



NEWS FROM MANAPAKKAM

June 2013

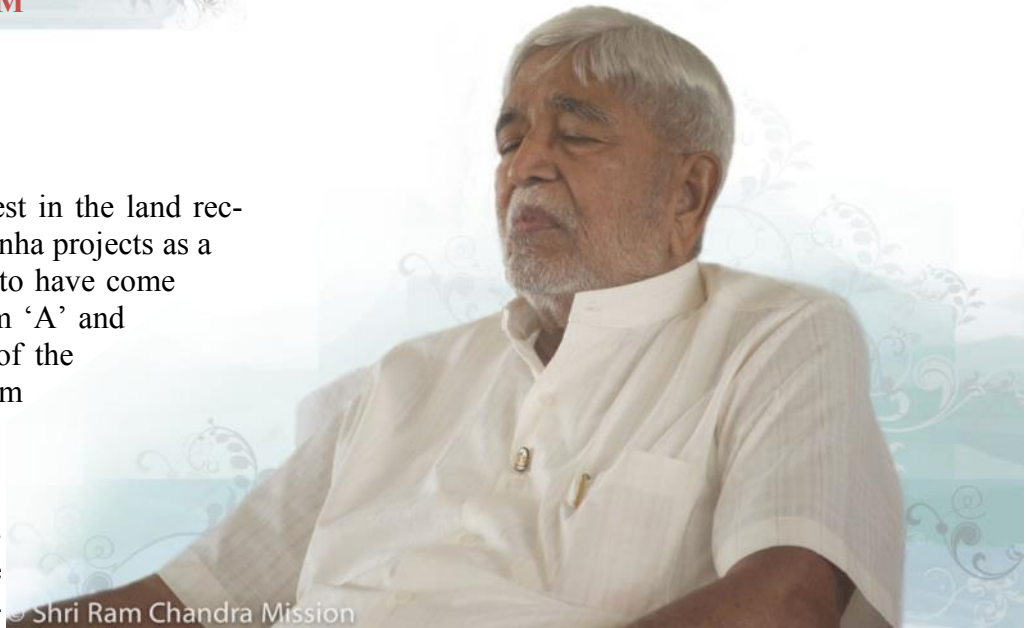
Master has been taking a keen interest in the land records relating to the Brahmand and Kanha projects as a result of which a new energy seems to have come into this effort. Master came to Dorm 'A' and gave a talk saying, "I am also one of the land owners like you all and I also am very keen in wanting to see this getting resolved for all our benefit."

Master gave some books to Br Kamlesh which were Babuji's works. He has also given his original diary collection to Br Kamlesh who said that it is such a treasure and is going to be of so much use to everyone in the future. Master said, "I never thought that it would be of use to anyone. I just wrote for my own reasons to keep track." Master has hand written his diaries from 1964 - 1994 and then from 1995 onwards he has been typing it directly on the computer.

Master talked about an incident when one morning around 5 a.m. Master was sitting just outside Babuji's bedroom at 'Gayatri' and writing his diary. Suddenly Babuji came out and asked to see it. Master showed his diary to him and Babuji said, "Arre, you are writing about everything that I have said. How do you remember all these things which I myself don't remember?" Master said, "I just put myself into that date and everything shows up in front of me." Babuji was very happy on hearing this and said, "This is called research."

Master then mentioned how Babuji had asked him how he slept instantly, as soon as he lay down. Master said, "I just imagine that sleep is descending from the front of my forehead down into my eyes and I sleep off." Babuji replied, "You see, research does not mean writing volumes of paper and theory. This is original research."

Master then said, "Most of the work I learnt when I was on tour with Babuji. He would ask me to do the work and he would observe. Many times he would ask me to sit next



to him and work along with him, transmitting. I wish I had ten more years with him. Babuji told me that he would be around and with me till 2006 or 2007, but he left several years earlier."

July 2013

A few months ago, Master was looking at a regression session on the Internet by Brian Weiss, the author of *Many Lives, Many Masters*. Brian Weiss has written a new book titled *Miracles Happen* and Master has started reading this book. The reading was about people going into their past lives through regression treatment. The point being conveyed was that we are all one and many examples were shown how our meetings and associations in this life are not a coincidence but that such associations are a continuation from various past lives.

