



SHRI RAM CHANDRA MISSION®



Nomination of Master's Successor

Kolkata, 3rd October 2011

Master Addressing the Working Committee Members and a few invitees.

As I said, today I wish to appoint my successor – nominate and appoint – because I am now in my eighty-fifth year and it is about time, as you all will appreciate. It has been blessed by Babuji Maharaj and I have been instructed not only to leave the nomination in writing – as a secret document to be kept to be used at the appropriate time – but that it should be announced in public so that people get used to the person being around and they sort of slowly assimilate the fact that he is the successor, and there is no sudden transition when the time comes, which I think is wise. But I already have the written document also and I will eventually request someone to read it out.

The person on whose shoulders the mantle falls heavily with these responsibilities will need a lot of wisdom, a lot of patience, a lot of love and, more than anything else, a great deal of thought before doing anything else. Normally we are told, “Look before you leap,” or “Think twice before you do anything,” but in Sahaj Marg I think we need to think many, many more times than just twice, and to be most cautious, most, shall we say, conscious of the fact that when we spend money, we are spending public money entrusted to us for public welfare. If the person I am going to name has not all these qualities, he will have to develop them. Boldness inside;

friendliness, brotherliness outside. And to follow Babuji's precept which he gave me and which I have followed all my life, don't trust anybody; don't mistrust anybody. Judge purely by the actions of the people that are selected for work. Judge only by the results of their work in taking them or relieving them. No prejudices at all: no prejudices of race, caste, religion, sex, community, language – nothing.

So this must be strictly understood by whoever is going to shoulder the burden. May Master give him long life and health and the strength and the courage, all of which will be necessary. Because when I inherited the Mission it was small; the man who is going to inherit it from me when I am gone will have a very big Mission to handle, a worldwide Mission. It is still growing and it will continue to grow, if Babuji's messages are to be taken at face value. This is a growing phase. It will last for I don't know how long. It depends on the divine plan.

So, the person I am naming as my successor is **Mr. Kamlesh Patel.**

... Now I request all our abhyasis worldwide to give the nominated successor their full cooperation, without prejudice. Judge him by his work, not by what he has been or what you expect him to be, but what he is, what he will be, what he will do. It is most essential to the health of the Mission and its future growth, which in turn means the service that he can render to all of you through this Mission, that he receive your fullest, heartfelt cooperation, and for this I request you.

May all of you be blessed.





Master's Travel

Delhi 16 - 18th August 2011

To the delight of abhyasis, Master arrived in Delhi on 16th of August by air from Chennai at around 5:30p.m. He was warmly received by around hundred abhyasis at the airport. Master was bright and cheerful and on being asked how his journey was, he laughingly remarked, "A journey is to be endured like samskaras". After a brief drive, Master arrived at a brother abhyasi's house and conducted satsangh for all the abhyasis present. He was his jovial self all through the evening. After dinner, when he received news that Babuji's grand-daughter had delivered a baby girl he remarked that he felt so during his flight from Chennai to Delhi and had thought of 'Devyani' as the name for his beloved Master's great-granddaughter.

The next day, Master conducted satsangh in the morning and later in the day proceeded for the registration of the first phase of an ashram property in Delhi. He lovingly interacted with all present and distributed prasada after the registration. He conducted satsangh in the evening at around 6:30 p.m. After dinner, Master kept everyone laughing with his usual wit and wisdom and talked about his period when he was working for the TTK group. During the interaction Master remarked that, "Like love, honesty too is a one way street and the reward for honesty is the ability of being honest itself."

On 18th August, Master interacted with a few abhyasis and later left for Hyderabad in the afternoon.

Hyderabad 18-23rd August

On arrival Master proceeded to Gachibowli to carry out the registration formalities for the Kanha Shanti Vanam project. He was delighted to see B r . S r e e n i v a s a r a o Kashampurkar, four years older to Master and the first person to be introduced after Master became a prefect. Master's interaction with him was very tender. After dinner, children gathered at the dining table and shared jokes with their Master Thatha. Master also responded with a few jokes himself.

On 19th August, after morning satsangh, Master met the Kanha project team and reviewed the



documentation. After breakfast, he interacted with those present and enquired with a sister as to where she was the previous day and she replied that she had not been in a good mood. Master asked if she was angry with him and said that Babuji had told him that you cannot be angry with your husband, wife, son or daughter, but you can be angry with the Master, as that is the only anger that does not have any repercussions.

