



Master's Message of 30th April 2010

Dear Brothers and Sisters, I have received three messages from my beloved Master, which I would like to read out to you. I have to be slow because of my eyesight. Please hear carefully and patiently.

The first message, dated April 19th, 2010 (that is the day of his ascent to the Brighter World which we call the mahasamadhi day), Babuji says:

Our Mission is at a crossroads in its history; many steps have already been taken but it has yet to conquer the world, the hearts, and the minds of many people waiting for this kind of energy, which is quite special. The time has not yet come when it — this vibration — may be perceived and valued at its true worth. Some of our abhyasis, more sensitive than others, have begun to perceive their own subtlety, with respect to our principles and the messages that are given to them with the aim to precisely develop in them this ability to perceive the essential. Everything works in our way towards this flowering of the soul in its aspiration for the divine, the ultimate goal of its journey.

They are given the basic elements from the outset; it remains for our candidates (our abhyasis) to grow through their efforts and perseverance. This valuable asset is available to them. There are no long, no big

shows; our method goes to the main thing, to the point, through interiorization, through regular practice as well as the assimilation of the principles characterizing it. Its benefits will become ap-



parent with time; they will become obvious by the grace of God. Therefore everyone is responsible according to their faith in Him and in us, for the good of all. —Babuji Maharaj.

It is fairly clear, I mean it is obvious, that the onus for our progress, the responsibility for our progress, is very definitely on us. The Masters provide what have to be provided: the Master, the Mission and the method (the three M's of Sahaj Marg). It is up to us to utilize them with diligence, with perseverance, with faith, remembering what Babuji said — the three great re-

quirements for a sadhak, for an aspirant, for a devotee: love for the Master, satsangh with the Master, and obedience to the Master. There is no fourth requirement.

I would like to emphasize here that in many of his talks and my private conversations with him, he said love is for God alone. Love is not something which human beings can share, or pretend to share, or even aspire to share. Love is for Him. What prevails among us human beings in our togetherness is familiarity, affection, dependence. Mutual dependence keeps us together, but when two hearts are pulsating with the same aspiration to reach Him... That is why we perform marriages in Sahaj Marg — bringing two hearts together where the goal is the same, where both love the Master, where both are dedicated to this practice. Then the possibility of their affection, their dependence, flowering into something more approaching love, divine love, comes into being.

So let us realize that what governs our existence on earth, our relationships with men, with women, with children, with elders, with abhyasis, is a mutuality of interests. And that is epitomized principally, solely and essentially in our gatherings such as this one, where thousands of hearts aspiring to the same goal, following the

Thus Speaks

Lalaji

No other theory is tenable in the spiritual field except that of the flow of disposition and steadiness of attention. Spiritual happiness is nothing but steadiness, settling and peace.

Babuji

We have to arrive at the real thing which is unadulterated spirituality, for the present age is a more complicated age than previous ones, requiring a complete transformation of man all over the world in all his attitudes.

Chariji

All spiritual endeavour is the pursuit of an inner way to achieve the definitely predetermined goal of inner development of the self to its perfect state, the Divine state, the perfect human state, the state of cosmic or Supercosmic or Universal Consciousness.

same method, loving hopefully the same guru, gather together. Babuji Maharaj once told me this is not additional series: two plus two plus two is six. But when three people sit and meditate together devotedly, with their sole concentration on their practice, it is two multiplied by two multiplied by two, which is eight. So you see, there is a sort of exponential growth of the power that we bring to our meditation, to our practice, which brings the divine grace upon us, and therefore we practice, we progress much faster, much speedier to the goal, which then becomes achievable in

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Master's Message of 30th April 2010 [Cont'd]

this lifetime.

Remember, Sahaj Marg says, the goal must be achieved in *this* lifetime, not in several lifetimes. Many religions talk of that, many other *sansthas* preach that, that this is not possible in one lifetime. Babuji Maharaj said, if it is not possible in this lifetime, where is the guarantee that there is another lifetime? We don't know for sure that there is another lifetime ahead of us. Many religions don't believe in more than this life. So, you see, belief in this sort of thing is nonsense. I am here, my guru is here, and the practice is available. Now in this lifetime if I don't achieve it, it will be the highest stupidity, the greatest weakness in my endeavour, and the loss of my aspiration diverted to other goals of merely worldly endeavour, worldly achievements, which will petrify me into this existence, bringing me here again and again.

I now read the second message, which is dated yesterday, the 29th, and this message lays very great emphasis on these bhandaras.

This gathering of faithful souls here below is touching.

