



Keep the Master Happy Under All Circumstances

Dear Brothers and Sisters,
Today, according to the calendar, is the first day of spring. [...] So, to celebrate spring (in a sense, because we don't celebrate) I would like to tell you some things that Babuji Maharaj told me when he was very ill, towards the end of his life, and we were actually in Switzerland. [...] But on that occasion, he was so upset with himself. I said, "Babuji, why are you upset with yourself?"

There is nobody to match you in this world. Your Master is very happy with you as you keep on saying. And why this sudden situation of despair, despondency?" [...] He said, "I want to go." I said, "We are going to India in a few days." He said, "No, I want to go There." I said, "But, Babuji, what will we do without you?" - taking a selfish standpoint, you know. He said, "People like you, maybe there are only a few, two or three, you will get on because you have me in your heart. But the rest of our abhyasi brotherhood don't consider me at all. They only come to me to take.[...]" He used these words - "They are angry with me because I don't solve their problems." [...]

I said, "Babuji, but surely Lalaji understands all this." He said, "No, Parthasarathi. I

feel miserable because I have come under the compulsion of abhyasis." [...]

Then he said something very important. He said, "In this



condition I can do so much. If only my abhyasis would keep me happy, then they will see what I really can do."

See, this sentence is to be hammered into your hearts. If you can't accept it, somebody should hammer it. Keep your Master happy under all circumstances. Don't pit your desire against his plans. The Master has no desires. He has only plans: plans for the Mission, plans for the abhyasis - all for the welfare of the abhyasis, nothing for himself.

I have spent so much time with my Babuji Maharaj. [...] All that he wanted was for us to agree to what he said. He said, "Build the ashram here" - build it here. "Build it there" - build it there. But we are quarrelling now! "This ashram must not be here, it must be there. [...]"

All of us today are like that. We want our satisfaction, our opinion, our plan to be accepted. [...] I caution all of you who wish to pit your intelligence and your will to do wrong against your Master's will. You may win battles here, but it will not take you one step further in spirituality. Because from a wounded heart, from a sorrowful heart of a Master, what will you get except tears?

He will still struggle to do what is good for you, but your attitude of mistrust, of self-importance, of arrogance, and the pride that you can stop his work, will definitely doom you to several lives on earth. [...]

I would like you all to listen to this, if it is recorded, again and again. Clear your minds. Tell yourself that your individual ego is not worth a grain of sand. Tell yourself that you may oppose, but you cannot stop. Tell yourself that however big, however important, however rich, however powerful, however intellectual you are, before Him you are as nothing. I pray for you all.

Talk given by Master on 21st March, 2009 at Kolkata, India.

Thus Speaks:

Lalaji

- *Misery is the result of the individual soul being a part, and because it is desirous of happiness, it experiences misery. There is wholeness, perfection and fullness in Brahman. He wants neither living (life) nor happiness. Therefore, there is no sorrow for Him.*

Babuji

- *Faith is really the foundation of the entire structure of spirituality. Faith in reality, faith in the right course you have adopted for realisation, faith in the worthy Master whom you have submitted to, this is the rock upon which you must build your edifice of spirituality if you really aim at success.*

Chariji

- *Master needs freedom to work. No demands of any sort must be made upon him. Some may ask whether he is not totally free, being the Master. Yes! He is totally free. But it is a sign of his total surrender to his own Master that he gives up his freedom. Master has written that surrender to Him implies surrender to humanity. So Master is totally free but can be inescapably bound by our demands .*

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Remembering Babuji Maharaj

30 April 2009 - Birth anniversary of our beloved Babuji Maharaj

Born to this world on April 30th 1899, Shri Ram Chandraj Maharaj rejoined his Master in the Brighter World on 19th April 1983. Yet He is still with us as shown by His "Whispers from the Brighter World" whose second volume has been so auspiciously released by Revered Master on April 30th in Baroda, India. The book is prefaced with Master's message below. It's being inserted herein to let us remember Him and more importantly be aware that He is always with us, showering all of us with His grace and blessings.

