SAHAJ MARG

ECHOES OF **AFRICA**

and INDIAN OCEAN

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Know the Tree by its Fruit

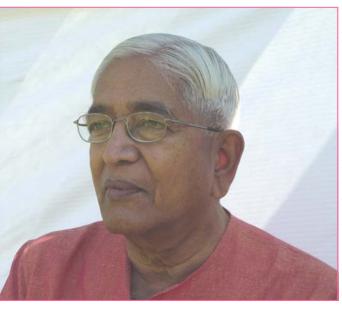
tion or ashrams, but by the tenant." [...]

abhyasis that walk out of these places the into world. Every one of you should be an advertisement of what the Mission can produce. [...] So know the tree by its fruit! [...] In spirituality, you are the product your own effort. You do sadhana not for the sake

changed! What are you doing? How did you manage?" That sort of remark should race." [...] come from your friends, from your society, from your relations. [...]

religion, my nationality, my come and join you." language, my culture? I may

I have been talking to prefects use it, but it is not necessarily the nonce. Our jeevan [life] just now, and three days back mine. I am using this hall here is temporary. We should in Dubai, trying to lay empha- today, but it is not my hall. I not build things thinking we sis on one aspect of Sahaj am going to sleep in a bed- will take them with us. Noth-Marg: that Sahaj Marg must room today here, but it is not ing that we have here will go be known not by its philoso- my bedroom. As great saints with us-nothing! [...] The phy, not by its Masters, not by have said, "Even your body is rich man will leave his its organisation or administra- not yours. You are only a money; the poor man will



of the Guru or for the sake of I had a problem with a prefect doing what is good for me? the Mission but for yourself. who created a new centre Am I doing what is good for And you are the product of some years ago. He did a very me which will also be good your effort and you become good job-excellent job, in for the future? Am I doing from something to something, fact. But when somebody else what is good for myself, for but you are still you. So peo- came and he was made cen- the future, and for eternity ple say, "How much you have tre-in-charge, this man be- too? Three questions. I hope came jealous. I told him, "My all of you will ask these quesfriend, life is not one man's tions, answer them, benefit

Therefore when talking of the future, we have to have faith Thank you. that it is not my race. It is a So here is a training ground, a race He is running where each place of training where char- one of us is trained to run one acter is formed. Are you ame- lap, hand over gracefully, nable to the formation of this hand over cheerfully, hand character, to the reformation over tactfully and say, "Lord, of this character? Are we able You have blessed me with the to throw off everything that is ability to run my lap-I have unnecessary, including my handed over, now let me

So you see, we are here for

leave his poverty; the edu-

cated man will leave educahis What tion. goes? Your spiritual wealth is the only thing that will accompany you—but that we have to spend effort and time to build. [...]

So we have to think, my dear brothers and sisters: Am I

from them and do what is necessary.

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Talk Given by Shri Parthasarathi Rajagopalachari 17th March, 2005, Panvel, Maharasthra,

Thus speaks:

Lalaii

• The pure heart, in communion with the Base or Source, pours itself forth naturally with nobility, magnanimity and love. It leaves an impression immediately and it progressively makes deep in-roads into and establishes itself in the minds of all.

• The next important thing to be kept in mind is the moral discipline which every one must be very particular about. He must never do a thing which might bring a bad name to himself or to the sanstha (spiritual tradition; organisation; group) he belongs to. His way of living and dealing with others should be simple, unassuming and cordial, inspired by a feeling of love and sympathy for others. This will be a source of satisfaction and peace to him as well.

Chariji

• You cannot have a mango tree in your garden and the fruit is rotten, isn't it? It is the fruit that determines what the tree is. So we must realise that we have the pleasure and the great benefit, the blessing, of growing into something which is unique, which according to Babuji Maharaj is not very easy to grow into, which according to Lalaji Maharaj was not possible—all these things have been said about Sahaj Marg. Okay, that is good for Sahaj Marg, it is good for its Gurus, it is good for the system. What have we produced?