It is touching in the sense that our aspiration, our common love for Him, reaches them and touches their very heart. It is not touching in the sense that they pity us or they notice us. It *touches* them. It touches them vitally, in a way that makes them respond to us.

A true love song rises up to us. The birthday celebrations are valuable in this sense: to unite the hearts with a noble purpose. So many ugly things on this earth characterize it.

That means, characterize the earth and our lives.

This space reserved in our way, Sahaj Marg, is valued by us all here, up in the Brighter World and in the divine realms. May it never lose its place in the rituals of its own and be preserved in its full scope.

Babuji Maharaj, again and again in his messages, emphasizes the fact that Sahaj Marg has been given to us in a complete form, and we should not dabble with it, change it, modify it in any way.

...preserved in its full scope.

Beyond this birth anniversary celebration, it is the whole Mission that rises to the occasion; it attracts the divine flow, illuminating the hearts. Be thanked, you will keep an iconic stature for centuries to come. Your personality marks people's minds. We have touched the hearts and you will lift them up to the zenith in the context of a broad liberation movement, long awaited in this world of men, more than ever plagued by uncertainty and greatest confusion since time commenced, time immemorial. A complete transformation must occur to maintain humanity in a status conducive to its elevation, far away from the current criteria. The world is drifting, without morality, without a laudable goal for a majority of human beings, except that of pleasure in all its forms. A poor record indeed!



my dear son, for granting the event this place of choice in the course of your days. We bless you as well as all our brothers and sisters mindful of the special anniversary. We praise you, dear Parthasarathi, for keeping the sacred fire going.

There are other messages in which he emphasizes that the fire has to be kept going, not by just one person but each one of us, using our heart as the *homa*, the *homa kunda*, you know, where the fire is burning and periodically where in the external ritual, the priests pour *ghee* (clarified butter) into it. Here we keep the flame alive by our daily practice, daily *sadhana*, cleaning it, meditating, prayer. This fire *must* be kept alive once it is lighted. On the day we begin Sahaj Marg practice, Babuji Maharaj said, this flame, this divine flame — what we call the soul, which we call the *prana*, you know, which is like a *jyoti*, tiny, atomic, bowed down without attention, unheard, because nobody talks to it, nobody listens to it, nobody (what shall we say?) consults it: how to lead my life? — that is awakened as if a coal. You blow on it, the ashes are removed and the fire comes up. Thereafter, it is our business to meditate, to clean, and do the night prayer, and keep that fire going.

Now I come to the third message. I am a bit shy of reading this because it is very personal in content. It is dated today, the 30th April, the birth anniversary of the great Master. It is addressed to me personally, and says:

You are a leader of men, my dear son, a born organizer. This dimension gives you a special place in our Mission, where

He is making a... I don't think it's a sarcastic comment. It is emphasizing the fact that, if this is all that humanity has achieved, it's a poor record indeed.

The divine power will overcome these excesses of all kinds. May tomorrow's world be united for the better in recognition of the unique power without which it would have been reduced to nothing, a long time ago.

He is emphasizing, he is bringing to our attention, that what has held us all together here on earth, even as human beings, whatever we are, however we may be, whatever our spiritual status may be, we are held here by a benevolent divine power which keeps us here so that we may strive again and again to become that which we have to become.

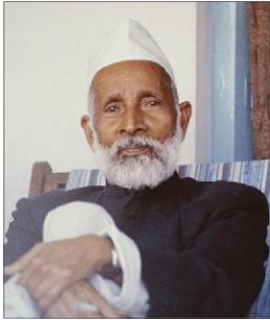
May peace reign in this world and unite the hearts for the good of all. We support you at all levels as far as possible, my dear son. Be calm in spite of everything: we care for you with much love. — Babuji Maharaj.

So the important thing is these anniversary celebrations of my Masters, Babuji Maharaj, *parampujya* Lalaji Maharaj. I remember my days at Babuji's feet during his lifetime, when we used to go without fail to attend the Basant Panchami celebrations, not minding the cold, the bitter cold of North India in Shahjahanpur. No air-conditioners, no fires, no heaters; just this ice-cold floor with a *dhurrie* on top, sitting with blankets to pad us, preserve us from the cold to the extent possible.

I remember the coldest was one 16th January in one year when we were

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all freezing, and the latest, or the last date I remember was the 12th February, when it was comparatively, but only comparatively, less cold. We bathed in cold water. There was no hot water. We pumped it out from a well, and you cannot imagine, we woke up at three thirty in the morning because there were only four toilets — native Indian dry toilets, no WCs. We had to line up, do our business, bathe in the cold water, and all take our seats before five thirty so that we would have a place quite close to Babuji Maharaj.