Read with your heart

"Dear Brothers and Sisters, You are all familiar with the messages that were published a couple of years ago, under the title Whispers from the Brighter World—mainly messages from Babuji Maharaj, but also containing messages from Lalaji Sahib and some other highly spiritualized entities. And we have been also putting them on the, what do you call it, the Web; one message every day. I hope you have all been reading them, because Babuji Maharaj himself says, "Good things must be repeated. Need to be repeated." And one wonder behind those messages is that as you read them again and again and again, the meaning goes deeper and deeper. And it has been my own experience that, I don't know, you cannot quantify it as seventh reading or eighth reading, but as you go on reading them, even the reading itself seems to open up spiritual conditions in us. So I would recommend that you read volume one continuously, and I am happy to announce that we will be releasing volume two on the 30th of April, the birth anniversary of my Master, Babuji Maharaj.

[...]

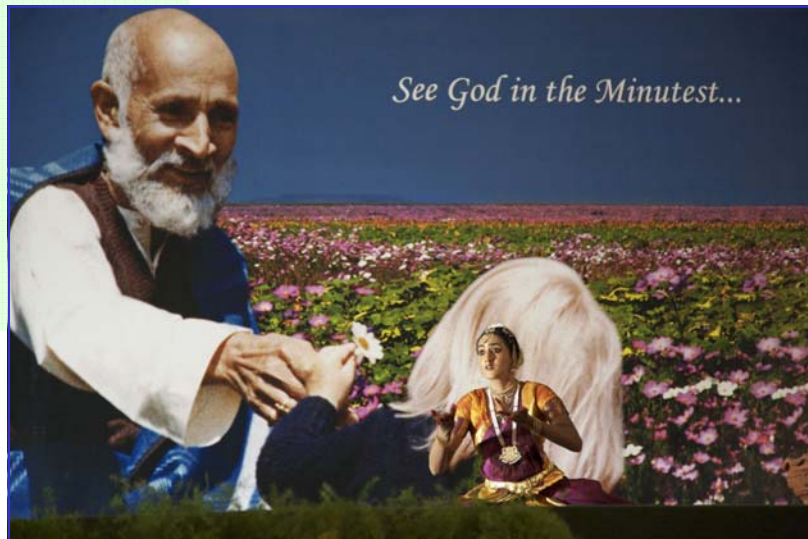
There is a wealth, I mean it is like you are digging for gold and you go on digging and more and more gold comes. You know in the ordinary gold mine there are only seams of gold. This is a gold mine which is nothing but gold. [...]

One cannot say which message is more important, which is less important, because they are all very important. And I am myself quite amazed when I read the messages of volume

two. I have been reading them as they come in to me and they are profound in their implications for our spiritual evolution. Again and again Babuji Maharaj emphasizes the fact that Sahaj Marg does not ask you for all your life earnings, to give up your family and go into

ing out what is written, they are the greatest critics. [...] Why don't you learn something from a life which we claim to have been the highest?

So I would take this opportunity of imploring you all to read these messages again and again. Read it with, you know, an open heart so that the meaning goes into you direct into the heart without going through the brain. We have to bypass the brain if you are going to be a spiritual person seriously interested in your evolution. Anything that you subject to your brain for evaluation will only doom you to further slavery. I hope you will take this last warning of mine to heart—put away your head completely. Read with your heart. "No, no, how can I read with my heart?" Try it and you will be amazed at what the heart can find, which your brain never told you exists. I pray for you



the jungle. It is a very simple method: meditation in the morning, cleaning in the evening, prayer at night. No major sacrifices involved. Only to live a good life, in the right way, but with the only stipulation being obedience to the Master's wishes, and that again is only for our benefit.

[...]

So these messages re-emphasize—in fact you know they try to drum into us in a very gentle Babuji-ish language, being his own language—they emphasize again and again: My dear, what I ask of you is nothing. Literally nothing. Sit with your eyes closed comfortably. Imagine divine light in your heart. Meditate for an hour or at least for half an hour. Do the cleaning in the evening. [...]

So these important messages which we have reiterated time and again, in our assemblies, in our satsanghs, they are there, you know, in His beautiful, simple language. All requesting, not ordering. [...]

I beg to say that a mere reading of these messages will remove most of our samskaras, provided you are sincere and are reading to benefit. You know you can read anything and criticize. It is easy to criticize especially if you are a fool, because then you have more to criticize, because you know nothing. So those who criticize without reading, without understanding, without any desire for self-improvement, without any intention of carry-

all.