Master has about 2 - 3 books going at one time and he picks one of these books for every book reading session. A couple of Omega school students come on weekends to read the books out loud for him. When he is listening to the reader, his eyes are closed and he is concentrating on what is being read. He also helps the reader to correct himself or herself along the way.



### Inauguration of the Singapore Meditation Centre

Wednesday July 3, 2013: Master said, “We have been waiting for this meditation center in Singapore for a very long time.” He got ready very early and was all set to join the Singapore abhyasis via a video link. The Singapore abhyasis had been advised earlier to sit for meditation and after that Master would join in. As the satsangh at the Singapore meditation center finished Master eagerly came walking to his office room. He greeted all the abhyasis in Singapore and then gave a beautiful talk, where he referred to the nursery rhyme, ‘Twinkle Twinkle Little Star’, and said, “You know the diamond does not reflect light from outside, it has what is called ‘total internal reflection’. The light inside the diamond is totally reflected without escaping. That is how it becomes so brilliant and so lovely and wonderful. ...The light in our heart on which we are supposed to meditate must be allowed to grow and to go on inside you know reflecting, so that one day we become like a star.” Master then called out to the children to come forward and told them how everything natural grows from inside and thus, spiritual life as well should grow from inside.

One day, Master was awake early and decided to come out and sit. Master sat in silence for a while and then asked for the newspaper to be read to him. However, after a while, as Br Satbir came, Master’s mind had gone to checking his emails. One could see his restlessness and he proceeded to check his emails. Work always comes first for him.

### Wednesday July 10, 2013

Master conducted the 9 a.m. satsangh which lasted for about forty minutes and then performed four marriages and one engagement. He looked quite tired after this and went to rest. The same evening, Master conducted satsangh from the porch as it was drizzling outside. After



the satsangh was over, it rained quite heavily for about thirty minutes.

Arrangements were being made to accommodate about 10,000 abhyasis for the upcoming birthday celebrations in Chennai and Master asked for a budget to be prepared and submitted to him.

The monsoon has started in Chennai and one night Master came out in his wheelchair and enjoyed watching the heavy rain. He said, “It should rain like this for a good two hours to solve our water problems.”

Master has become regular in giving a perfect sitting almost every day. This is the first thing that he likes to do in the day and is so focused on this work that he cannot be distracted by any other information until it is done.

### Saturday July 13, 2013

Master had several sittings lined up for the day. By 7:15 a.m., he finished his sittings and then the eye treatment started. Master had his haircut while listening to L. Subramanian’s music. Just then, he received the news that one of his close associates, an abhyasi, had passed away. Master’s mood changed and he was in a different world altogether. He said, “One second here, another second gone. Where, nobody knows”. After this, he was

completely silent for the next hour, just sitting with his eyes closed or staring into space.

### Sunday July 14, 2013

Master planned to go to the meditation hall but his doctors advised him to be in the cottage as he had been a little unstable in the morning. The central hall in the cottage has become the venue for Master to conduct marriages. He conducted satsangh and solemnized five weddings.

Master sat in the hall for the Gita lecture by Br Sanskrit Kannan which went on for an hour. Till now, he has completed the first six chapters of the Gita. At the end of each session, Master usually makes some closing remarks.

On July 20<sup>th</sup>, Bhargav returned from the USA. Master was very happy and said, "Welcome grandson, I have been waiting for you." He spent some time with the family and then gave a sitting to those present. After the sitting, Master discussed with Br. Wulliemier and Br Alber to about various training programs. He asked them, "How to grow without the ego accompanying that growth - that is the secret of the matter. Take children for example. As they become three years, they become egoistic. Daddy says, 'Do this'. 'I know'. It seems to be necessary in some way at the beginning of growth, to give self-confidence, you know to face the world, to socialize. But, it is like the milk teeth that we have, the first set of teeth. They have to go, you know. So similarly, this ego has to mature or shall we say, flower into humility."



### Monday July 22, 2013 Guru Purnima

A very important day in the life of an abhyasi when he is in the presence of his Guru. The ashram was full of abhyasis. Master was ready very early and met with quite a few abhyasis in the morning. A large scale model of Kanha Shanti Vanam was brought by the Hyderabad team and Master looked at it in great detail. He was impressed with the model and proudly called many abhyasis to see it and explained the various features to them.