You cannot imagine the feeling of the hearts of those abhyasis of those days. They used to burst with love for him. There was no question of our thinking of spiritual

growth and Brighter World and all that, you see. When we forget our love for the Master and think of what he can give us, I think we have already fallen from grace, and spirituality becomes a matter of a bazaar. Babuji used to say, “*Yeh bazaar ki baat nahin hai* [This is not a matter of the bazaar], that you bring something, I give you something. *Yehaan lenne ki, dene ki baat nahin hoti hai*. (This is not a give and take situation.) It is, put everything you have on the *maidaan* [field] in an effort to get everything he can give you at his will and pleasure, in his own time, when he thinks we are fit for it.

In the last twenty years I have not found that fervour in the hearts of abhyasis. Perhaps it is because we provide too much comfort. Perhaps we should go back to the simplicity of those days: sleep on floors filled with little stones poking into your back, without proper covering for the cold — not catering to some sort of social elite. Sahaj Marg preaches simplicity of life,

basic essentials which Lord Krishna has promised to Babuji Maharaj: food, shelter, clothing. Not five-star hotel food, not mansions to live in, and not Armani dresses and things like that.

The Mission cannot lower its standards because, Babuji said, try to make them as comfortable as possible so that they can sit comfortably without being bothered by physical features which will interfere with their meditation. But you, each one of you in your individual life, must strive to become simple, reduce your needs, simplify your wants, remembering that Babuji Maharaj has assured us that our *needs* will be fulfilled; our wants are not relevant to the picture at all.

I pray for you all. May He bless you on this auspicious occasion. Thank you.

Babuji Maharaj's 111th Birthday Anniversary Celebration

30th April, 2010, Tiruppur, India

Circular Information



SHRI RAM CHANDRA MISSION*

www.srcm.org

President Shri P. Rajagopalachari

2 May 2010

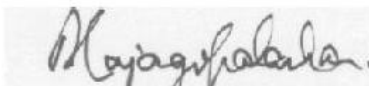
TO ALL MEMBERS OF SHRI RAM CHANDRA MISSION EVERYWHERE

Dear brothers and sisters,

Brother Shri Ajay Kumar Bhattar, in a personal letter addressed to me, citing personal reasons, has requested me to revoke the nomination made in his favour on the 30th April 2005 at Tiruppur, nominating him to be the next President of Shri Ram Chandra Mission.

I have accepted his request with regret, and the said declaration of nomination, known generally as the Tiruppur Declaration, has been rescinded. This is for the information of all members of the Working Committee, functionaries of the Mission, and for abhyasis everywhere.

He has been appointed as the Personal Secretary to the President. May my Benevolent Master bless all.


 P. Rajagopalachari
 President

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A New Region-in-charge for Africa and Indian Ocean

By Order International – 20100505 I dated 5th May 2010, Revered Master has appointed Br. Sharat Hegde to serve as Regional-In-Charge of the Mission for the African Continent & the Indian Ocean Islands (Madagascar, Mauritius, La Reunion & Seychelles).

Guidelines for correspondence to Rev. Master

These guidelines are to be explicitly followed without exception.

Contact the following people based on your region- Africa

Email: Br. Sharat Hegde - sharat.hegde@sahajmarg.org

Rev. Master does not maintain an e-mail service for general use; however, email messages to Master containing information of an urgent nature or highest-priority importance may be sent to info@srcm.org or to the functionary of your region as listed above. [...] Always mention your full name, centre and date at the top left corner of the email. Any attached file should be named according to the subject covered in the file and attached photos should always be under 200KB in size.

All general correspondence must be sent to the functionaries of your region by email (preferred) or by regular mail (not by fax), according to the general guidelines for that medium.

For further details, please refer to: <http://www.sahajmarg.org/resources/correspondence-guidelines>