On 20th August after breakfast, Master left for Kanha Shanti Vanam. The land has been cleared, fenced and papaya, maize and paddy have been planted. A small cottage has been built around a tree. Master sat outside and reviewed a sketch of the land. Master conducted the first satsangh at the site and also permitted the holding of regular Sunday satsangh henceforth. He went around the property and appreciated the way it was being maintained. He then returned to Br. Madhu Kothapalli's residence for lunch and rest.

Master was quite restless to go to the ashram and left around 3:30 p.m. reaching the Zonal Ashram around 6 p.m. to a joyous welcome from nearly 4000 abhyasis. When someone commented on the discipline, Master smilingly said that it had taken them a long time to come to this point. As he walked up the ramp, children shouted out their greetings. Master turned and asked them to remember that Sahaj Marg teaches us to be in silence.

On 21st August Master conducted the morning as well as the evening satsangh to a packed hall. In the evening there was a cultural programme presented by children and a Kathak dance.





On 22nd August Master conducted satsangh at 7:30 a.m. followed by bhajans. Answering a sister who asked him about the correct way of praying, he said, "Hold the person whom you want to pray for, like a baby in your arms and place the person before Master and simply say, 'Take care of this person' and that this is how we pray in Sahaj Marg." Evening satsangh was followed by a dance by Sis. Sowmya.

On 23rd, Master left for the airport where an abhyasi asked him if it was really necessary to travel just to register the land as someone else could have been authorized to do so, for which Master said that he came because he liked to see all of them.

Delhi 23-30th August 2011

Master returned to Delhi on 23rd evening. He was warmly received by abhyasis at the airport and was cheerful as ever. In Master's presence, the days just flew by and one could hardly feel the passage of time. Those around watched as Master tirelessly worked in his office, interacted with the abhyasis, conducted satsanghs, shared his spiritual wealth to pass on his Master's message and showered all with his grace.

On 27th August, Master left for Gurgaon Ashram and the next morning, he conducted satsangh for a large gathering of abhyasis. He then spent time meeting abhyasis and also named more than half a dozen infants. Later in the day, he returned to the city.

On 29th August, Master went for the registration of the second phase of the new ashram in New Delhi. His joy and enthusiasm in doing his Master's work was clearly visible. After returning to the house, a brother mentioned that he must be feeling happy on completion of this phase of registration to which Master smilingly replied, "This is something for the future but I have much more to do in the present" and immediately conducted satsangh for all those present.

Chennai 30th August to 30th September

On 30th August Master came to Chennai from Delhi. On 31st Master conducted satsangh for the abhyasis assembled in the cottage in the morning. Almost immediately after the sitting, an abhyasi couple asked for a sitting since it was Ramzan. Master said he had just given a sitting and was feeling tired. He then paused and said that he would give them a sitting in five minutes. This shows how Master fulfills the requests without any care for his own personal inconvenience.

During the entire month of September, Master stayed in Chennai and most of it in Manapakkam. He had been following a routine of going for a short evening walk, from his bedroom via the back of the cottage, and then sitting in front of the cottage. On 16th September, Master inaugurated the new library at 7.00 a.m. which is now ready for use and blessed the prasad and gave to the library volunteers. On 25th September, abhyasis from Garden of Hearts had invited Master for dinner at the basement. Master gave a talk to abhyasis assembled there, mainly addressing the parents on how to bring up their children. This talk will be available on the mission website soon.





Kolkata 30th September to 8th October 2011

On 30th September, Master arrived in Kolkata at 3:40 p.m. He was welcomed with warmth and love of all the abhyasis who were longing for him to come to Kolkata for the past one and a half years. Around 1500 abhyasis had gathered at the ashram by the 3rd of October. Master conducted the morning satsanghs on the 1st and 2nd of October.

A GST familiarization seminar for the Eastern region was conducted coinciding with his visit. This included all the CiC's, ZiC's and some prefects and was held on 1st and 2nd October. The participants were given an outline of the various functions of the GST by their respective functional heads.

On the evening of 2nd October, children performed a Qawali and sisters performed a Garba dance. Master enjoyed the programme and also agreed to a group photograph. He also accepted the invitation from the kitchen team to have dinner with all the abhyasis in the dining hall. It was a delightful and memorable evening for all abhyasis present.

