pitre	Extended Day	dany.balin@yahoo.fr
3	Colombia – Neiva	Local Seminar	barrerocarolina@yahoo.es
10	Martinique – St Espirit	Extended Day	martine-calka@wanadoo.fr
17	Guadeloupe – Pointe a Pitre	Abhyasis Training	dany.balin@yahoo.fr
23	Venezuela – Caracas	Open House	mlorenzo0503@gmail.com
24	Martinique – St Espirit	Abhyasis Training	martine-calka@wanadoo.fr
25 - 26	Mexico – Cancun	Abhyasis Training	matildevalecillos@gmail.com
28	Colombia – Neiva	Open House	barrerocarolina@yahoo.es
29	Colombia – Cali	Open House	barrerocarolina@yahoo.es
30	Martinique – St Espirit	Half Day Reflection	martine-calka@wanadoo.fr
30	Panama City, Panama	Open House	aamaris05@yahoo.com

July			
1	Guadeloupe – Pointe a Pitre	Abhyasis Training	dany.balin@yahoo.fr
6; 7; 8	Venezuela – Maracaibo	Seminar	mlorenzo0503@gmail.com
8	Martinique – St Espirit	Extended Day	martine-calka@wanadoo.fr
14	Trinidad and Tobago – Port of Spain	Open House	kiranchandolu@gmail.com
15	Guadeloupe – Pointe a Pitre	Abhyasis Training	dany.balin@yahoo.fr
20 - 24	Brazil, Garopaba / SC	Seminar - Master Birthday Celebration	sahajmarg@globo.com
21	Colombia – Bogotá	Local Seminar	barrerocarolina@yahoo.es
22	Colombia – Cali	Local Seminar	barrerocarolina@yahoo.es
24	Venezuela – all centers	Master Birthday Celebration	mlorenzo0503@gmail.com
24	Guadeloupe – Pointe a Pitre	Master Birthday Celebration	dany.balin@yahoo.fr
24	Haiti – Bourdon, Port au Prince	Master Birthday Celebration	dativy@hotmail.com
24	Martinique – St Espirit	Master Birthday Celebration	martine-calka@wanadoo.fr
24	Trinidad and Tobago – Port of Spain	Master Birthday Celebration	kiranchandolu@gmail.com
24	Colombia – Bogotá	Master Birthday Celebration	barrerocarolina@yahoo.es
24	Colombia – Rioacha	Master Birthday Celebration	barrerocarolina@yahoo.es
24	Mexico	Master Birthday Celebration	matildevalecillos@gmail.com

June 2012

ECHOES of LATIN AMERICA NEWSLETTER

Calendar of events 2012

August			
-	Venezuela – Los Teques	Open House and Local Seminar	mlorenzo0503@gmail.com
12	Martinique – St Espirit	Extended Day	martine-calka@wanadoo.fr
12	Colombia – Neiva	Local Seminar	barrerocarolina@yahoo.es
15	Colombia – Rioacha	Open House	barrerocarolina@yahoo.es
17;18;19	Brazil	Prefect's Training	srcm@gmail.com
18;19;20	Colombia	National Seminar	barrerocarolina@yahoo.es
24	Venezuela – Valencia	Open House and Local Seminar	mlorenzo0503@gmail.com
24	Haiti – Bourdon, Port au Prince	Open House	dativy@hotmail.com
25 - 26	Mexico - Puerto Vallarta	Abhyasis Training	matildevalecillos@gmail.com