Master conducted the morning satsangh in the meditation hall and then gave a talk. In the talk he said that Sahaj Marg has *infinite* blessings to give us, but how much are we able to take with us? He said, "Don't exempt yourself from the need to examine yourself sincerely, and to evaluate yourself, and at least now to start throwing off all those dirty things that you *know* you have."

### Master's 87th Birthday Celebrations

Master was ready quite early in the morning. He blessed the prasad which the kitchen team had brought and also cut a cake at their request. Br Krishna and family and Br Kamlesh and family met Master. Even before the sun was up, there was a large group of abhyasis waiting at the cottage gate. Master was sitting in his bedroom and abhyasis were facilitated by the cottage volunteers to meet and greet Master. About 250 abhyasis would have met Master before he came out to conduct the morning satsangh. Master came to the meditation hall in his wheelchair. This year as there was no bhandara and abhyasis had been asked to celebrate at their local centres, a video link was setup to





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relay live the proceedings at Chennai. The satsangh, the book releases, Master’s talk, then the announcement that he was leaving but Master immediately saying that he wanted to talk again thus giving two talks, the bhajans; all were heavenly and a great feeling for all present at Manapakkam and elsewhere.

In his first talk, he reminded us that our spiritual evolution is not only for ourselves. Our children must evolve with us and our social circle must also evolve with us. He also said, “The freedom of choice is the most dangerous thing for us, because unless you have the wisdom to choose, it helps you to condemn yourself to all the bad things. ... Sahaj Marg is simple but it requires courage to be simple. It requires courage to be able to say what you have in your heart.”



In his second talk Master said, “Without you all, I feel lonely. Even before the Utsav starts, I am thinking that they are all coming only for a few days and then they will all leave me and I feel very lonely, I feel very sad. So, to dis-

pel my loneliness, I need companions in my spiritual way, whose presence I can feel always, whether they are here or not.”

After the morning session, Master continued to meet abhyasis at the cottage. Around noon, a group of around fifty Russian abhyasis filled Master’s bedroom and the atmosphere changed, a lightness entered, and Master suddenly decided to give a sitting! He later expressed a keen interest to go to Russia and the Russian team is planning the event for next summer. Master’s health cannot be an issue when such a spontaneous and joyous event happens. His keen interest to travel inspite of his fragile health brought tears of joy to many.

In the evening flutist Br Shashank played a fusion style concert at the meditation hall. Master watched part of the program through the live relay. The day ended in the usual way with Master watching a movie and going to rest by around 10 p.m.

**Thursday July 25, 2013**

Master was in his office, working on his emails and waiting for the satsangh to end. He then listened to Br





Kamlesh's talk very intently. After this, there was a short video on the Moldova meditation center. Master was very happy to see this video. The design of the meditation center was superb. The kitchen and dining facilities were of high quality, the accommodation looked like posh hotel rooms, and Master said that the meditation hall looked like a space ship taking off! Master and Br Kamlesh were very happy and thrilled to see such efforts from a small center with a small number of abhyasis. After the video, Master gave a sitting to the group and after that he asked everyone in the room to tell their experience of the sitting. Each one explained what they felt and after hearing from everyone Master said, "This sitting was special because the work I did uses a special technique."

Master was talking about success and failure and said, "Failure is individually attributable. Success is not. In my sales talk I used to say about cooperation, when the car is working perfectly fine, can you say why it is working. You cannot. But if it fails, you can surely say what is the reason for its failure."

### August 2013

Friday, August 2 was Master's birthday as per the Lunar calendar and all the brothers in the cottage were wearing dhoti and blue shirt. Master offered prasad in the morning and he had planned lunch for about fifty people. He came to the courtyard and had lunch with everyone.

### North American Prefect Seminar - August 8<sup>th</sup> to 10<sup>th</sup>

On 8<sup>th</sup> morning, Master was not well and even though the prefects had assembled outside the cottage it was changed and they went back to the auditorium as Master was not in a position to address them.

However, in the evening, Master surprised everyone and came and sat outside the cottage. The North American prefects were able to spend time with Master and he addressed them all.

'Deepening Prefects Experience' was conducted for about 140 prefects by Br Santosh Srinivasan and a team of fourteen facilitators. Br Kamlesh also gave talks to the prefects on all the three days. The seminar concluded with a Q&A session on Sunday.