On the 3rd morning, Master himself conducted the proceedings of the Working Committee meeting. After the meeting, he announced the nomination of Br. Kamlesh D. Patel as his spiritual successor and the President of the Mission after his life time. He immediately recorded a video message to be flashed to all centres and abhyasis worldwide. In the evening, Master conducted satsangh at 5:00 p.m. and announced the nomination and introduced Br. Kamlesh Patel to the abhyasis present.

On 5th morning, Br. Kamlesh Patel conducted the morning satsangh and then gave a talk on the importance of sadhana as Master left for Br. Ajay Bhattar's house where he stayed till 8th October and then left for Guwahati.



Guwahati 8th - 10th October 2011

It was a long awaited day for the north-eastern India as Master came to Guwahati after a gap of eighteen years. On the 9th, Master spent the day at the zonal ashram site which is located 25 km from the city and is surrounded by greenery and a view of the hills. Master was welcomed with a traditional Bihu dance.

After satsangh, Master was welcomed in the traditional manner of each of the seven states of North-East India. In his speech, he highlighted the beauty of the 'seven' comparing it with the seven swaras of music. He said that only one note cannot make music. Each of the seven swaras is important. Despite the fact that we come from different states, cultures and languages, our goal is the same and so there must be the feeling of oneness within us.

After satsangh, Master executed the registration formalities. After evening satsangh, he named the zonal ashram 'Jyoti' and instructed that satsangh be conducted there every Sunday.

On 10th, Master inaugurated the meditation hall of the Guwahati city ashram. He conducted satsangh and addressed the gathering saying, "Sadhana is a way of life. It is like the breathing of life. Like we need food to sustain the physical body, transmission is the food for the spiritual body. If the spiritual body is not taken care of, then the soul dies."





Delhi 10-13th October 2011

Master arrived on 10th October by air from Guwahati at around 7:30p.m. to a reception from around hundred abhyasis. Master was bright and cheerful and greeted all present. At a brother abhyasi's house, after dinner, he kept everyone enraptured with his usual wit and wisdom.

The next day, Master reached the ashram in Gurgaon around 4:00 p.m. On arrival, he sat out on the lawn and lovingly interacted with all present for more than half an hour. On being asked about a statue installed on the lawn, he remarked that the statue is that of 'Dronacharya' and is installed here as the name 'Gurgaon' is originally derived from 'Guru Gram'. (Legend has it that 'Guru Gram' is the village of Dronacharya) During the interaction, he lovingly introduced Br. Kamlesh Patel as his nominated successor and thereafter conducted satsangh.

On 12th October, Master arrived in the meditation hall at 7:00 a.m. to conduct satsangh. He waited as abhyasis were still arriving and decided to give a short talk. He emphasized the importance of the correct method and attitude to practice and concluded his talk by introducing Br. Kamlesh Patel to all present. After satsangh Master solemnized two weddings. On 13th October, Master was ready early in the morning. He conducted satsangh for those present at 6:30 a.m. and soon after breakfast left for the airport at around 8:00 a.m.

Dubai

Master arrived in Dubai at 1.15 p.m. and reached the home of Br. Sanjay Meherish by 2.30 p.m. He was in good spirits and was accompanied by several abhyasis from Delhi. Several hundreds joined in from all over the world and by the 14th, there were 1050 abhyasis from around twenty-five countries including UAE, Kuwait, Iran, Bahrain, Oman,



Pakistan, India, Africa, Europe and the USA.

Master inaugurated the seminar - 'Pray for Change - Be the Change' on 14th morning with a satsangh after which he introduced Br. Kamlesh Patel.

On 15th morning after satsangh Master introduced the Global Service Team (GST) at the Prefects meeting. He explained that the Mission from its very small and simple organizational structure during Babuji's time, has now grown.

.... "So once again I say to all of you, my only duty to you is to sort of light the lamp. To keep it burning, to feed it with oil or whatever, to trim the wick that is your job. I pray you'll all cooperate 100 percent not only today but for the future, and that our service group - that is why they are called the global service team they are not here to dictate to you, they are not here to teach you, they are here to exchange with you over what problems you may have if any. How to solve, what to do, what is my experience in India, what is your experience in Iran, what is your experience in Timbuktu, you see. So it's purely an exchange facility here, to exchange our work, our experiences arising out of that work and what we can do in the future to improve everything."

Master met with abhyasis from Iran and UAE centers. During the conversation with them he said, "There is a big difference between wanting and loving. I want a Master, what for? Now I love the Master, so I obey. So in Sahaj Marg you see obedience is not from the rules like the ten commandments and things like that; we love, so we obey. Obedience comes from the heart, not from mind or fear but from love."