Septemb	er		
-	Colombia – Medellín	Open House	barrerocarolina@yahoo.es
	Nicaragua - Managua	Local Seminar	lunajeanett@yahoo.com
-	Mexico	Prefect's Training	matildevalecillos@gmail.com
9	Venezuela - Valencia	Local Seminar	mlorenzo0503@gmail.com
15	Venezuela - Caracas	Open House	mlorenzo0503@gmail.com
15	Venezuela – Ciudad Bolivar (Upata)	Open House and Local Seminar	mlorenzo0503@gmail.com
15	Trinidad and Tobago – Port of Spain	Open House	kiranchandolu@gmail.com
16	Martinique – St Espirit	Extended Day	martine-calka@wanadoo.fr
21	Martinique - St Espirit	UN Celebration Day	martine-calka@wanadoo.fr
21 - 23	Mexico	National Seminar	matildevalecillos@gmail.com
22	Martinique – St Espirit	Open House	martine-calka@wanadoo.fr
29	Haiti – Bourdon, Port au Prince	Abhyasis Training	dativy@hotmail.com
30	Colombia – Cali	Local Seminar	barrerocarolina@yahoo.es

October			
-	Venezuela - Caraballeda	Open House and Local Seminar	mlorenzo0503@gmail.com
5	Venezuela - Valencia	Open House	mlorenzo0503@gmail.com
7	Martinique – St Espirit	Extended Day	martine-calka@wanadoo.fr
6;7;8	Brazil - Tremembe - SP	National Seminar	srcm@gmail.com
13	Colombia – Bogotá	Open House	barrerocarolina@yahoo.es
13 - 14	Colombia – Rioacha	Local Seminar	barrerocarolina@yahoo.es
20	Trinidad and Tobago - Port of Spain	Open House	kiranchandolu@gmail.com
21	Venezuela - Caracas	Local Seminar	mlorenzo0503@gmail.com
21	Colombia – Neiva	Local Seminar	barrerocarolina@yahoo.es
22	Colombia – Neiva	Open House	barrerocarolina@yahoo.es
27	Venezuela - Maracaibo	Open House	mlorenzo0503@gmail.com
27	Colombia – Bogotá	Day Reflection	barrerocarolina@yahoo.es
28	Mexico – all centers	Open House	matildevalecillos@gmail.com

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Calendar of events 2012

November			
-	Venezuela – Los Teques	Open House and Local Seminar	mlorenzo0503@gmail.com
2	Mexico – Xalapa	Abhyasis Training	matildevalecillos@gmail.com
2	Haiti – Port au Prince	National Seminar	dativy@hotmail.com
4	Venezuela – San Diego de Los Altos	National Seminar	mlorenzo0503@gmail.com
4	Martinique – St Espirit	Extended Day	martine-calka@wanadoo.fr
4	Colombia – Bogotá	National Seminar	barrerocarolina@yahoo.es
11	Venezuela - Valencia	National Seminar	mlorenzo0503@gmail.com
16	Martinique – St Espirit	UN Celebration Day	martine-calka@wanadoo.fr
20	Martinique – St Espirit	UN Celebration Day	martine-calka@wanadoo.fr
21	Martinique – St Espirit	Open House	martine-calka@wanadoo.fr
21	Colombia – Rioacha	Open House	barrerocarolina@yahoo.es
24	Trinidad and Tobago – Port of Spain	Open House	kiranchandolu@gmail.com
25	Colombia – Cali	Local Seminar	barrerocarolina@yahoo.es

December				
-	Venezuela - Caraballeda	Local Seminar	mlorenzo0503@gmail.com	
1	Venezuela - Maracaibo	Open House	mlorenzo0503@gmail.com	
02.jan	Mexico	Regional Seminar	matildevalecillos@gmail.com	
2	Martinique – St Espirit	Extended Day	martine-calka@wanadoo.fr	
2	Colombia – Neiva	Local Seminar	barrerocarolina@yahoo.es	
9	Venezuela - Valencia	Local Seminar	mlorenzo0503@gmail.com	
10	Martinique – St Espirit	UN Celebration Day	martine-calka@wanadoo.fr	
16	Venezuela - Caracas	Local Seminar	mlorenzo0503@gmail.com	
18	Colombia – Rioacha	Local Seminar	barrerocarolina@yahoo.es	

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