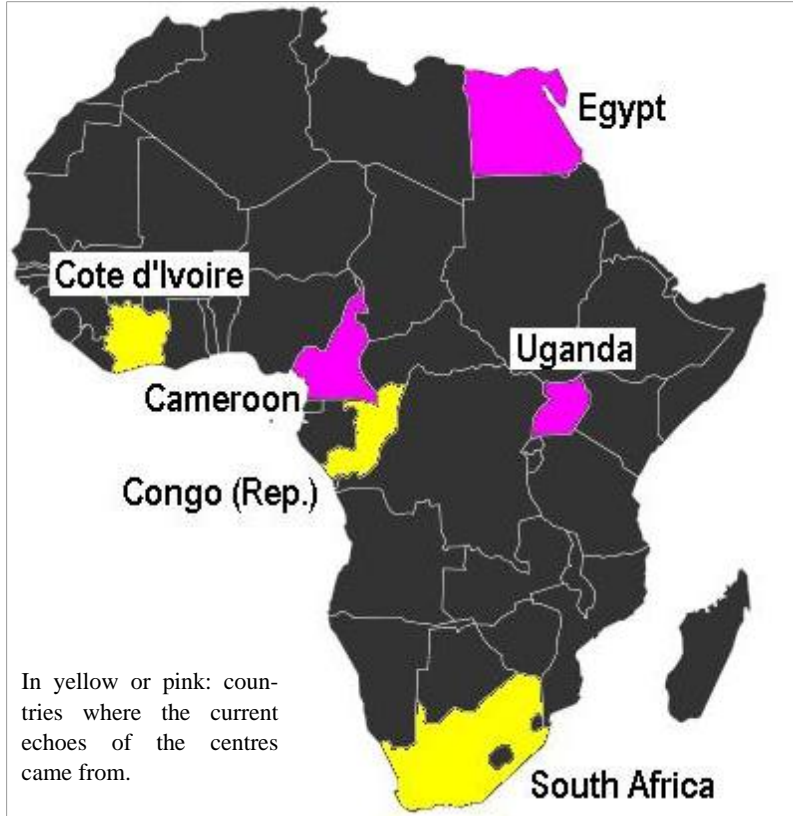
Echoes of the 30 April celebrations in the Centers

Douala, Cameroon

On 30 April, 21 brothers and sisters of Douala Centre, braving the torrential rains beating down the city from since previous night to the early hours of dawn, stormed the Meditation Centre to celebrate the advent in this world of Revered Babuji Maharaj.

The first morning meditation at 7:30 am was followed by a breakfast and readings of selected passages from the Golden Jubilee related to Babuji's life, as well as the Whispers from the Brighter World. Thus was stressed the importance of celebrations. In the afternoon, at 4:40 p.m. further exchanges and readings took place and the ensuing time of golden silence was a good preparation for the 6 pm satsangh. We were delighted by a gentle and subtle transmission which concluded this remembrance day.

Jean Armand Nkoma



In yellow or pink: countries where the current echoes of the centres came from.

Bafoussam, Cameroon

In Bafoussam, the birthday of our Revered Master Babuji Maharaj was celebrated through two satsanghs, one in the morning at 7:30 am, and a second one at 6 pm, with 13 brothers and sisters attending. The interval between the two satsanghs was devoted to reading and exchanging on the teachings of our Masters. Brothers and sisters of Bafoussam particularly enjoyed the excerpt from Master's questions and answers published in the April 2010 issue of Echoes of Africa. The whole day, we bathed in an atmosphere charged with the divine presence and grace of our Masters.

Michel Mbeleg

Brazzaville, Congo

Babuji birthday celebration, on April 30, went well in Brazzaville in the new meditation room. On this occasion, two meditations were held at 7:30 am and 5 pm with 15 abhyasis attending. The-



Left: Group photo in Douala, Cameroon



Right: Group photo in Brazzaville, Congo



Left: Group photo in Port Said, Egypt



Right: Group photo in Pointe-Noire, Congo

Echoes of the Centers

center also welcomed 2 participants from neighboring DRC (Democratic Republic of Congo).

Serge Fouemina

Pointe-Noire, Congo

In Pointe-Noire, two satsanghs were held to celebrate Revered Babuji’s birthday: at 7.30 am and 5:30 pm. Between the two satsanghs, fruitful and fraternal exchanges took place based on selected passages of the Golden Jubilee and the Whispers from the Brighter World. The celebration was fine for the 7 abhyasis attending it. They were very happy to share such moments of fervor and exaltation.

Fidèle Ngouala

Abidjan, Cote d'Ivoire

Babuji birthday celebration was great. Our brothers and sisters devoted their efforts to cleaning the center and decorating it. This was done in addition to inner preparation. Indeed, the day before, sittings were organized which attracted more abhyasis than usual.

On April 30, the very day of the celebration, two satsanghs were held, in the morning at 7:30 am, and in the afternoon at 5 pm. During morning satsangh, I felt like we were with all abhyasis of the world, united in the heart of our Master who looked at us with joy and love. I would not have missed those moments for nothing on earth.