### Friday August 9, 2013

On Eid, the last day of Ramzan it has been customary for one Muslim family who live near the ashram to come and seek Master's blessings. Master invited them, met all the children, gave them sweets, offered prasad and distributed the same to all those who were present and then conducted a sitting as well.

### North American Seminar - August 11<sup>th</sup> to 17<sup>th</sup>



Brothers and sisters from North America and Canada gathered together to grow spiritually by engaging with the theme that Master had given: "Prejudice is the greatest obstacle to Spiritual Growth." In particular, Master appointed brothers P.R. Krishna, Kamlesh, Rob Klinger, Kannan, Vinod and Sis. Elizabeth as speakers.

Br Kamlesh emphasized the importance of reading the Mission literature, and therefore proposed to spend the afternoons in reading the works of our Masters. He ex-





◀ Br Kamlesh hoisting the Indian flag on the occasion of the Indian Independence day on August 15.



plained the importance of having a background on the writing of our great Masters.

The gathering offered a training for teenagers interested in discussing Sahaj Marg, the role of spirituality, how it related to them as youth and what role the Master plays in their lives.

Br Victor Kannan introduced the program of U-Connect (University connect) to teachers and students and Br Krishna Linga invited abhyasis in higher education to become active so that Sahaj Marg can be reached by future generations.

Chennai saw continuous rains during this seminar which lightened up by the 16th. After each evening sitting, Master's gate opened for all abhyasis. On 16th evening a bold eight year old asked Master. "Master, why does God hide himself in You, why can't he show Himself?" Master said, "If God is hiding, then there must be a reason behind it. If the reason is revealed, then what would be the purpose of Him hiding?" Only Master could have such a beautiful reply.

On 17th evening he was smiling and shaking hands with a huge group of children, who seemed very happy to be around Master. Slowly, there were a lot of grown ups who took courage and came forward to greet Master, some with sweets and gifts. Master obliged each one of them with immense patience and calmness. A brother asked Master, in reference to the theme of the seminar, "Master, is love the opposite of prejudice?" Master replied instantly, "Love does not have an opposite." He said that just like how God does not have an opposite, love also does not have an opposite.

When asked how he was doing, he answered, "Not so well but no complaints." Seeing him was so touching , filled with moments of silence.

During this whole seminar Master's health was not alright. So, almost all his planned visits, meetings, and satsanghs had been cancelled, but the spontaneity of Master was in full swing. He made himself available whenever his health permitted, came out, met abhyasis, watched talks given by others, etc. He mentioned, "My availability to abhyasis is more and more being governed from up there (pointing upwards to Babuji Maharaj) and it is getting more and more restricted. Anything available in excess is not valued much. So, I recommend everyone to utilize the opportunity to the fullest extent."





### Revered Master's 87<sup>th</sup> Birthday Celebrations

Full day programmes were arranged throughout the country to celebrate beloved Master's 87<sup>th</sup> birthday. The day began with the morning meditation in various centres, which was followed by programmes like skits and dances by young abhyasis and children. Bhajans sung by abhyasi brothers and sisters created an atmosphere of devotion and tranquillity.

There was a sense of inner joy pervading the hearts of the abhyasis as they watched beloved Master on the screen. The live telecast of the proceedings in Chennai, brought about a feeling of physical connect with Master. Few centres also had a cake-cutting ceremony and birthday songs. This was followed by events like reading of messages from the Whispers, cultural events by children or skits.

Many centres witnessed gatherings which far exceeded the usual number of abhyasis for satsanghs. Throughout the centres, talks, skits, group discussions highlighted the various aspects of Sahaj Marg such as right conduct, surrender, faith, the goal and the path. Significant events of the life of Master were presented to abhyasis in the form of talks, skits and group discussions in most centres.

Both small and large centres made every effort to organise discussions and interactive sessions such that the thoughts of abhyasis are aligned to the purpose, means and attitude to reach the goal. The day was spent in introspection and was celebrated with a feeling of devotion, love and inner joy in various centres across India.



Ahmednagar



Nagpur



Gondia



Solapur



Bhilwara



Jodhpur



Jaipur



Phulgaon



Madurai



Kolkata



Ranchi



Chikali



### First Ashram in Punjab - Ludhiana

Situated on the Ludhiana-Pakhowal road, the ashram is around ten kms from Ludhiana railway station and six kms from the bus stand. It has a built up area of 2000 sq. yards with three double storey blocks which house Master's cottage, meditation hall, dormitories, children centre, office, kitchen and toilets. The meditation hall has a seating capacity of 350. The ashram has a bell specially designed in the US and approved by Master.