Thank you."

P. Rajagopalachari, Whispers from the Brighter World, A Second Revelation, Pages ix-xiv

Echoes of Baroda

The 111th Birthday Celebration of Beloved Babuji on 30th April 2009 at Baroda was to me one of the most cherished moment seeing our Master enjoying every moments. This gathering in Baroda in Master's presence was attended by 2750 abhyasis, most of them from the state of Gujarat.

Master was mentioning about the uselessness of meditation and other rituals for a person like Radha who won the heart of Lord Krishna. She was not to have meditated ever! While Meera who left her palace, left her luxuries, did all kinds of tapashyas in order to have just a glance of Lord Krishna, her achievements are not questionable but she is not in the same league as Radha!

It is love and love alone in one's heart that makes the difference. Without love, what is there? Meditation is not an end but means to an end – i.e. to develop love for God.

[...]

K.P.

Youth Perspectives : Questions and Answers

While in the previous issues of the journal, in this section young abhyasis expressed themselves in the form of reports on their spiritual practice, this time around, they have chosen to ask questions. The first questions were submitted by Brother Hugo Etoka from Cameroon, and include the notion of spiritual path, the benefit of spiritual growth and the notion of egregore. Another question comes from Brother Samassi Ouattara from Côte d'Ivoire.

We have selected quotations from the teachings of our Masters by way of answers to these various questions, thus reminding ourselves that their teachings contain the answers to our questions. All we have to do is to read those teachings and meditate for the proper understanding of them to be inspired in us.

Questions from Hugo Etoka – Cameroon

1. What is a spiritual path ?
2. Does spiritual growth lead necessarily to enjoying a better art of living?
3. How can one reconcile universalism and personal commitment toward family, professional, social and national groups?
4. What is Shri Ram Chandra's definition of egregore at physical, emotional and spiritual level?

Answers

We wish to suggest the following quotes from Master's talks by way of answers to questions 1-3:

"Spirituality is supposed to concern itself with the soul, just as education is with the mind, physical exercise with the body and



achievement with the ego. So the whole idea in the spiritual practice/spiritual life is to progressively refine ourselves while in this physical existence..."

"Spirituality is not a progress, or a search or travel in time. It is travel in eternity..."

"All spiritual endeavour is the pursuit of an inner way to achieve the definitely pre-determined goal of inner development of the self to its perfect state, the Divine state, the perfect human state, the state of cosmic or Supercosmic or Universal Consciousness..."

"So spirituality, in some way, answers this need to find harmony with others and harmony with one's own self. The truth, the fundamental truth, seeming to be, "If you are not balanced with your inner self, at harmony with yourself, you can never be at harmony with the external world."..."

"Spiritual practice is the only possible way of changing the heart in such a way that there is a lasting change in human character..."

"The goal of spiritual life is not a pain-free existence. It is not a pleasure-free existence. It is not something morbid, in which we have to be always suffering. It is not morbid that we want to die, and liberation should not be a way of escaping from this life. But it is a love affair in which there is always pain. Because the greatest source

of pain is love..."

As for question 4, a first answer is provided by Babuji and another one is given by Master as a foot note on page 210 in Whispers from the Brighter World.

"Tuesday, March 3, 2009 - 10:00 a.m.

The 9:00 p.m. prayer is neglected in our Mission by many abhyasis. It is important and should not be neglected like that. It is about a rallying point, and union between the hearts, on a vibratory level, where is created the favourable egregore, i.e. a subtle bond between practising abhyasis. [...]

Babuji Maharaj."

"An égrécore is a kind of group mind which is created when people consciously come together for a common purpose. Therefore it has the characteristic of having an effectiveness greater than the mere sum of its individual members. It can also refer to the psychic and astral entity of a group."

Chariji

Question from Brother Samassi Ouattara, Côte d'Ivoire

What is the difference between mysticism and spirituality?

Answer

"Now when we come to spirituality, which has also been called by the name mysticism, we find that highly developed persons have come out of all those religions, the mystics of those religions. They have all been able to escape or graduate out of their religions."