CONTENTS

Know the Tree by its Fruits	1
Thus Speaks	1
Echoes of Tiruppur	2 –3
Whispers	4
Daily Reflections	4

Echoes of Tiruppur (continued)

Fruits of fertilization and growth

"...After a stressful trip of almost 2 days, my wish was to cut myself off from the physical environment, to clean myself, clear my mind of its too many thoughts and constraints, with the only desire of being at my

Master's feet, stripped of the tinsels of the modern world, and receiving his Grace. In terms of cleaning, meditation and prayer, I aspired to be at my Master's feet, I visualized Him, the Beloved, and I carried this image in my heart, with love and conscience, so that His work is carried out inside me and through me in all conscience. Master's work!

Abhyasi's work! My work! Is this the meaning I derived from my wondering before the decoration of the "doors" of the meditation hall? Indeed, the doorways were well decorated with a rectangular pediment and a

triangle inscribed in its centre. These were geometrical forms made of woven coconut leaves, to which were suspended armful of cereal ears, and various fruits... Only food items and germination products! The question is the following, does being an abhyasi mean being uplifted from the material world to the spiritual world through the assimilation of the fruits of fertilization and growth? By meditating on earthly fruits, I

hope to find the meaning of my dedication to Sahaj Marg and to understand the sense of hope and faith suffusing me when I see Him, I hear Him, and feel Him in the depths of my heart..."

MAD, Gabon



Thou art the real goal of human life

"It is always so difficult to express what is experienced at these Grand Celebrations, as mostly it is an internal rapport which cannot be captured in words. The sentences below are random, but are a reflection of the emotions which have transpired.

On our return to South Africa, two phrases resonated deeply at our first Sunday satsangh. 'Thou art the real goal of human life' and 'Thou art the only God and Power to bring us up to

that stage' These powerful statements echoed throughout my being and I came to realize the magnificence of our Master, that we shackle ourselves firmly to HIM and that this bond is never breached. The genuine faith that HE is the real goal of human life and that HE is the only God and Power to bring us up to that stage, is firm and adds a different dimension to my belief. If we could realize at the time, the true significance of this spiritual Celebration, our hearts would melt instantly with love and gratitude. Such sensitiv-

ity in me still has to be developed. Will we ever be able to grasp and appreciate what our Master has bestowed on us? My heart bows to HIM and I am eternally humbled and fortunate to sit in the divine lap of our beloved Master."

JM, South Africa

What a Blessing and Rare Opportunity

""There it is", was my first remark as I saw Master's cottage from a distance and I knew that was Diamond Jubilee Park. Finally I arrived after anxiously waiting for weeks to be "there". "There", the home I have been waiting to come to, to be with our Father, partaking in His 80th Birthday celebrations. What a blessing and rare opportunity to be present at such a magnificent celebration.

The full impact of what He has given us has yet to unfold. I pray I have the ca-



pacity and ability to retain every bit, for me to become what I ought to, as Master wishes. My deepest gratitude to beloved Master for always giving and I pray for His good health. Just like the beautiful crystal gift from our Master, so clear and lifelike, that is how He must be embedded in our hearts always."

S. - South Africa

Echoes of Tiruppur (End)

The Heart Connecting to Other Hearts

"This picture was drawn while we where in Tiruppur for Master's 80th birth's anniversary celebrations. I was not expecting to meet Master and was not thinking about it when we first arrived. It was not until the morning of the 25th when I woke up and I felt that I wanted to meet him but didn't even know how that would be possible. So, I just went on and hoped that maybe something might happen.

Later that day a lady in our dorm told us that she wanted to exchange the special anniversary T-shirt she had bought earlier. So, we accompanied her to Master's cottage. When we got there I was not sure if I should go in as I was not buying a T-shirt but here was an opportunity to meet Master. We were able to go through the gates, waited for a few minutes and saw a group of abhyasis from Africa. I went to talk to them and they told me that they had an appointment with Master; and they said I was welcome to join the group and go in with them. So, until then I was feeling that maybe I'll meet Master but it got very real at that moment. [...]

with so much love, appreciation and grati- people and all because of Sahaj Marg, we

tude for getting an opportunity to meet are able to look beyond race, culture, and



It was while sitting outside the cottage that languages and all of us coming together as I drew this picture. My heart was filled one big family. The love from all these

Master. I was thinking about how special all the differences. Master brought us all that week had been, seeing all brothers and together and through loving him and letting sisters from different countries, cultures, him guide us, we are able to see that we are connected and that we are one.