The ashram was inaugurated on Guru Purnima on 22<sup>nd</sup> July in the presence of around 300 abhyasis by ZiC Br Maj. General (Retd.) Harbhajan Singh. Master declared the ashram open via a video link from Chennai and advised all abhyasis to make the best use of this facility for their spiritual upliftment. Br Harbhajan Singh then conducted satsangh and addressed the abhyasis. Br Raman Kapoor CiC Ludhiana thanked Master for this magnificent gift and thanked all abhyasis and volunteers for their participation. All the abhyasis felt the atmosphere was charged and felt Master's presence throughout.

### Manamadurai, Tamilnadu

Manamadurai centre, in Sivagangai district has been functioning in prefect Br Radhakrishnan's house for many years. Recently Br Nithyanandam donated thirty-three cents of land and a meditation hall of about 2400 sq.ft. has been built with a kitchen, toilet and an office. With Master's permission, the first satsangh was conducted on 20<sup>th</sup> June by Br T.V. Viswanatha Rao, ZiC. Nearly 200 abhyasis from nearby centers attended this satsangh and they remained till the evening satsangh.



### Vadakangulam, T.N.

Around 300 abhyasis from Vadakangulam, Tirunelveli, Thoothukudi and Kanyakumari gathered at Vadakangulam ashram to celebrate Master's birthday and the inauguration of the newly built Master's cottage. The infrastructure of the ashram is complete with a semi-permanent meditation hall, toilet blocks and a thatched roof kitchen, besides the permanent cottage for Master and a dormitory cum classroom for abhyasis on top.

At 8.30 a.m., the plaque of the cottage was unveiled and at 9 a.m., satsangh was conducted by Br A.P. Durai followed by reading of a passage from Master's talk on how divine presence should be felt everywhere and cannot be localised in an ashram. This was followed by impromptu talks by abhyasis, group discussions and a video presentation of ashram history and also of Master's talk given on Guru Purnima. Before the program concluded with a satsangh, there was a Q&A session on Sahaj Marg.

### Payyanur, Kerala

The foundation stone for the meditation hall was laid by Br K.U. Mohan, ZiC on 22 July on Guru Purnima day, as suggested by Master. Sixty-five abhyasis attended the function which started with satsangh followed by laying of the foundation stone. Thereafter a few plants were planted. After breakfast abhyasis reassembled at the meditation hall for a group discussion. The CiC, Br T.V. Kunhi Kannan in his welcome address said that the foundation stone laid on that day



marked a milestone on the path of progress of Payyanur Ashram. He solicited the wholehearted cooperation of each and every abhyasi in the construction work to be followed. He said that it's a golden opportunity given by Master to the abhyasis to evolve through service.

## Blooming of a Centre - Jaora, M.P.



Jaora, a small town in M.P. near Ratlam, had just ten regular abhyasis for many years. On 12<sup>th</sup> July an open house was organized under the initiative of Sis. Ruchi and seventy-five aspirants joined Sahaj Marg. On 24<sup>th</sup> July Master's birthday was celebrated in Jaora along with the new abhyasis. Subsequently Br Prabhakar Das, ZiC along with few prefects and abhyasis visited Jaora and Ratlam on 3rd and 4th August for a full day program. Sixty-five new abhyasis of Jaora attended the programme along with abhyasis from Ratlam and Mansour. The talk and presentation given by Br Das on Sahaj Marg practice, and the Q&A session and informal discussions with prefects provided a good opportunity for the abhyasis to clear all their doubts.

On 9<sup>th</sup> & 10<sup>th</sup> August twenty-six aspirants joined the mission. Thus within a month's time a centre with less than a dozen abhyasis for decades has become one with more than 112 abhyasis enthusiastically taking up Sahaj Marg as a way of life. The brotherhood and teamwork showcased by the facilitators and prefects of nearby centres in making this happen was exemplary.

### Paramakudi, Tamilnadu

A group of fourteen abhyasis along with prefect Br Arunachalam (Chennai), visited Paramakudi and Manamadurai centres on 6th and 7th July 2013. On July 6th, the programme started with a satsangh at 11.30 a.m. at Paramakudi with around twenty-five local abhyasis.