Master left for Mumbai on 22nd October and from there to Ahmedabad on 25th October.





Full Day Programmes



Virudhunagar, Tamil Nadu

Regional co-ordinator Br.N. Prakash and ZiC Br.T.V. Viswanatha Rao visited the Chinnavallikulam ashram in Virudhunagar on 21st August. Around fifty brothers and sisters from Virudhunagar, Chinnavallikulam, Aruppukottai, Kariapatti, Kovilpatti, Srivilliputtur, Rajapalayam and Sivakasi centres participated in the day long programme.

After morning satsangh, Br. N. Prakash gave an inspiring talk. After brunch, a group discussion on the topic 'Better Quality of Abhyasi' brought out many points. Abhyasis emphasised that they had realized the Master's presence and guidance on so many occasions. The full day program concluded with evening satsangh.

Guwahati

After a lot of effort by the youth, Guwahati center witnessed an activity filled day on 3rd September. The morning satsangh was followed by a slide show with highlights from the September issue of Echoes India. After brunch there was a session for new abhyasis to clarify their doubts regarding their sadhana. It was found that older abhyasis also needed some clarifications regarding their daily abhyas. It was a very thought provoking session conducted with the help of slides prepared by SMSF and one could feel that all were benefitted. To keep the atmosphere light after the break, a question and answer session involved all abhyasis. It was then followed by light refreshments and then evening satsangh at 4 p.m.

Thrissur

On 4th September, Yogashram, Thrissur conducted a full day programme coinciding with the Onam festival. Master's talks, 'The Eternal Flame of the Heart' and 'Change the Future for Humanity' were



played. CiC Br. T.P. Narayan and Br. Jayaprakash translated the content into Malayalam for the abhyasis. Information on the recently setup Global Service Team, Mission activities and the importance of visiting Satkhol ashram and CREST retreat centres was shared with all. Golden silence was also observed for half an hour.

Devakottai, Tamil Nadu



About eighty-one abhyasis from various centers of Tamil Nadu like Ramanathapuram, Paramakudi, Manamadurai and Sivagangai attended a programme at Devakottai centre.

The programme began with an open house at 10.00 a.m. Br. S. Maria Selvaraj, delivered the welcome address. About fifty-five local people attended and they were briefed about Mission activities. The prefects of the participating centres spoke on 'Purpose of birth of Mankind', 'Religion', 'Role of Master', 'Importance of Sadhana', 'Role of abhyasi' and 'The Need for Sahaj Marg Meditation'. In the afternoon session, the abhyasis shared their experiences with each other. The programme concluded with the evening satsangh.





Growth Through Service, Mumbai

A workshop on 'Growth through Service' was conducted at various locations in Mumbai during four weekends of September and October from 10 a.m. to 4.30 p.m. On an average twenty abhyasis attended each of the programmes which aimed at inspiring the abhyasis, sharing the details of volunteer work in the Mission, developing right attitude for service and information on guidelines for working.

The programme that happened in Jalgaon on 11th September was attended by thirty abhyasis from Jalgaon and neighbouring centres. The slide was in English and was narrated by abhyasis in Hindi and Marathi simultaneously. Abhyasis participated very enthusiastically and the programme concluded with a satsangh.

International Day for Peace, Gujarat

On the occasion of International Day for Peace on 21st September, a prayer meeting was organized at twenty-nine locations in Gujarat in which 525 abhyasis and 1600 guests participated.

At Jamnagar the meet was organized at four locations and 400 guests including abhyasis attended. Around 200 guests and abhyasis attended the meet in Bhavnagar and fifty in Porbander. In Kadi the same was organized in a school wherein 225 guests and abhyasis participated. Sixty of them attended in Bhuj centre and similarly in Rajkot centre too. The designing of invitation cards, banners, presentation materials, etc. were done fifteen days before the programme. Invitation cards were distributed among family and friends of the abhyasis. The universal prayer was displayed in Gujarati in a banner for the benefit of the entire audience, which was helpful in memorizing the prayer.



Utilisation of Will Power, Mumbai

A session on will power was organised on 4th September at Mumbai centre and fifty-five abhyasis participated. The session started with a welcome address followed by a song for Master and an introduction. The programme comprised of audio talk and video show of Master in English and Hindi pertaining to the topic - Will Power. The reading material from Sahaj Marg were given on the same topic to the participants. The programme concluded with the determination of abhyasis to do the sadhana more diligently henceforth.