Chariji

Echoes of Johannesburg – South Africa

Basant on the 2nd of February 2009 was celebrated at the Lenasia ashram with the theme for the day being "Silence is the Language of God". The programme was kept informal as abhyasis were requested to engage in silent reading or inner contemplation. The day was overflowing with spiritual grace from above.

This blissful day started off with regisatration and morning meditation. Thereafter a short DVD was played where Master spoke about the importance of Bhandaras and gatherings. This DVD was highly appropriate as it very clearly explained the essence of such celebrations.



After the DVD we continued with abhyasis having free time to go out into the garden

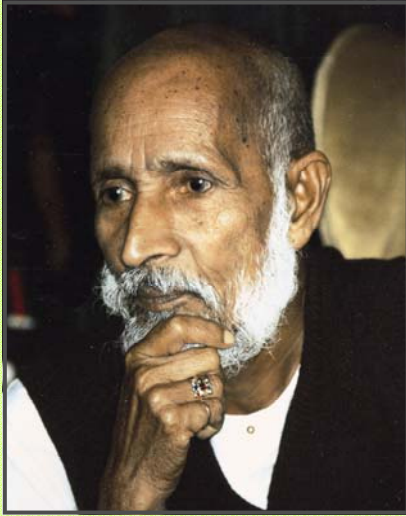
or remain in the ashram and read, meditate or sit in silent inner contemplation. Abhyasis were requested to bring along their picnic mat, chairs, etc to enjoy a peaceful moment in the garden. This was then followed by lunch. After lunch the children had performed a beautiful play.

The children's play was followed by tea. The day ended with afternoon meditation. Thereafter each abhyasis was presented with a bookmark of the 10 maxims. Each family was also given an A4 laminated version of the 10 maxims.

J.M.

Whispers from the Brighter World

Friday, January 21, 2000 – 10:00 a.m.



Masters of all times have left a teaching that illuminated wise men, helped those who aspired to become like them, and touched lightly a certain number of others without producing the least result. These teachings were often misunderstood, distorted and used for the purposes of power over others. They became religions, with heavy structures, which are domineering with a certain exploitation of the weakest. That is what we must avoid at any price in the Mission, in future days. The same plans should not be repeated.

“My son is restructuring the Mission. It is for him to set up a system that cannot degenerate toward letting the will for power of certain individuals, who are tempted to institute a narrow regulation which is not really along the lines of the teaching that we give you, magnify.

“The method is very simple; nothing must come to make heavy what exists. Structuring, yes, but not transforming in the wrong direction. It is the power of a few people that provoked a good many dramas in the past, and that same power continues to do it. Don't forget it. “Humans are redoubtable. We fear that this way, with all the treasures that it includes, may not be used, as it should be in the future. Serious barriers must be put to avoid possible drifts.

“It is our concern for the present and the future. My son must choose his collaborators judiciously. Many are full of good will, but that is not sufficient. Some would like to innovate to

draw the attention to themselves, which is dangerous.

“He must remain heedful and must surround himself with a few advisers whom he and we put trust in. The Mission is going to take an important turning point; nothing must be left to chance. We guide him and support him in this heavy task, with all our love and the the confidence that we put in him.

“Transmit all that to him, my daughter.”

Babuji

Daily Reflections

Universality

Spirituality speaks only of breaking down of all barriers; not just of sex and profession and race, but more essentially of culture and religion.

Heart Speak 2004, vol. 2, p. 199 – Rev. Chariji

Universal System

Sahaj Marg is a universal system precisely

because here we do not recognize any differences of any nature which set apart human beings.

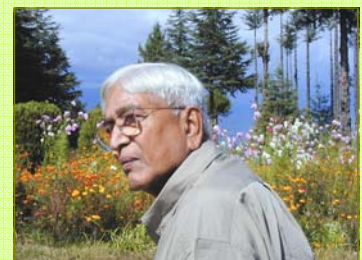
Heart Speak 2004, vol. 2, p. 201 – Rev. Chariji

Boomerang

Everything that you do here is for yourself. Even if you love, it is for yourself. Because there is this ancient belief, which is well sup-

ported by fact, that what you broadcast from your heart, from your head, comes back to you. You hate and people hate you. You love and people love you .

Heart Speak 2004, vol. 2, p. 21 – Rev. Chariji



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