After lunch, all the abhyasis proceeded to Manamadurai where a new meditation hall has been inaugurated recently. They were welcomed by Br Radhakrishnan, CiC and seventy abhyasis who were gathered there. A group discussion on allotted subjects filled the hall with enthusiasm. This was followed by satsangh at 7.30 p.m. and the abhyasis returned to Paramakudi for the night.



On Sunday, there were around sixty abhyasis, including seven prefects from Paramakudi, Ramanathapuram, Singampunari, Madurai, Sivagangai, Manamadurai and Chennai. A Q&A session on basic aspects of Sahaj Marg and a quiz on Master, Mission and Method saw the enthusiastic participation of the abhyasis, which was indeed encouraging for the organizers. Three satsanghs were conducted on this day. All the sessions were organized and conducted by Br Arunachalam. The sessions were very useful for the abhyasis giving them a better understanding of Sahaj Marg.

### Banashankari, Bangalore

'Manana- Sadhaneya Chintana Shibhira' a programme in Kannada was organized in two batches on July 13-14 and August 3-4 for around 110 abhyasis. It was planned and coordinated by Br B. Sreenivasa and conducted along with facilitators - Sis. Vasantha Kumari, Br Dr Krishnamurthy and Br B.G. Subramanya who covered the basic aspects of sadhana in detail. Abhyasis were given topics along with some questions to bring out the subtler aspects of sadhana to discuss in the group and present. Explanations and clarifications by the coordinators, Master's quotes and a Q&A session helped in clearing all the doubts. The feedback was encouraging and the programme has also helped to develop craving to speed up and achieve spiritual progress.



## Youth Programmes

### Mumbai, Maharashtra

Sixty-three youth of Mumbai and Pune attended the session 'Restore and Rejuvenate your interest in Sahaj Marg' by Br Mohandas Hegde on 3rd August 2013 in the newly formed training room.

After the introduction they were asked to note down one commitment to themselves in their diaries and further to fulfill it using what they receive in this session. It was followed by a presentation on 'Need for Balanced Life' and group discussions on 'Develop interest in daily practice' and 'How to lead Impression free life'. These discussions helped them in coming up with interesting ideas to develop interest in their daily practice. Br Hegde concluded the session with the objectives of Sahaj Marg sadhana followed by evening satsangh.

### Bhilwara, Rajasthan



Fifteen abhyasis attended a youth meeting on 28<sup>th</sup> July 2013. They discussed on how our day to day work should be done in His remembrance so that work will become worship. A few abhyasis shared their experiences on this topic. Excerpts relating to this topic were read out from Mission literature and it was planned that everybody should try constant remembrance till the next meeting when they can share his/her experience.

### Sri Ganganagar, Rajasthan

Fifteen abhyasis participated in a session on 'Self Discipline'. A video clipping was shown on the topic



followed by a discussion which started with Babuji's quote 'One Who is Disciplined alone is a Disciple'. The discussion concluded that following the daily sadhana and ten maxims regularly helps one to be self-disciplined and achieve the real goal in life.

### Kolkata, West Bengal

Around forty abhyasis from Kolkata and nearby centers like Raniganj, Asansol, Jharghrum and Durgapur attended a two day youth meet at BMA, Kolkata. The programme began with evening satsangh followed by an introductory session based on the hymn 'Pass It On'. The enacting of topics from ten maxims by the group as part of 'Balancing the Inner and Outer' motivated them to make serious attempts to follow the maxims. The next morning snippets from Master's talks relating to the key aspects of sadhana were played with breaks allowing them to ponder over what they had heard. A marble and pipes race highlighted the importance of maintaining balance in our lives and the 'Just Two



Minutes' session made each participant speak for two minutes on the topic given. The programme ended with evening satsangh followed by a feedback session.

### Mumbai—Trip to Alibagh

On 15th June, forty-five youth and a few prefects left Panvel ashram for Alibagh. The purpose of the trip was to get to know each other and spend time in His remembrance. After reaching the venue, Master's talk was played followed by an icebreaker activity based on the ten maxims. After having lunch in the city area of Alibagh the afternoon was spent at the sea shore. After dinner a video of Br Ichak

...contd.