Focus on Ten Maxims, Gadag, N. Karnataka

Fifty-three abhyasis participated in the full day programme on ten maxims organized in Gadag near Hubli in Karnataka. The programme started with morning satsangh. The significance of character formation by leading our lives in a balanced manner as per the ten maxims was emphasized. Each maxim was explained with examples from our Master's lives. Children sang a song after lunch. Some craft work was exhibited. The programme concluded with a vote of thanks.





Rajasthan – Awareness programmes for Youth

An awareness workshop for youth abhyasis of Rajasthan zone was conducted at Jaipur on 4th September. Around 70 youth from different centres participated. Nominated coordinators gave presentations on topics such as:

- ◆What is the correct understanding of Sahaj Marg and how to develop it for youth?
- ◆What are the youth activities you are organising in your centre as a youth coordinator?
- ◆Resources from the Sahaj Marg website
- ◆Awareness on CREST Kharagpur and Bangalore Youth Seminar

The main objective of this workshop was to bring the youth from different centres on a common platform and give them a chance to interact, express their views and develop a feeling of brotherhood. The methodology adopted was sharing of experiences in various activities in centres, a Q&A session and screening of a relevant video. In the evening an activity titled 'life spaces' was conducted through which they learned how to conduct their lives in four spaces - family, profession, mission and individual. The seminar concluded with an evening satsangh.

In Bhilwara, a youth meeting was held for two hours on 9th October on the topic: 'What is the correct understanding of Sahaj Marg and how to develop it for youth?' Ten abhyasis who attended put forth their respective view points on the subject.

In Ajmer, Dr. Sunny, youth coordinator, organised a three day workshop on 'Self Transformation', from 20-22nd August. Prefect Dr. Vikas facilitated it in a homely environment. Each day began and concluded with satsangh.



After ice breakers, a session of introspection on 'What is wrong with others and wrong with me?' made the participants realise that the problem is never outside, but always within oneself. This also revealed many new qualities of that person not appreciated before. Their hearts opened and solutions started pouring from within. A session on diary writing and discussion on 'How to attain the Goal?' and on 'Choosing a spiritual life' emphasized focus on sadhana. This workshop helped to know their brothers and sisters, and most importantly - know themselves better.

Faculty Development Program Tiptur, Karnataka

A two-day residential workshop 'Spandana: Faculty Development Program' was organised in Kannada for 37 abhyasis of Karnataka South Zone on 24- 25th September at Tiptur. The workshop aimed to sensitize abhyasis to develop as ambassadors of the Mission to communicate the philosophy and practice of Sahaj Marg in an undiluted manner. The sessions were conducted by experienced trainers on topics such as 'Developing Effective Communication Skills', 'Optimum content to be covered while introducing Sahaj Marg to spiritual aspirants', 'Introducing Sahaj Marg in different contexts' and 'Need for continuous self development to develop as a faculty'. The participants were taken through practice sessions within the groups while receiving inputs from the trainers. A few participants delivered presentations on pre-assigned topics and received feedback from the panel on their strengths and areas for improvement. The participants were introduced to various faculty opportunities in the Mission and were advised to plan the activities in their respective centres after discussing with their centre functionaries.

The participants found the workshop very useful as it gave them confidence to spread Sahaj Marg. Most of them returned to their centres with new found enthusiasm and zeal to participate in Master's work.





Workshop for Children, Chennai

A craft workshop for children between the age group of eight to twelve was organized on 9th October and around ninety children participated enthusiastically. The children made diwali cards, photo frames, wall hangings, birthday caps, colourful goggles, etc., mostly from waste material. They painted inspiring quotes and drew beautiful pictures on a T-shirt. They painted self imagined creative pictures on a bag and carried away the message of avoiding the use of polythenes to protect nature. Children were glad to learn values while having fun.

New Centre, Tamil Nadu

A new centre was inaugurated at 'Karumathampatti' near Tiruppur on 28th August. The programme commenced with the morning satsangh. Br.T.V. Viswanatha Rao in his inaugural address recollected the efforts taken by the abhyasis in developing the Tiruppur centre and requested the abhyasis to work devotedly for the development of this centre also and pave the way for the commencement of many more centres. An open house session was organized in which the salient features of Sahaj Marg were explained as a result of which many participants expressed their interest in starting the practice.