Nazer Justice Kouame

Port Said, Egypt

At present we are total 8 abhyasis practicing Sahaj Marg in Egypt. Group satsanghs are conducted every Friday morning and evening, also mid week satsangh is conducted every Monday evening at Port Said in Egypt.

In April an open house was organized at Alexandria and 2 new abhyasis joined the Mission. We wish to start group Satsangh shortly at Alexandria also. By Rev Master’s blessings after joining of 3 abhyasis in

April 2010 at Alexandria we feel that time has come for speedy spiritual development of Egypt as per Divine wish.

Morning and evening satsanghs were conducted on 30th April to celebrate Pujya Babuji Maharaj Birthday.

D. K. Prajapati

Organisation Changes in SRCM South Africa

On 14 March 2010, Rev Master had issued the instruction to appoint Brother Atish Kalyan as Centre-in-Charge and Brother Sathvir Singh as Treasurer of South Africa. Both Brothers humbly accepted their new responsibilities and took the first opportunity to visit Master in Chennai.

Jatin Mahida

Kampala, Uganda

Babuji Maharaj’s Birth Anniversary was celebrated by abhyasis in Kampala, Uganda at Brother Mohan’s residence which is currently being used as our meditation centre. We had satsangh in the morning at 9.00 a.m. as well as in the evening at 7.00 p.m. There were around 8 abhyasis during the morning satsangh. The atmosphere was charged with spirituality and each abhyasi could feel it in his heart. After the satsangh a few articles were read from “Constant Remembrance”. The article was very apt for the occasion though we had not prepared any special topic which we wanted to be read out.

There were around 12 Abhyasis for the evening satsangh. We heard the messages which Master had given earlier in Tiruppur which was available on the Mission’s site. We were all very happy to hear Master on this occasion.

One abhyasi noted that the atmosphere was just like the Bhandaras in India with Master.

Prabha. V. from Kampala, Uganda



From left to right: Brothers: Atish Kalyan; Jatin Mahida; & Sathvir Singh. All from South Africa



Meditation in Kampala, Uganda

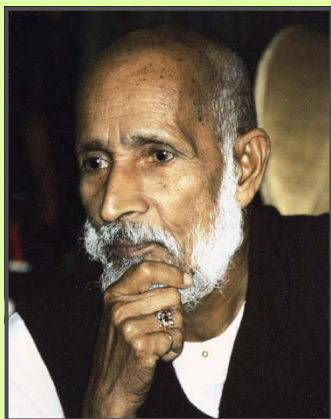


Brothers and sisters from Bafoussam city in Cameroon



Whispers from the Brighter World

Saturday, July 3, 2004 – 10:00 a.m.



Keep this flame burning within you, my child; it clears your way. Love is the infallible guide channelled by the heart of the Master for whom it is meant; it thus derives all his power from the ceaseless movement of divine life. By belonging to a way like ours one benefits from the effects of this life under the best conditions. At this level, all may seem complex, the wheels are infinitely subtle, but they operate to perfection. Going towards the goal requires steadfastness in efforts and faith.

“A high level spiritual Master is vested with powers benefiting the souls that follow Him in this upward movement towards divinity. Life is vibration. It is defined according to its intensity in the various forms created and this is true for the entire creation. Given this reality, not only the vision of the world changes, but also man does not see himself any more under the same light.

“His physical body is subjected to laws which science has ignored until now. They are defined according to principles not accessible to humanity, in its current cycle. As for the subtle bodies, they are ignored or unknown, since they are beyond the approach which is currently being made by isolated researchers who are lacking the necessary points of reference.

“In one century from now, the current practices will look derisory and in some respects dangerous for the integrity of the being, as far as his extension towards other levels of consciousness is concerned. Man makes gross mistakes. He is searching and will find, according to the evolution of this planet.

“This civilization is destructive; nothing seems to be capable of stopping it in this world. Only the divine laws will be able to remedy it.”

Babuji

Whispers from the Brighter World, Vol I, Page 385

Daily Reflections

Silence

Babuji said silence is the language of God.

Heart Speak 2004, vol. 2, p. 168 – Rev. Chariji

Seat of the soul

This heart is the seat of the soul, the very essence of the being in his frantic quest

towards transcendence.

Heart Speak 2004, vol. 2, p. 107 – Rev. Chariji

Refresh

If life has hardened you and moved you away from the source, this (The heart) is the only thing that can refresh you. Your

spiritual process, as practiced in Sahaj Marg, has this objective - to make you focus on the essentials.

Heart Speak 2004, vol. 2, p. 107 – Rev. Chariji



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