Adizes was played and the tired youth retired to sleep. The boys stayed in Br Tillu's farmhouse and the girls spent the night at Sis. Peena Shah's house. The next morning satsangh was rejuvenating after which a discussion was conducted on how to dedicate oneself and involve more and more in sadhana and Mission work. After the session, youth visited another small center in vicinity at Nagothane on way back to Panvel ashram.



### New Appointments

#### Centre-in-Charge

Br Gauri Shankar Dwivedi  
Mirzapur, U.P.

Br Dilip Kumar Singh  
Fatehpur, U.P.

Br Pyare Lal  
Mughalsarai, U.P.

Br Ravi Kumar Jain  
Robertsganj (Sonebhadra), U.P.

Br J.K. Mehrotra  
Bahaich, U.P.

Br Naresh Chawra  
Dhanbad, Jharkhand

Sis. Elizabeth Denley

Director, History and Archives Department

### An Invitation

The publication team invites abhyasis and their children to contribute creative content towards publications. Submissions may be in one or more of the following categories:

- Art, collage, painting, or any other form of artwork that is your own creation.
- Photographs taken personally by you.
- A design composition developed using Adobe Photoshop, or similar software – with clear references to the source of images / artwork used in such composition.

Such design contributions received will be reviewed by the publication team and may be selected for use as part of the cover design for books or Audio-Video publications of the Mission. By sending in your content for consideration, please note that you are granting full publishing rights to Spiritual Hierarchy Publication Trust.

These contributions may be shared in the following manner:

- Electronically, by sending a low-resolution digital copy (<1 MB) through email to [design@shpt.in](mailto:design@shpt.in). We will request a high resolution file in case the work is selected.
- By postal mail to the following address  
*Design Team  
Spiritual Hierarchy Publication Trust  
Admin Building, Babuji Memorial Ashram  
Manapakkam, Chennai – 600 025*

Please provide your Name, Age (in case of Children), Abhyasi ID (of parents, in case submission is by a child), Center name, contact address, phone number and email address when you submit your design. If your design is selected for publication, the design team will get in touch with you.

### Rev. Master's health update

Dear brothers and sisters,

I am sorry that it took me very long time before coming back to you and share Rev. Master's health condition. Rev. Master is responding to the current treatment well, but the side effects of the medication have made him weaker.

He continues with physiotherapy on a regular basis, by sheer will-power only.

All His parameters are normal. Please keep praying for His good health.

He thanks you all for your prayers which are helping Him.

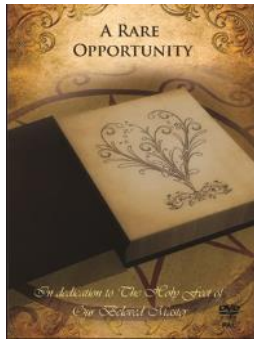
Sincerely,  
Dr. Natwar Sharma



New Publications



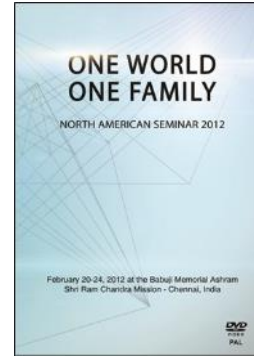
Inspirations  
DVD English



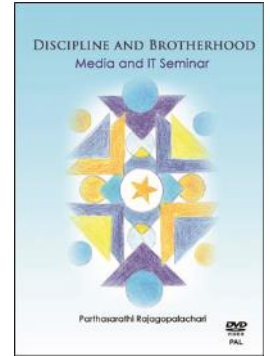
A Rare Opportunity  
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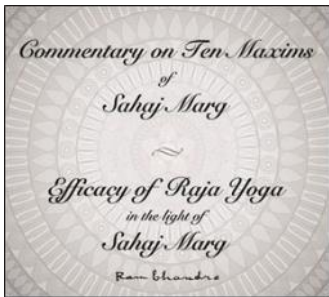
Invertendo  
DVD English



One World One Family  
DVD English



Discipline & Brotherhood  
DVD English



Commentary on Ten Maxims  
& Efficacy of Raja Yoga  
MP3 - English



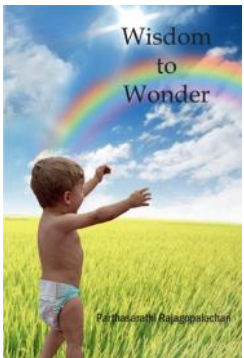
Commentary on Ten Maxims &  
Efficacy of Raja Yoga  
MP3 - Tamil



