



At the moment we are waiting for quotes from surveyors and town planners. If reports are favorable we will settle in mid March

## Masters News

### In Europe adapted from European Newsletter

*...even though no seminar had been organized, according to his wish there were more than 1200 in Paris for an intense weekend...*



For three and a half weeks, Master stayed in Europe. Travelling from Brussels where he landed on the 5<sup>th</sup> December to Paris, Berlin, Vrads Sande and back again to Brussels where he left on the 29<sup>th</sup> December.

Many abhyasis took the opportunity to go and meet him, even though no seminar had been organized, according to his wish there were more than 1200 in Paris for an intense weekend, and about 50 preceptors in the Ashram for a meeting, followed by a musical show.

In Berlin, around 420 abhyasis joined Him from the 11<sup>th</sup> to the 15<sup>th</sup> of December.

In Vrads Sande 300 to 500 abhyasis enjoyed the Ashram atmosphere and the Christmas feast with Him from the 15<sup>th</sup> to the 26<sup>th</sup> December.

Before his departure on the 29<sup>th</sup>, more than 100 abhyasis went to Brussels airport for a last goodbye.

Satsangh, preparation of new prefects, marriages, meetings... Master was very busy during his stay, as usual! **SM**

More photos from Berlin can be viewed at the following address: <http://srcm.info/gallery2/v/>

## Back to India

Extracts from Sahaj Sandesh 2008-1

Master arrived on the 30<sup>th</sup> of December at 2.15 am, at the Chennai airport where he was greeted by 400 abhyasis waiting for Him patiently.

Despite this late arrival, He conducted the Sunday morning satsangh much to the delight of approximately 3,000 abhyasis who had assembled in the hall. The next day, in the evening, he drove around the ashram in his golf cart, amidst the surging



crowd of abhyasis who had arrived from several parts of the country to be with Him for the New Year. All enjoyed also the flute recital by Br. Atul Kumar, an abhyasi and professional flutist.

On the 1st of January, Rev. Master conducted the morning satsangh with over 5,000 abhyasis present. After the satsangh, Rev. Master distributed participation certificates to the Youth Program Trainees of Batch VII which has just concluded.

Overall, the abhyasis who had come to be with Rev. Master for the birth of the New Year 2008 had a special time, soaking in His love and the spiritual ambience that seems to have descended upon Manapakkam Ashram. **SM**

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### OUR MASTER'S WORDS

Master talks informally at CREST

*In Masters presence, as always, there emerged interesting conversations, thoughts or simply blissful silence.*

*Some of the topics which Master spoke about were.....*

Reported by a participant



### Cleaning

Master, during an after-breakfast conversation mentioned that the cleaning abhyasis do is like removing the dust on a table surface, but what about the ink that has seeped inches into the table?, he asked. How to clean the ink without chipping off the table top? He then revealed that here's where the need comes for a Master who can clean delicately without destroying the object and yet clean deep within.

### On Continuum

When greeted by an abhyasi with the words "Pleased to meet you again Master", Master responded by saying that there is no continuum in human relationship, one wrong word or one hurtful act can break the relationship. Each moment must be treated as a new moment and viewed as such in relationships also.

### The revealing moment

An abhyasi brother from the US works with the Hospice,

helping terminally ill patients through the last stages of their lives. He mentioned that his interviews with these people found the same feelings and concerns in all. Similarly he also interviewed abhyasis about joining the Mission and the changes they observed in their lives after joining the mission. He got different answers which conveyed the same thoughts. On hearing this Master was very happy and said that it is essential to be able to accurately capture the moment of first exposure to Sahaj Marg, when the primary questions that were buried under tonnes of debris were brought out. The primary concerns were always one of God and human existence, followed by the immediate family and finally close friends.

### Powerful Thoughts

During yet another post breakfast chat, Master in a very serious and concerned manner said that thoughts are very powerful. SM