> I was looking at everyone sitting with me outside, people waiting outside the gates and just looked up at the sky and I saw it so clearly. Master wearing his white vest with the shawl on his shoulders sitting in his chair and smiling at us. I could see the bright light around his heart and the heart connecting to other hearts and filling them love and light. And those hearts also spreading love and light to other hearts.

> We went into the cottage, there was Master sitting in his chair with the white vest and a shawl on his shoulders. I had been so nervous and excited up to that moment, trying to calm myself down. Master was making jokes and talking and it just felt so natural and all that anxiety was gone. Seeing the love and joy on people's faces just made it even more special.

I realised that what I could take away from that week was to also go and spread light and love. Whether it's by being kind, more patient, more loving, talking more about spirituality with people, just a small inspired action that would make the next person maybe think a little different and also spread that wonderful feeling to other people. What a wonderful world!"

PK, South Africa

True Light Comes from Real Love

"True light comes from real love. What a privilege to attend satsangs every morning Master is a fire that warms the entire

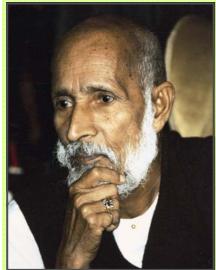


during six days to quench one's thirst planet..." - JM, Congo from the spurting spring of life. Our Master gave us all his treasures, his life and his divinity. We, who had never been physically at Master's feet before, we felt impelled to meditate more earnestly. We came back, bursting with enthusiasm, convinced, and focused. Indeed, abhyasis from Congo-Brazzaville express their love and attachment to Master for all his special sense of affection and care. Africa needs His blessings...



Whispers From the Brighter World

Tuesday, April 24, 2001 - 10 A.M.



My dear son,

"Our union is complete and perfect, what more can be needed? Time still standing between us doesn't matter. You will be so happy to note, the day you come to rejoin us, how much your action was positive. We will then be able to continue to work together towards the realization of our grand design.

"Your daily life seems heavy to you, as it is punctuated by numerous harassments assailing you. But the assessment of your work is good and only that matters. My dear son, time doesn't matter, only achieved results are important.

"We will laugh together at all the wrangles, those difficulties you are confronted with, and that deeply affect you. You cannot imagine how much all that will seem derisory to you, as compared with eternity. This journey on Earth is a big test, even though it was chosen towards a precise goal. It is thereafter necessary to accept it, with human means adapted to this world and therefore corresponding to human norms. You have gone a long, fruitful, and wise way; what remains to be done is that you complete your work and all will be good.

"I will be close to you, especially during this celebration."

Babuji

Daily Reflections

Cleaning

Cleaning is to be done at the end of the day's work, with the idea that all complexities, impurities, grossness, et cetera, are going out of your whole system through the back in the form of smoke or vapour, and that in its place, the sacred current of the Divine is entering your heart from the Master's heart. Please do not meditate on the things that you want to get rid of, but just brush them off. This is to be done using a firm will, and is to be done continuously for about twenty minutes. There is no prayer and you must make sure that you do not lapse into meditation. Do your cleaning

in this manner and you will see its effect the heart. ... So temptation, fear, everything for yourself.

Taken from The Spider's Web, vol. 3, p. 121 -Rev. Chariji

Complete Cleaning

What we are afraid of depends on the samskaras we carry inside us. Therefore when this cleaning is finished you cannot have fear any more. Therefore saints are fearless. They will go in the jungle, you know, Grace. the elephant comes, the lion goes with them, the tiger walks in front of them, they have no fear. How can they be afraid? there is no samskara here. No temptation, because temptation is also like that - from

must go when cleaning is complete.

Taken from The Spider's Web, vol. 3, p. 126 -Rev. Chariji

Clean Fear

As for the fear, please make a strong will and remove it during cleaning. Make a firm determination that it is leaving you forever and that you are being filled with His

Taken from The Spider's Web, vol. 3, p. 128 –Rev. Chari







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