Commentary on Ten Maxims  
& Efficacy of Raja Yoga  
MP3 - Hindi



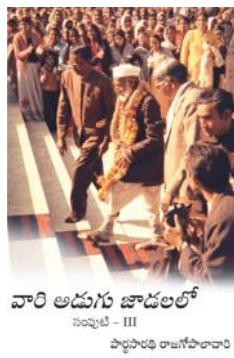
Reality at Dawn  
MP3 -Tamil



Wisdom to Wonder  
English



Spider's Web Vol-3  
English



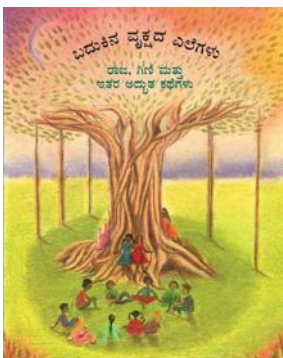
In His Footsteps—Vol 3  
Telugu



Down Memory Lane  
Hindi



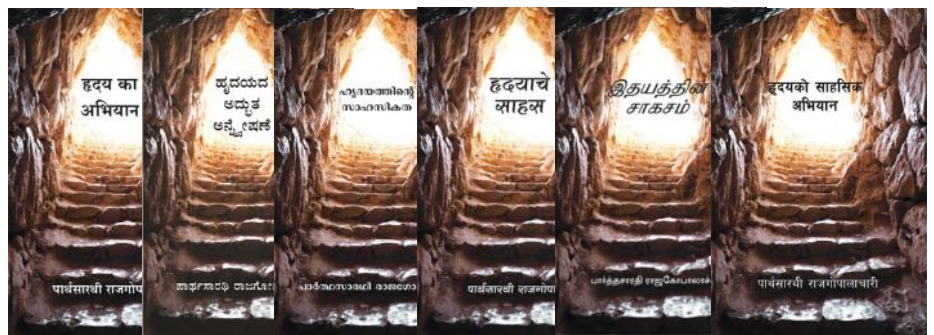
Heart Speak-2003  
Tamil



Tales of Wonder Vol-1  
Kannada



Prefects' Directory



The Heart's Adventure

## Erode Ashram, Tamilnadu



## Centre of Light

The first abhyasi of Erode centre came on transfer from Coimbatore. At Erode, he constructed a new house with a meditation hall on the first floor and thus the Erode centre started in February 1982. He also became the first prefect of Erode in 1993. When the number of abhyasis increased, he shifted the meditation hall to the backyard of his house with a new tent where around 200 abhyasis could sit.

Master made an impromptu visit to Erode on 3rd November 2000. He conducted satsangh and during his short stay every abhyasi felt in their heart the necessity for an ashram land. Soon after new land for the ashram was bought at Attayampalayam which lies off the National Highway 47 between Bhavani and Perundurai.

On 24<sup>th</sup> October 2001 seven acres land was registered in the name of the society. 2.38 acres was kept for the ashram and the remaining land was to be shared among the abhyasis. A thatched roof meditation hall of area 60x40 feet was constructed by December 2001 and can accommodate around 250 abhyasis. An old tiled roof building which was present when the land was purchased is used as Master's cottage at present with all the necessary modifications

done for a comfortable stay for our beloved Master.

Master came to Erode for the registration on 1<sup>st</sup> April 2002 and stayed for two days. He said that, "Erode ashram will act as hub for the nearby smaller centers." In accordance to that all abhyasis from the nearby centers gather here on the second Sunday of every month. Whenever Master travelled to Tiruppur by road he used to break journey at Erode. The construction for a permanent kitchen cum dining hall of around 4000 sq. ft. was started in 2010. Master came to Erode on 14<sup>th</sup> May 2011 on his way to Tiruppur. He opened the new kitchen cum dining hall and conducted satsangh.

The ashram as other facilities such as toilet blocks, a generator room, guest room, room for security and children's play area. Every Sunday around 200 abhyasis from Erode centre attend satsangh and once in three months a full day programme is organized for nearby centers like Karumandampalayam, Arachalur, Bhavani Perundurai, Gobi, Kavindapadi, Sathyamangalam and Pallipalayam. A new meditation hall is being planned to accommodate the growing number of abhyasis.



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