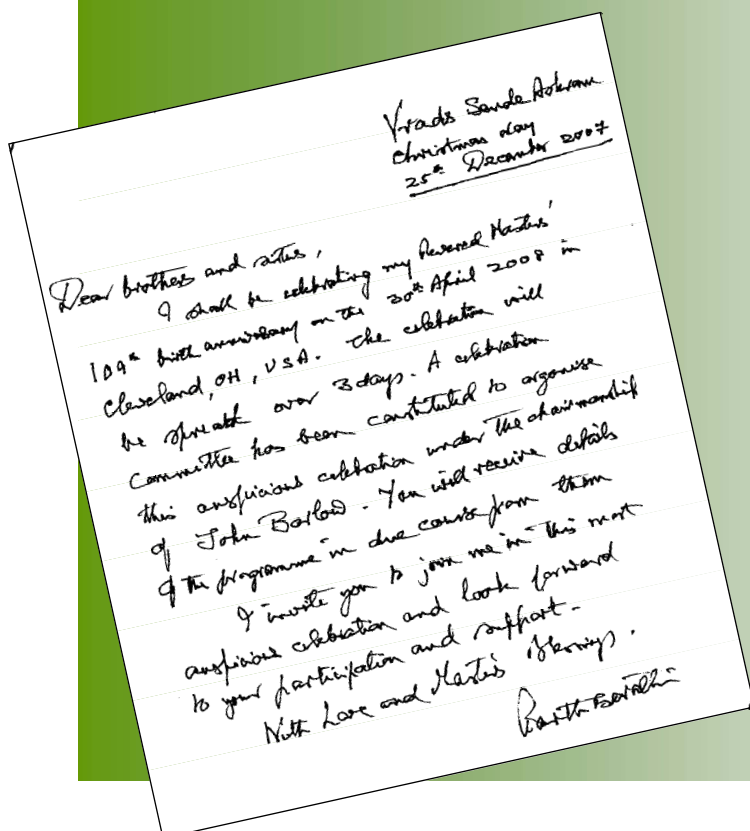
### International Seminar Cleveland Ohio

Rev. Master has announced there will be an International Seminar on the auspicious occasion of Rev. Babuji Maharaj's 109<sup>th</sup> birth Anniversary at Cleveland, Ohio, USA. The venue Cleveland Fair grounds a 100 acre scenic area has the capacity to host more than 10,000 participants.

*Preceptors Seminar to be held in conjunction with Rev. Babuji's Birth anniversary celebration at Cleveland, on the 26<sup>th</sup>-27<sup>th</sup> April 2008.*

Rev. Master invites abhyasis from around the world to participate in this International seminar from Monday 28th April to Tuesday 1st May 2008. Master has called it

**"Here and Now ... or Never!"**



# Sahaj Marg Echoes of Oceania Centre News

## Sydney

**Wollongong area** Over the last couple of months 14 new abhyasis have commenced

practise in the area and preceptors are travelling to give sittings and satsanghs each weekend.

**Blue Mountains** an open house was held in January, we have a new abhyasi and two others interested to start, so with existing abhyasis, these are exciting developments. **New Study Groups**

A monthly **Preceptor Study group** meets at different preceptors homes and is currently focussing on the Preceptor online training material which has proven to be very beneficial. **Abhyasi study group** has started in the northern suburbs, meeting monthly and currently focussing on the essential aspects of the practise. At the inaugural session, 9 abhyasis studied the practise of cleaning from the Series 1 booklet and listened to tapes of Babuji speaking with Danish abhyasis re the process. **Abhyasi Training sessions** The first area **Abhyasi training session** for the year was held at the home of Rani and Nagesh Dronavalli at Quakers Hill 26<sup>th</sup> January 3pm. **Monthly gathering** sessions continue on the first Sunday of each month SM



Top Open House Blue Mountains

Middle Study group Northern Suburbs  
Bottom New Caledonia

## Perth continued

14<sup>th</sup> Study Session Maxim 3 - Sujatha.

19<sup>th</sup>22<sup>nd</sup> Regional seminar Sydney. Eight abhyasis from WA participated.

### November

4<sup>th</sup> Power Point presentation on 'Character' from Salient features of Sahaj Marg Sujatha Menon.

11<sup>th</sup> Presentation on Maxim 4 Sushmita Datta Roy.

11<sup>th</sup> Open day held at Br Siva's house in Ocean Reef. Sis Latha and Br Ram did the presentation on

Sahaj Marg.

18<sup>th</sup> Presentation on Maxim 10 - Geraldine Hakewill.

25<sup>th</sup> Power Point presentation on Maxim 1 Amiya Ghose

### December

2<sup>nd</sup> Continuation of power presentation on Maxim 1 Amiya Ghose.

16<sup>th</sup> Presentation on Maxim 7 Arlette Rajalingam

"We are happy to announce that Br Ramnarayan Kalyanasundaram & Sis Alamelu Ramnarayan affectionately known to all as Br. Ram and Sr. Lulu from our Perth centre have been re-appointed by our beloved Master to serve as preceptors for the Mission. We look forward to their contribution and commitment to the Perth centre." SM

## Melbourne

Melbourne Centre is grateful for the active participation and contribution by Br. R S Sachan, visiting preceptor (who is heading back to India). He gave many sittings to abhyasis from the suburbs around the city and the west.