On 15th, discussions took place on what are the tools for character formation and what makes one fail in will power. The next session was on self analysing and everybody enjoyed analysing their negative side or drawbacks. This gave them an idea as to how to change according to Master's expectations.

The participants felt happy, confident and were eager to try out whatever they had learnt in this program.



New Meditation Hall, Nainital, Uttarakhand

A long dreamt of necessity was inaugurated on 4th September at Nainital. The hall with a seating capacity of about 150 abhyasis is above the residence of a brother abhyasi. On the eve of the occasion a full day programme was organised which included songs, recitation of poems, bhajans by children and a warm speech. The dedication of the meditation hall has brought in more enthusiasm amongst the local resident abhyasis.

Character Formation, Tiruppur

A program on 'Character Formation' was conducted at Chettipalaym Yogashram, Tiruppur by Br. Ravi Subbian on 14-15th August for a small group of young abhyasis upon special request.

On 14th, after Sunday satsangh, the program began with a 'self-analysis' test. The trainees were given thirteen questions on the topic to aid in self-introspection and were asked to write down about their efforts so far in building up their character.

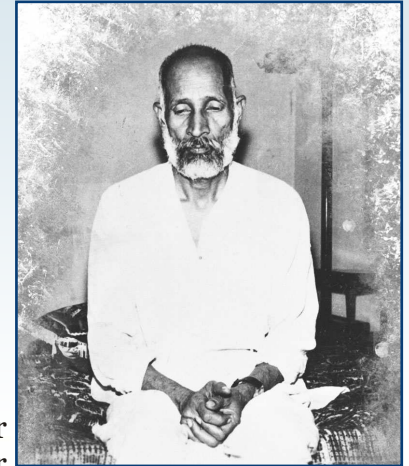
Master's quotes on the topic and some relevant messages from the Whispers from the Brighter World were shared. This gave a clear understanding that character is not only being honest and truthful, but it is a basic set of principles which should be applied in every situation, to become a completely balanced person. It was also explained that our outer personality should match the inner spiritual condition given by our Master.





Centre of Light

Mysore Ashram, Karnataka South



Mysore ashram is the regional ashram for neighboring centres like Nanjangud, T.Narasipura, Hunsur, Mandya, Madikeri and Periyapatna. Activities like ID card co-ordination, publication distribution, etc. is taken up by Mysore centre for these centres. The ashram is used for regional gatherings, workshops and training programmes for abhyasis.

Master's visits

Mysore centre started sometime in the 1950s. In December 1965, Babuji Maharaj visited Mysore and stayed at Shri. Manjunath Iyer's house. Master visited Mysore to celebrate Founder's Day on 16th of March 1985 held at Govinda Rao Memorial Hall. Again, on 17-18th May 1995, Master was in Mysore and he conducted satsangh at Mulakanadu Bhavana. In the year 2002, about 16 acres of land was acquired on Maidanahalli Road (near Yelwala) out of which eight acres was allotted to the ashram and eight acres for a residential layout for abhyasis. On April 2, 2002, Master dedicated the land to the Mission. Another 3 acres and 32 guntas were acquired in the year 2005.

Soon after, a temporary meditation hall, kitchen block and an office room were built. While inaugurating them on February 16, 2004 in the presence of a thousand abhyasis, Master stressed the importance of both the older and younger generations saying that, "We want old people for their wisdom, for their experience, but we want

young people for their energy, for their idealism, and for their ability to do what they want. Old people think and talk; young people must work".

In October 2004, Master visited Mysore, coinciding with the Youth Seminar. Master addressed the youth saying, "When Babuji Maharaj gives us our first sitting, he calls it seeding. He puts the seed of Himself into our heart. That is why the heart in yogic terms is called the hridayayoni. It is a creation of a new life where you are reborn within yourself as a new being, provided you allow that seed to germinate, water it with bhakti, shraddha and dhyana."

A cottage for Master was later built behind the meditation hall. Master made a short visit to the ashram in December 2006 and stayed for a few hours.

The ashram today

Today Mysore has a strength of over 500 and Sunday satsangh attendance is over 150. Preparations are being made to build a meditation hall which can accommodate about 1000 abhyasis. Around five hundred fruit bearing trees such as mango, papaya and guava, have been planted in the ashram. A vegetable garden and a beautiful landscaped garden is being looked after by abhyasis.