The **Action** Group meetings have now moved from Friday to Sunday in the hope that this will attract more participation. Topics addressed in December included revisiting the subject of a future Centre to accommodate the growth in Melbourne, the newly purchased ashram land in Sydney and discussion about creating more energy, unity and love, by working together, and on ourselves, in the hope of attracting a visit from Master in the very near future SM

## Brisbane

ZIC visited Mapleton centre for evening satsangh and dinner. A few new local abhyasis joined in. It was a pleasant evening. All abhyasis were invited for an informal afternoon at the home of Sister Madhuri Chava in Taigum SM

## Perth

### 2007 activities October

13<sup>th</sup> Preceptor meeting. Instead of having long day gatherings every month, we decided to try out short study sessions on Sundays soon after satsangh.



Inaugural Study Day

New Caledonia

# WHATS ON?

Contact centre coordinator for further details

## BRISBANE February

**2<sup>nd</sup> BASANT one day celebration** open house and a full day programme.  
**Br Santhosh and Sis Sumi in Booval**

## BRISBANE March

**2<sup>nd</sup> Monthly gathering - study from 'Reality at Dawn'**  
**Br John and Sis Danielle, Fig Tree Pocket**

## NEW CALEDONIA February

**2<sup>nd</sup> BASANT one day celebration** Satsanghs and presentation of Lalijis life and teachings

## NEW CALEDONIA March

**2<sup>nd</sup> Study day—focus on Maxims 6 to 10**

## PERTH February

**2<sup>nd</sup> BASANT one day celebration** Satsanghs and presentation of Lalijis life and teachings

**17<sup>th</sup> Study group topic tba**

**29<sup>th</sup> Retreat—theme Universal Love**  
**Woodman Point**

Open day and date tba

## PERTH March

**1<sup>st</sup>—3<sup>rd</sup> Retreat—theme Universal Love**  
**Woodman Point**

**16<sup>th</sup> Refresher course on the practice of Sahaj Marg**

**23<sup>rd</sup> Continuation of refresher course**

Open day and date tba

## MELBOURNE February

**2<sup>nd</sup> BASANT one day celebration** open house and a full day programme.

**3<sup>rd</sup> Group Discussion on the Ten Maxims**

**9<sup>th</sup> Open workhouse workshop**

**17<sup>th</sup> Mid monthly presentations Br Vikas Criticism and Pain**

## MELBOURNE March

**2<sup>nd</sup> Half day program topic tba**

## SYDNEY February

**2<sup>nd</sup> BASANT one day celebration**  
**North Epping Scout Hall**

**9<sup>th</sup> Study group commencing with a satsangh Topic *The practice*, all welcome**  
**Northern Sydney**

**16<sup>th</sup> Canberra Training session**  
**Canberra**

**15<sup>th</sup> -17<sup>th</sup> Sydney Training weekend**  
**Blue Mountains**

**24<sup>th</sup> Preceptor Study Group**  
**TBA**

**TBA Eastern Suburbs Training session**  
**Eastern Suburbs**

## SYDNEY March

**7<sup>th</sup> – 9<sup>th</sup> Retreat**  
**Little Wobby Beach**

**16<sup>th</sup> Study group commencing with a satsangh,**  
**Northern Sydney**

**16<sup>th</sup> Central Coast Training session**  
**Holgate share lunch**

**29<sup>th</sup> Wollongong area Training session**  
**Shellharbour**

**Topic *Essentials of the practice***

**30<sup>th</sup> Preceptor Study Group**



## United Nations RELATED EVENTS

2008

SRCM will initiate open forums to conduct prayer programs on the following UN commemorative days

**5<sup>th</sup> June World Environment Day**

**10<sup>th</sup> December Human Rights day**

## Reflection

*He has to go into your heart without your knowledge. He has to go into your heart without breaking it. He has to be there without your objection. He has to be there without His presence being an impediment to your normal existence. You must be able to carry on with your human love affairs, you must be able to marry someone, you must be able to be attached to them you must have your children - from the outside. But inside, where it matters most, in the heart of your heart, there He is, unshakeable, enshrined.*

*Principles of Sahaj Marg, Vol X, P.44-45*

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